

T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

Supporting the Adult Nursing Team

Assignment 2 - Practical activities part 2

Assignment brief

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Supporting the Adult Nursing Team

Assignment brief

Assignment 2

Practical activities part 2

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Assignment brief cover sheet

This assessment is for the following occupational specialism:

Supporting the Adult Nursing Team

Date

(date)

Time allowed

1 hour 15 minutes

Paper number

(paper number)

Materials

For this assessment you must have:

- a black or blue ball-point pen

Student instructions

- this assessment requires you to demonstrate the 4 practical activities scenarios contained within this booklet
- the practical activity scenarios within this booklet have been set up at different stations, you will move between these stations during the assessment
- you have up to 5 minutes when you get to a station to prepare for the practical activity scenario, you should use this time to carefully read each practical activity scenario, including any supporting information and familiarise yourself with the station
- you will have a maximum amount of time to complete the practical activity scenario, the time available is written at the beginning of each practical activity scenario, if you go over this time you will be asked by the assessor to move on to the next station
- fill in the boxes at the top of the next page

Student information

- the marks available for each practical activity scenario are shown in brackets
- the marks for this assessment are broken down into scenario specific skills and underpinning skills:
 - 16 marks are available for scenario specific skills, you will be awarded a scenario specific skills mark for your performance in each practical activity scenario you demonstrate
 - 12 marks are available for underpinning skills, you will be awarded an underpinning skills mark for your performance across the practical activity scenarios you demonstrate
- the maximum mark for this assessment is 76

Submission form

Please complete the details below clearly and in BLOCK CAPITALS.

Student name	
Provider name	

Student number		Provider number	
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SAMPLE

Practical activity scenario 1

This practical activity scenario requires you to:

OPA1: Move and/or position the individual for treatment or to complete clinical skills, using the appropriate moving and handling aids.

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 20 minutes.

Brief

An individual has oesophageal cancer and has had their last course of chemotherapy. Due to their condition and treatment, they have limited communication and mobility. They have requested to sit in their chair today as they are currently lying in bed.

Task

Assess and assist the individual using the appropriate moving and handling equipment and techniques, from the bed to the chair. You have been given their moving and handling risk assessment form (item A).

Document this in the individual's daily care log (item B).

(16 marks)

plus marks for underpinning skills – person-centred care and service frameworks, communication and health and safety

Supporting information

This practical activity scenario involves role play. The individual will be played by a member of staff.

You have been given the individual's moving and handling risk assessment form (item A) and a daily care log (item B).

You have access to the following equipment:

- a bed
- a chair
- a hoist
- a sling
- slide sheets
- a transfer board

Performance outcomes

This practical activity scenario assesses:

PO1: Assist the adult nursing team with clinical tasks

PO2: Support individuals to meet activities of daily living

Item A: moving and handling risk assessment form

Confidential patient record form

Health simulation centre

Patient person-centred moving and handling risk assessment

Name	Individual
Date of birth	01/01/1940
Home address	Happy Nursing Home Middle Town Local County UK
What can the individual do independently?	Can support own weight to stand for a couple of minutes with help from one person. Can participate in own transfer with the help from one person and aids such as transfer board, slide sheet. Cannot mobilise so needs a wheelchair to move from one area to another.

Item B: daily care log

Date	Time	Actions taken	Signature

SAMPLE

Practical activity scenario 2

This practical activity scenario requires you to:

OPA6: Check skin integrity using appropriate assessment documentation and inform others.

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 20 minutes.

Brief

A 72 year old, average weight, female individual has been admitted to hospital due to a fractured neck of femur on the left-hand side.

Although she is recovering well, she has not yet regained any mobility and she is at increased risk of developing a pressure ulcer.

It is day 7 post-operative, and the individual's urethral catheter has not yet been removed. The individual's skin condition requires assessment. There are some potential areas of redness (discoloured skin) to the area around the hip and some redness around the incision wound.

Task

Identify the skin integrity process using the body map (item C) and an adapted Waterlow tool (item D) to recognise and document the areas currently at risk from developing a pressure ulcer.

Discuss with the patient ways to aid recovery and improve skin integrity.

verbally on Item F (daily care log) (16 marks)

plus marks for underpinning skills – person-centred care and service frameworks, communication and health and safety

Supporting information

The individual in this practical activity scenario is played by a manikin.

You have been given a blank body map (item C) to record any areas of damage to the individual's skin and an adapted Waterlow tool (item D).

