

T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

Supporting the Therapy Teams

Assignment 3 – Professional discussion

Assignment brief

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Assignment 3

Professional discussion

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Student instructions

The themes and questions that will form the basis of the professional discussion for this series are below.

You have 45 minutes to read through this material and prepare notes for your response.

You have 1 hour to complete the professional discussion with the discussion supervisor.

You may refer to any experience or situation, either in the classroom or on workplace placement, in your answer. This could include:

- an action you have completed yourself
- something you observed that made an impact on you
- something you know that you can apply to the question

There are 3 templates provided, one for each theme, which you can use to take notes in preparation for your response.

You can use the same significant learning experience more than once if each theme also has one new learning experience. For example, you may have significant learning experiences that overlap more than one theme.

You will be asked 2 questions, which have part (a) and part (b), for each theme. Each theme is worth 32 marks, made up of one 12-mark question and one 20-mark question. You should answer part (a) first, followed by part (b) when prompted.

The discussion supervisor will ask you up to 3 questions per theme throughout the discussion, plus an additional question to give you the opportunity to add or expand on any part of your response before progressing to the next theme. This is a requirement and does not necessarily reflect a poor or insufficient response.

You cannot return to discuss a theme once you have moved on to the next theme.

You may ask for a question to be repeated or clarified once.

The professional discussion will be recorded, and the discussion marked by an external examiner. It should last no longer than 1 hour.

Theme 1: providing therapeutic care in a clinical setting

Question 1

Part A

Referring to your own learning and experience of a therapy team, describe the different skills and abilities of the members of the team in providing therapeutic care.

Part B

Referring to your own learning and experience, explain different roles that exist within therapy teams and how these roles can support an individual with a specific condition.

(12 marks)

Question 2

Part A

Referring to your own learning and experience, explain the process for conducting a therapeutic task in the context of a specific environment.

Part B

Referring to your own learning and experience, reflect on the challenges of the task you explained in **part A** and the challenges created by the environment, including safeguarding.

(20 marks)

Theme 2: working with patients

Question 3

Part A

Referring to your own learning and experience, discuss how different communication strategies can help to improve a patient's care and treatment.

Part B

Referring to your own learning and experience, evaluate a communication strategy that you have used and discuss how successful the strategy was in supporting the patient's care and treatment.

(12 marks)

Question 4

Part A

Referring to your own learning and experience, describe how therapy support can assist patients to develop and maintain skills for daily living.

Part B

Referring to your own learning and experience, discuss techniques that can help patients to improve their lifestyle-related health behaviours.

(20 marks)

Theme 3: reflecting on overall learning

Question 5

Part A

Referring to your own learning and experience, reflect on a situation where you have been involved in or observed the support of an individual in the context of delivering therapeutic care.

Part B

Referring to your own learning and experience, evaluate your learning from the situation in **part A** and identify any further development needs.

(12 marks)

Question 6

Part A

Referring to your own learning and experience, analyse to what extent you have developed your professional competence in therapeutic care.

Part B

Referring to your own learning and experience, discuss your next steps in your chosen therapy profession.

(20 marks)

Preparation templates

Theme 1

Describe what happened (when, where, who was present; what did you do; why were you in the situation; what did you want to happen?)

How did you feel you impacted on the situation? (before, during and after; what did others feel before, during and after the situation; what do you think now?)

Evaluate your experience (what went well/not so well; what was good/bad; what did you and others contribute positively or negatively?)

Analyse what happened with reference to your own knowledge, skills and behaviours (why did things go well/not so well; what sense can be made of it; what knowledge do you/others have to help you understand the situation?)

What conclusions can you draw from the situation? (what did you learn; how could it be more positive for everyone involved; what skills do you need to improve; what else could you have done?)

What actions are planned for next time? (what would you do differently in the same situation; how will you develop the skills required; how can you make sure you take the right steps?)

Theme 2

Describe what happened (when, where, who was present; what did you do; why were you in the situation; what did you want to happen?)

How did you feel you impacted on the situation? (before, during and after; what did others feel before, during and after the situation; what do you think now?)

Evaluate your experience (what went well/not so well; what was good/bad; what did you and others contribute positively or negatively?)

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What actions are planned for next time? (what would you do differently in the same situation; how will you develop the skills required; how can you make sure you take the right steps?)

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