

## Appendix 1

You are required to use this document for task 1.

Individual profile compiled by key person on discharge from residential care.

<b>Setting</b>	Hexham Residential Care
<b>Name</b>	John
<b>Age</b>	68 years
<b>Family background notes:</b>	<p>John retired 3 years ago having worked as a bus driver. He has retained contact with some of his work colleagues.</p> <p>John's wife died 2 years ago and John moved to a ground floor flat in the local area. He has established friendships with some of his neighbours.</p> <p>He has a good relationship with his only son who lives close by and works full time in a nearby factory. John's son has no access to a car.</p>
<b>Health and wellbeing notes:</b>	<p>Prior to his stroke, John had reasonably good health for his age. John has always suffered from very dry skin and regularly uses moisturising cream from the GP.</p> <p>John has always taken short walks to local facilities.</p> <p>John enjoyed the atmosphere at his local pub and drank on average one small beer per night, he has always smoked around 20 cigarettes a day.</p> <p>John is currently taking medications to thin his blood, to reduce both his cholesterol and blood pressure which will help to prevent further strokes.</p> <p>John now requires support to improve his fine motor skills/co-ordination in his left hand and finds it difficult to perform tasks such as dressing, brushing teeth, using a knife and fork.</p> <p>John requires help when getting up from a seated position. John uses a walking frame when mobilising.</p> <p>John suffers from anxiety and frustration.</p>
<b>Social activities:</b>	<p>John enjoyed activities including reading and playing cards and dominoes at the local pub.</p> <p>Since the death of his wife, John enjoyed cooking freshly prepared meals for himself.</p>

	<p>John has enjoyed regular visits from his son whilst in the residential home. He has tried to socialise with other individuals in the home.</p>
<b>Other professional involvement:</b>	<p>Occupational therapist Physiotherapist Speech and language therapist General practitioner (GP) Social worker</p>
<b>Residential home</b> <b>Key person comments:</b>	<p>John is a pleasant gentleman who has made some progress during the stay at the home.</p> <p>He can communicate with some speech and gesture; he generally understands instructions and conversation with staff, but John has found his lack of skills very frustrating.</p> <p>Even though the residential home has a “no smoking policy” he has insisted on going outside to smoke from time to time.</p>