You have access to the following equipment:

- a bed

Performance outcomes

This practical activity scenario assesses:

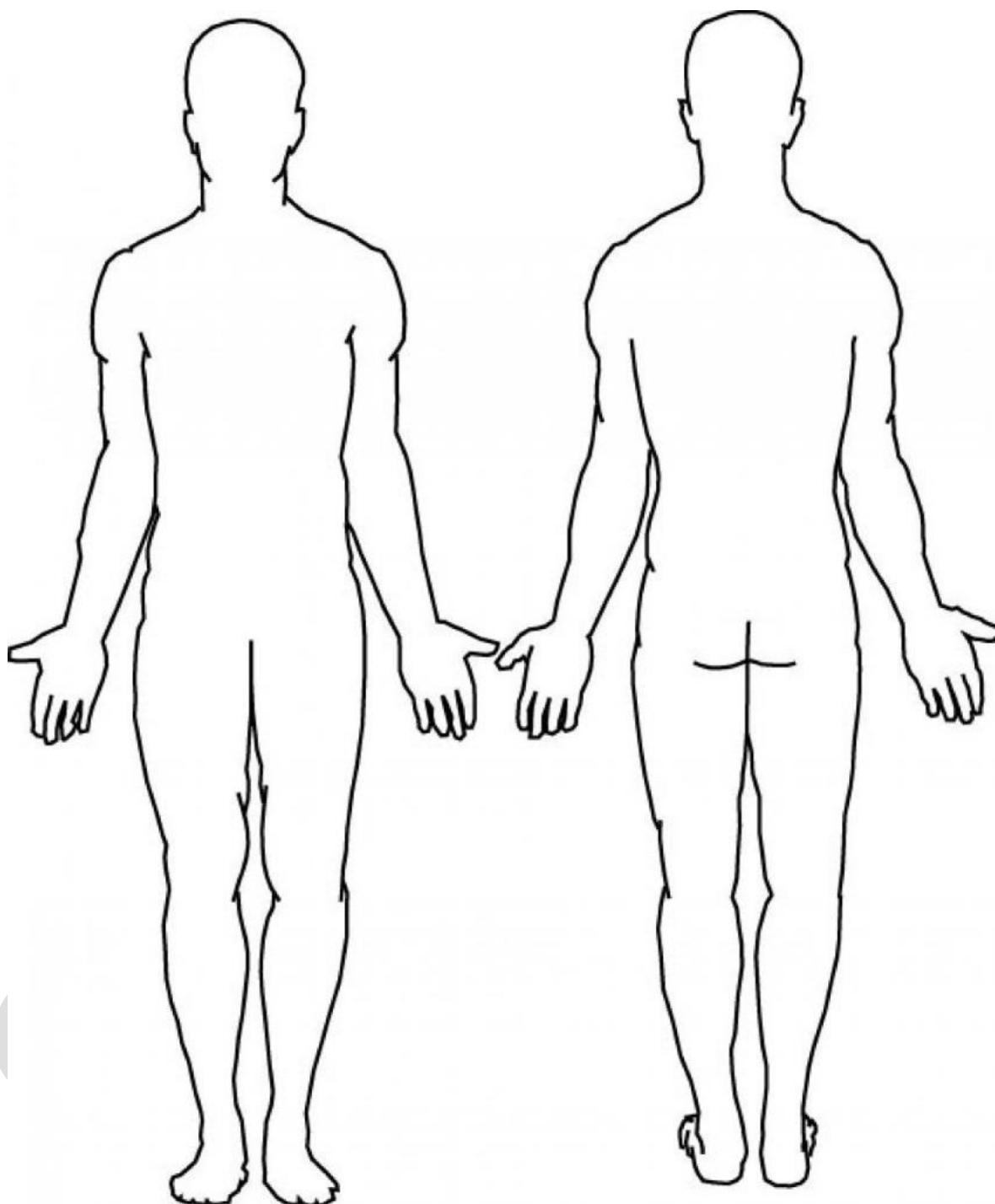
PO1: Assist the adult nursing team with clinical tasks

PO2: Support individuals to meet activities of daily living

PO3: Assist with skin integrity assessments and with the care and treatment of skin conditions

Item C: blank body map

Use this blank body map to mark on any areas of damage to the individual's skin.



