

Appendix 1

You are required to use this document for task 1.

Individual profile compiled by key person on discharge from residential care.

Setting	Hexham Residential Care
Name	John
Age	68 years
Family background notes:	<p>John retired 3 years ago having worked as a bus driver. He has retained contact with some of his work colleagues.</p> <p>John's wife died 2 years ago and John moved to a ground floor flat in the local area. He has established friendships with some of his neighbours.</p> <p>He has a good relationship with his only son who lives close by and works full time in a nearby factory. John's son has no access to a car.</p>
Health and wellbeing notes:	<p>Prior to his stroke, John had reasonably good health for his age. John has always suffered from very dry skin and regularly uses moisturising cream from the GP.</p> <p>John has always taken short walks to local facilities.</p> <p>John enjoyed the atmosphere at his local pub and drank on average one small beer per night, he has always smoked around 20 cigarettes a day.</p> <p>John is currently taking medications to thin his blood, to reduce both his cholesterol and blood pressure which will help to prevent further strokes.</p> <p>John now requires support to improve his fine motor skills/co-ordination in his left hand and finds it difficult to perform tasks such as dressing, brushing teeth, using a knife and fork.</p> <p>John requires help when getting up from a seated position. John uses a walking frame when mobilising.</p> <p>John suffers from anxiety and frustration.</p>
Social activities:	<p>John enjoyed activities including reading and playing cards and dominoes at the local pub.</p> <p>Since the death of his wife, John enjoyed cooking freshly prepared meals for himself.</p>

	<p>John has enjoyed regular visits from his son whilst in the residential home.</p> <p>He has tried to socialise with other individuals in the home.</p>
Other professional involvement:	<p>Occupational therapist</p> <p>Physiotherapist</p> <p>Speech and language therapist</p> <p>General practitioner (GP)</p> <p>Social worker</p>
Residential home Key person comments:	<p>John is a pleasant gentleman who has made some progress during the stay at the home.</p> <p>He can communicate with some speech and gesture; he generally understands instructions and conversation with staff, but John has found his lack of skills very frustrating.</p> <p>Even though the residential home has a “no smoking policy” he has insisted on going outside to smoke from time to time.</p>