

Learner overview

NCFE CACHE Level 3 Certificate in Understanding Mental Health (601/8968/X)

Qualification content, structure and outcomes

This qualification aims to increase your knowledge of mental health and mental wellbeing. The qualification will help you to understand:

- mental health legislation, services and public attitudes and how these have evolved
- how to support mental wellbeing through various stages of life
- mental ill health, treatment options available and the potential consequences of mental ill health, the skills required to work in the mental health service.

To achieve this qualification you'll need to complete 5 mandatory units:

- Understanding the context of mental health and wellbeing
- Promotion of mental health and wellbeing
- Mental health problems: associated issues and consequences
- Understanding mental ill health
- Working in mental health

There are no optional units.

Similar qualifications

This is the only Level 3 Certificate in Understanding Mental Health offered by us and it supports progression from Level 2 Mental Health qualifications.

The only similar qualification we offer is the Level 3 Award in the Awareness of the Mental Capacity Act 2005. This qualification aims to provide you with an understanding of the Mental Capacity Act 2005 and Code of Practice when working with individuals who lack capacity and will give you the knowledge to apply this in your work role.

Other ways you could achieve the same outcome

There are other level 3 qualifications in mental health available through other Awarding Organisations. Please check the Register of Regulated Qualifications (<http://register.ofqual.gov.uk/>).

Funding will not be available so you will need to apply for a loan to support you through this qualification.

This qualification is not available as part of an Apprenticeship.

How the qualification supports the identified outcome

This qualification allows you to gain an in-depth knowledge and understanding of mental health and mental wellbeing to support individuals with mental health problems.

Achievement of this qualification will help support progression into a variety of job roles and occupational areas within health and social care, or roles in other sectors which support people with mental health problems.

Support for this qualification

The qualification is supported by:

- Mind
- Northumberland, Tyne and Wear NHS Foundation Trust.

UCAS points

This qualification has been allocated UCAS points. Please refer to the UCAS website for further details of the points allocation and the most up-to-date information.