

# **Qualification Factsheet**

### Qualification overview

Qualification title	NCFE CACHE Level 2 Award in Helping Skills		
Qualification number (QN)	601/7154/6		
Total qualification time (TQT):	70	Guided learning hours (GLH)	52
Entry requirements:	There are no specific prior learning requirements a learner must have for this qualification. However, learners may find it helpful if they have already achieved a level 1 qualification.		

## About this qualification

This qualification is designed for anyone who uses, or would like to use, helping skills at work or in a personal capacity. This may include learners who wish to progress towards further qualifications, or learners who wish to study this programme in order to complement other programmes (for example health and social care, children's care, learning and development, voluntary and community work).

#### **Qualification structure**

#### **Mandatory units**

	Unit 01 Developing self-awareness for the helping relationship (D/507/4044)
Unit 02 Developing listening and communication skills for the helping relationship (K/507/4046)	
	Unit 03 Managing the helping relationship (H/507/4045)

#### Assessment

Assessment is the process of measuring a learner's skill, knowledge and understanding against the standards set in a qualification.

This qualification is internally assessed and externally quality assured.

The assessment consists of **one** component:

 an internally assessed portfolio of evidence, which is assessed by centre staff and externally quality assured by NCFE (internal quality assurance must still be completed by the centre as usual)

Unless otherwise stated in this specification, all learners taking this qualification must be assessed in English and all assessment evidence presented for external quality assurance must be in English.



# **Progression opportunities**

Learners who achieve this qualification could progress to the following:

- further education:
  - mentoring
  - o information, advice or guidance
  - o counselling skills
  - o healthcare or health and social care
  - supporting teaching and learning in schools



#### Contact us

NCFE Q6 Quorum Park Benton Lane Newcastle upon Tyne NE12 8BT

Tel: 0191 239 8000\* Fax: 0191 239 8001

Email: customersupport@ncfe.org.uk

Website: www.ncfe.org.uk

### NCFE © Copyright 2025 All rights reserved worldwide.

Version 1.0 July 2025

Information in this Qualification Factsheet is correct at the time of publishing but may be subject to change.

NCFE is a registered charity (Registered Charity No. 1034808) and a company limited by guarantee (Company No. 2896700).

CACHE; Council for Awards in Care, Health and Education; and NNEB are registered trademarks owned by NCFE.

All the material in this publication is protected by copyright.

\* To continue to improve our levels of customer service, telephone calls may be recorded for training and quality purposes.