

# T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

## Supporting the Care of Children and Young People

Assignment 3 – Professional discussion

Assignment brief

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## T Level Technical Qualification in Health Occupational specialism assessment (OSA)

# Supporting the Care of Children and Young People

## Assignment brief

Assignment 3

Professional discussion

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## Student instructions

The themes and questions that will form the basis of the professional discussion for this series are below.

You have 45 minutes to read through this material and prepare notes for your response.

You have 1 hour to complete the professional discussion with the discussion supervisor.

You may refer to any experience or situation, either in the classroom or on workplace placement, in your answer. This could include:

- an action you have completed yourself
- something you observed that made an impact on you
- something you know that you can apply to the question

There are 3 templates provided, 1 for each theme, which you can use to take notes in preparation for your response.

You can use the same significant learning experience more than once if each theme also has one new learning experience (for example, you may have significant learning experiences that overlap more than one theme).

You will be asked 2 questions, which have part A and part B, for each theme. Each theme is worth 32 marks, made up of one 12-mark question and one 20-mark question. You should answer part A first, followed by part B when prompted.

The discussion supervisor will ask you up to 3 questions per theme throughout the discussion, plus an additional question to give you the opportunity to add or expand on any part of your response before progressing to the next theme. This is a requirement and does not necessarily reflect a poor or insufficient response.

You cannot return to discuss a theme once you have moved on to the next theme.

You may ask for a question to be repeated or clarified.

The professional discussion will be recorded, and the discussion marked by an external examiner. It should last no longer than one hour.

# Theme 1: promoting health and wellbeing in children and young people (CYP)

Actively encouraging the use of public health strategies to improve the health and wellbeing of children and young people (CYP).

## Question 1

### Part A

Referring to your own knowledge and experience, describe a time when you have used a specific public health strategy to support and promote the health and wellbeing of an individual.

### Part B

Referring to your own knowledge and experience, explain how educating parents, families, carers and children about the benefits of a specific public health strategy can contribute to the health and wellbeing of CYP.

(12 marks)

## Question 2

### Part A

Referring to your own knowledge or experience, explain how you have used your knowledge of family-centred care to improve outcomes for a child or young person.

### Part B

Referring to your own knowledge or experience, reflect on how this has influenced your practice, considering any development needs you have.

(20 marks)

## Theme 2: developing positive relationships with children and young people (CYP)

Building positive relationships with children and young people (CYP).

### Question 3

#### Part A

Referring to your own knowledge and experience, describe the factors and/or conditions that can negatively impact the development of positive relationships with CYP.

#### Part B

Referring to your own knowledge and experience, explain a time when one of these factors and/or conditions affected your ability to develop a relationship with CYP and how you overcame this.

(12 marks)

### Question 4

#### Part A

Referring to your own knowledge and experience, discuss the strategies that you used to try to develop a positive relationship.

#### Part B

Referring to your own knowledge and experience, reflect on how the experience has influenced your practice by identifying any limitations and future development needs.

(20 marks)

## Theme 3: wider network, multidisciplinary teams and roles and responsibilities

Understanding how the role of the children and young people (CYP) practitioner works with the wider network of professionals to support the care of the child or young person.

### Question 5

#### Part A

Referring to your own knowledge and experience, describe a time when you experienced a situation when a child or young person required intervention from a wider network of professionals. In your answer you should refer to the record keeping that would be required in this situation.

#### Part B

Referring to your own knowledge and experience, evaluate the strengths and weaknesses of the procedures and record keeping used for this intervention.

(12 marks)

### Question 6

#### Part A

Referring to your own knowledge and experience, evaluate the support provided by multidisciplinary teams when issues must be recorded and escalated for the benefit of a child's or young person's safety.

#### Part B

Referring to your own knowledge and experience, reflect on how the experience has influenced your practice by identifying any limitations and future development needs.

(20 marks)

# Preparation templates

## Theme 1

**Describe what happened (when, where, who was present; what did you do; why were you in the situation; what did you want to happen?)**

**How did you feel you impacted on the situation? (During, before and after; what did others feel during and after the situation; what do you think now?)**

**Evaluate your experience (what went well/not so well; what was good/bad; what did you, and others, contribute positively or negatively?)**

**Analyse what happened with reference to your own knowledge, skills and behaviours (why did things go well/not so well; what sense can be made of it; what knowledge do you/others have to help you understand the situation?)**

**What conclusions can you draw from the situation? (What did you learn; how could it be more positive for everyone involved; what skills do you need to improve; what else could you have done?)**

**What actions are planned for next time? (What would you do differently in the same situation; how will you develop the skills required; how can you make sure you take the right steps?)**



## Theme 2

**Describe what happened (when, where, who was present; what did you do; why were you in the situation; what did you want to happen?)**

**How did you feel you impacted on the situation? (During, before and after; what did others feel during and after the situation; what do you think now?)**

**Evaluate your experience (what went well/not so well; what was good/bad; what did you, and others, contribute positively or negatively?)**

**Analyse what happened with reference to your own knowledge, skills and behaviours (why did things go well/not so well; what sense can be made of it; what knowledge do you/others have to help you understand the situation?)**

**What conclusions can you draw from the situation? (What did you learn; how could it be more positive for everyone involved; what skills do you need to improve; what else could you have done?)**

**What actions are planned for next time? (What would you do differently in the same situation; how will you develop the skills required; how can you make sure you take the right steps?)**

### Theme 3

**Describe what happened (when, where, who was present; what did you do; why were you in the situation; what did you want to happen?)**

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**How did you feel you impacted on the situation? (During, before and after; what did others feel during and after the situation; what do you think now?)**

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**Evaluate your experience (what went well/not so well; what was good/bad; what did you, and others, contribute positively or negatively?)**

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**Analyse what happened with reference to your own knowledge, skills and behaviours (why did things go well/not so well; what sense can be made of it; what knowledge do you/others have to help you understand the situation?)**

**What conclusions can you draw from the situation? (what did you learn; how could it be more positive for everyone involved; what skills do you need to improve; what else could you have done?)**

**What actions are planned for next time? (what would you do differently in the same situation; how will you develop the skills required; how can you make sure you take the right steps?)**

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## Change History Record

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v1.0	Additional sample material		01 September 2023
v1.1	Sample added as a watermark	November 2023	21 November 2023