

NCFE



**Health and Social
Care SWAPs Product
Information Guide**

Sector-based Work Academy Programmes (SWAPs) Overview

A SWAP is a short programme of training lasting up to six weeks and includes three components:

- Pre-employment training
- Work placement opportunity within business
- Guaranteed job interview or assistance with the job application process.

A key strength of SWAPs are their flexibility, enabling programmes to be tailored to local employer, sector and regional needs. In a short timeframe, learners build industry knowledge, practical skills and confidence and quickly progress towards work-readiness.

Health and Social Care Pathway Overview

This SWAP provides a supportive route into frontline care roles. Its purpose is confidence-building, sector insight and readiness for entry into work in the sector.

Sector and Job Roles: Health & Social Care – Adult Social Care, Support Worker and Care Assistant Roles.



Example:

Level 1			
Sector Specific Training	NCFE CACHE Level 1 Award in Introduction to Health, Social Care and Children's and Young People's Settings (600/1211/0)	This qualification will develop the knowledge and awareness of the types of provision in the Health, Social Care and Children's and Young People's sectors. They include the roles played by workers, from principles and values through to health and safety and working with others.	86 GLH
	NCFE CACHE Level 1 Award in Mental Health Awareness (501/0253/9)	This qualification is designed for learners looking to increase their knowledge and awareness of mental health. It will help the learner to develop their awareness of issues surrounding mental health and to know the rights of those with mental health issues.	24GLH
Transferable Skills	NCFE Level 1 Award in Employability Skills (601/4680/1)	This qualification aims to develop and enhance skills required for the working environment and improve learners' confidence and communication skills in order to prepare them for employment or for a change in employment.	36GLH
Total			146GLH

146 GLH = 24 hours/week for 6 weeks



Level 2			
Sector Specific Training	NCFE CACHE Level 2 Award in Awareness of Dementia (600/3095/1)	This qualification aims to develop the knowledge and skills required when providing positive care for people with dementia and their families. The Level 2 Award provides an awareness of the causes and symptoms of dementia. This qualification is aligned to the National Dementia Strategy.	72 GLH
	Duty of Care (Y/615/7143/UNITCACHE)	This unit covers the knowledge required to understand duty of care and own role in this.	7GLH
	Causes and Spread of Infection (L/615/7155/UNITCACHE)	This unit is to enables individuals to understand the causes of infection, and common illnesses, the difference between infections. In addition, the learner will understand the methods of transmission, the conditions for organisms to grow, the ways infection enters the body, and key factors that may lead to infection occurring	20GLH
Transferable Skills	Interview Skills (K/502/3615/UNIT) – Level 1	This unit covers to the preparation needed for job interviews and being interviewed and includes finding out more about the recruiting organisation and the role, identifying and preparing for potential interview questions, appropriate dress and language for interviews, speaking and listening skills and getting feedback.	6GLH
Total			105GLH

105 GLH = 18 hours/week for 6 weeks

These are selected examples from our portfolio.

Find out more about our full range of Health and Social Care qualifications on our [sector page](#).

Supporting Workforce Need

This SWAP has been developed in response to sustained vacancies in the health and social care sector, with ongoing prioritisation across regions and devolved areas. It builds on successful SWAP delivery and leverages NCFE's expertise in care, safeguarding and mental health to support effective progression into employment.

Progression

Participation in our SWAPs supports progression into employment by equipping learners with sector-specific skills, practical experience and direct access to recruitment opportunities.

Through pre-employment training, a structured work placement and a guaranteed interview or support with the employer's recruitment process, learners are well prepared to secure roles in the sector or progress into apprenticeships or further study, such as the [NCFE CACHE Level 2 Adult Social Care Certificate \(610/4131/2\)](#).

Further Information

For further information on SWAP delivery please visit the government's [Employer Guide](#).

Get in touch:

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