Item D: adapted Waterlow pressure area risk assessment chart

More than one score/category can be used:

- 10+ = at risk
- 15+ = high risk
- 20+ = very high risk

Sex		
Male	1	
Female	2	
Age		
14–49	1	
50–64	2	
65–74	3	
75–80	4	
81+	5	
Build/weight for height		
Average	0	
Above average	1	
Obese	2	
Below average	3	
Continence		
Complete/catheterised	0	
Incontinent urine	1	
Incontinent faeces	2	
Doubly incontinent (urine and faeces)	3	

Skin type - visual risk area		
Healthy	0	
Tissue paper (thin/fragile)	1	
Dry (appears flaky)	1	
Oedematous (puffy)	1	
Clammy (moist to touch)/pyrexia	1	
Discoloured (bruising/mottled, redness)	2	
Broken (established ulcer)	3	
Mobility		
Fully mobile	0	
Restless/fidgety	1	
Apathetic (sedated/depressed/reluctant to move)	2	
Restricted (restricted by severe pain or disease)	3	
Bedbound (unconscious/unable to change position/traction)	4	
Chair bound (unable to leave chair without assistance)	5	
Total score		

Date	
Initials	
Time	

Practical activity scenario 3

This practical activity scenario requires you to:

OPA4: Demonstrate the ability to carry out clinical skills for individuals, including clinical assessments and report findings.

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 15 minutes.

Brief

An individual has been admitted to the medical ward after suffering intermittent non-specific abdominal pain. The doctor has asked you to support the individual to collect a mid-stream urine sample (MSU) and perform a routine urinalysis.

Task

Explain the procedure to the individual, once they have collected the urine sample take it from them, following infection prevention and control procedures and perform urinalysis as requested by the doctor.

Use the next page as the individual's notes to record your findings.

(16 marks)

plus marks for underpinning skills – person-centred care and service frameworks, communication and health and safety

Supporting information

This practical activity scenario involves roles play. The individual will be played by a member of staff.

You have access to the following equipment:

- a toilet area
- a urine collection jug
- a MSU specimen bottle
- a specimen bag
- gloves (non-sterile)
- an apron
- urinalysis sticks
- a clinical waste bag/bin

Performance outcomes

This practical activity scenario assesses:

PO1: Assist the adult nursing team with clinical tasks

PO2: Support individuals to meet activities of daily living

Individual's notes

Use this page to record your findings.

SAMPLE

Practical activity scenario 4

This practical activity scenario requires you to:

OPA10: Support or enable individuals to maintain good nutrition by promoting current healthy nutrition and hydration initiatives to support individuals to make healthy choices, recording details using food and drink charts and nutritional plans and involving carers where appropriate.

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 20 minutes.

Brief

An individual has been struggling to look after themselves at home. They have been admitted to hospital following concerns from family that they have not been eating very well and have recently lost 6kg.

Task

Use the information provided to complete the nutrition assessment document (item E) and the BMI and weight loss scoring chart (item F) to assess the individual's risk of malnutrition and discuss adequate nutrition and hydration needs with the individual using the Eatwell Guide (item G).

(16 marks)

plus marks for underpinning skills – person-centred care and service frameworks and communication

Supporting information

This practical activity scenario involves role play. The individual will be played by a member of staff.

You have been given a nutrition assessment document (item E), a BMI and weight loss scoring chart (item F) and an Eatwell Guide (item G). Items F and G will be provided separately to this booklet.

You will take the individual's (played by the member of staff) weight and height measurements and record them as part of step 1 (A) on Item E and then you shall then use the results given in step 1 (B) on Item E to calculate the BMI.

You have access to the following equipment:

- two chairs
- a stadiometer
- weighing scales

Performance outcomes

This practical activity scenario assesses:

PO1: Assist the adult nursing team with clinical tasks

PO2: Support individuals to meet activities of daily living

Item E: nutrition assessment document

Name	Individual	
Date of birth	01/01/1950	
Home address	2 The Avenue Middle Town Local County UK	
Step 1 (a)	Measure height and weight .	
	Height	
	Weight	
Step 1 (b)	Calculate BMI score using the deals given below and the chart provided.	
	Height	1.90m
	Weight	68kg
	BMI	
Step 2	Note percentage unplanned weight loss and score using tables provided.	
Step 3	Establish acute disease effect and score.	
Step 4	Add scores from steps 1, 2 and 3 together to obtain overall risk of malnutrition.	
	Total score:	

Step 5	<p>Low risk: 0 - routine care</p> <p>Medium risk: 1 - observation</p> <p>High risk: 2 or more - treat</p> <p>Refer to registered professional to develop care plan.</p> <p>Discuss nutrition and hydration needs with the individual using the knowledge from the Eatwell Guide.</p>
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SAMPLE

Document information

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Owner: Head of Assessment Design

Change History Record

Version	Description of change	Approval	Date of Issue
v1.0	Post approval, updated for publication.		January 2021
v1.1	NCFE rebrand.		September 2021
v1.2	OS review Feb 23		February 2023
v1.3	Sample added as a watermark	November 2023	21 November 2023