

NCFE CACHE Level 1/2 Technical Award in Health and Social Care

(603/7013/0)

Examined Assessment

Paper number: Past paper

Assessment date: **Thursday 22 May 2025**

Time allowed: **1 hour 30 minutes**

Time: **1.30pm – 3.00pm**

Learner instructions

- Use black ink.
- Answer **all** questions.
- Read each question carefully.
- You **must** write your responses in the spaces provided.
- You may do rough work in this answer book. Cross through any work you do not wish to be marked.
- If you use a supplementary answer booklet, you must add your learner name, learner number and centre number to the front cover of the booklet. Insert your supplementary answer booklet inside this question paper at the end of your test.
- All of the work you submit **must** be your own.

Learner information

- The marks available for each question are shown in brackets.
- The maximum mark for this paper is **80**.

Do not turn over until the invigilator tells you to do so.

Please complete / check your details below

Learner name:

Centre name:

Learner number:

Centre number:

Section A

This section has a possible **24** marks.

Answer **all** questions in the spaces provided.

- 1** Which **one** of the following does a pharmacy provide?

[1 mark]

- A** Inpatient care
- B** Minor surgery
- C** Non-prescription medication
- D** Oral health care

Answer _____

- 2** Which **one** of the following best describes a voluntary service?

[1 mark]

- A** Charities and not-for-profit organisations
- B** Service funded by the government
- C** Profit-making business from chargeable services
- D** Unpaid care provided by family member

Answer _____

- 3** Identify **two** health and adult social care services regulated by the Care Quality Commission (CQC).

[2 marks]

1 _____

2 _____

- 4** Connor is a nurse on a children's ward. He must ensure the children are safeguarded.

Describe **one** way Connor can safeguard the children.

[2 marks]

- 5** Sam is responsible for security within a care home, ensuring service users, staff and visitors are safe.

Describe **one** security measure Sam should take.

[2 marks]

- 6** Identify **three** roles of a paramedic.

[3 marks]

1

2

3

- 7 Identify **one** key role of a regulatory body.

[1 mark]

- 8 Emily is returning to work as a healthcare worker in a hospital after a two-year career break.

Emily needs to complete continuing professional development (CPD).

Explain **one** benefit of Emily completing CPD.

[2 marks]

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9 (a) Viv is a nurse in a hospital.

She overheard another practitioner disclosing a patient's test results to a porter.

Explain **one** impact of this breach of confidentiality.

[2 marks]

9 (b) Viv has had training as part of her job role on the key principles of the Data Protection Act (2018).

Recommend **one** way Viv could apply the data protection principles when dealing with personal data.

[2 marks]

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- Discuss why this training should be part of a care practitioner's role.

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Section B

This section has a possible **18** marks.

Answer **all** questions in the spaces provided.

- 11** Which **one** of the following **emotional** developments would you expect to see in infancy?

[1 mark]

- A** Can roll over from front to back
- B** Forms attachments with main carer
- C** Points to body parts
- D** Responds to simple demands

Answer _____

- 12** Which **one** of the following **cognitive** developments would you expect to see in adolescence?

[1 mark]

- A** Develops complex thinking skills
- B** Gives reasons for actions
- C** Responds through senses
- D** Short-term memory loss

Answer _____

- 13** Define the terms **nature** and **nurture**.

[2 marks]

Nature _____

Nurture _____

- 14** Identify **two** transitions that may happen during late adulthood.

[2 marks]

Transition 1 _____

Transition 2 _____

- 15** Isaac is in late adulthood and lives with his wife.

Describe how **one** transition may affect his health and wellbeing.

[2 marks]

- 16** Sally is a health care practitioner in a hospital.

She is responsible for supporting patients through the diagnosis of medical conditions.

Describe **one** way Sally could support them through this transition.

[2 marks]

- 17** Identify **two** different types of relationships that can impact human development. **[2 marks]**

Type of relationship 1 _____

Type of relationship 2 _____

- 18** Maria is 18 years old and going away to university.

She has mixed feelings about starting university, the financial cost and moving away from family and friends.

Evaluate how moving away from home may affect Maria's health and wellbeing. **[6 marks]**

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Section C

This section has a possible **20** marks.

Answer **all** questions in the spaces provided.

- 19** Which **one** of the following statements describes an acute condition?

[1 mark]

- A** Develops quickly
- B** Is a sensory disability
- C** Lasts for over a year
- D** Often life-long

Answer _____

- 20** Which **one** of the following is part of the assess stage in the care planning cycle?

[1 mark]

- A** Identify the individual needs and preferences
- B** Observe if individual needs have been met
- C** Obtain required aids and adaptations
- D** Set targets and review dates

Answer _____

21 State **two** purposes of a person-centred approach.

[2 marks]

1 _____

2 _____

22 Billy, aged 78, has recently moved into a care home after spending most of his life in his family home. He really enjoyed looking after his garden.

The move has left him feeling anxious and unsettled. He finds it difficult to engage with the other residents and staff.

Explain **one** way a person-centred approach could be applied to support Billy's needs.

[2 marks]

Please turn over for the next question.

- 23** Rachel is a social worker involved in a multi-agency team supporting a young person at risk of school exclusion.

It is sometimes difficult to arrange meetings, share updates and review the young person's progress in a timely manner due to busy workloads.

Justify **one** time management strategy Rachel could use to help overcome potential barriers to effective partnership working.

[2 marks]

- 24** Name **one** item of personal protective equipment (PPE) that would be used when carrying out personal care.

[1 mark]

- 25** Ben needs support with his physical movement following a recent accident. This also means he needs assistance with his personal care needs.

His care worker understands the importance of applying care values in supporting Ben's needs.

Explain **one** way the care worker could apply these care values to support Ben.

[2 marks]

- 26** State **one** basic physiological and biological need identified in Maslow's hierarchy of needs theory.

[1 mark]

- 27** State **two** benefits of a social worker working in partnership with other professionals.

[2 marks]

1

2

Please turn over for the next question.

- 28** Rose is 25 years old and requires support with her personal care routines. Her care worker understands the importance of care values when respecting her privacy and maintaining her dignity.

Discuss the impact of respecting Rose's privacy and maintaining her dignity.

[6 marks]

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Section D

This section has a possible **18** marks.

Answer **all** questions in the spaces provided.

- 29** Mo is 70 years old and has recently moved to England to be with his family in a rural village. He speaks limited English.

Mo struggles with his physical health and often requires a walking frame to get around.

Discuss the barriers that Mo may face when accessing healthcare services and the ways he can overcome these.

[9 marks]

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30 Kate is 15 years old and lives with her mum in a small one-bedroom flat.

Her mum has recently developed a long-term physical health condition. This means she is unable to continue working and is now reliant on benefit payments.

Kate is in her final year at school and is keen to complete her GCSEs and go on to college and improve her future prospects.

Kate will need to spend time caring for her mum and is concerned it may affect her school attendance and academic performance.

Discuss the impact these socio-economic factors may have on Kate's health and wellbeing.

[9 marks]

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