

Qualification Factsheet

Qualification overview

Qualification title	NCFE CACHE Level 3 Diploma in Adult Care		
Qualification number (QN)	QN: 610/7192/4		
Total qualification time (TQT)	580	Guided learning hours (GLH)	453

About this qualification

This qualification is designed to provide learners with the knowledge, understanding and skills required to develop competence as a lead adult care worker in a range of care settings.

The qualification contains both mandatory and optional units, allowing learners to tailor the qualification to meet their needs, interests, preferred progression paths and the context of their job role.

The qualification will provide employers with reliable evidence of a learner's attainment against occupational standard knowledge, skills and behaviours (KSBs) which form the minimum requirements for entry into the occupation. The content of this qualification aligns with the KSBs required for the Lead Adult Care Worker Occupational Standard.

The content is applicable to a variety of roles and covers a wide range of areas:

- aspects of support
- specialisms
- clinical skills or healthcare tasks
- leadership and management skills

It is aimed at all those who wish to work, or are already working in, social care settings in England.

Qualification structure

To be awarded this qualification, learners are required to successfully achieve **58 credits: 39 credits** from the mandatory units and **a minimum of 19 credits** from the optional units. At least 35 credits must be achieved at level 3 or above.

Mandatory units

AC M1 Effective communication in adult care (D/651/9990)
AC M2 Handling information in adult care (F/651/9991)
AC M3 Continuous development in adult care (H/651/9992)
AC M4 Personal wellbeing in adult care (J/651/9993)
AC M5 Person-centred practice in adult care (K/651/9994)
AC M6 Choice and independence in adult care (L/651/9995)
AC M7 Health and wellbeing in a care setting (M/651/9996)
AC M8 Equality, diversity, inclusion and human rights in adult care (R/651/9997)
AC M9 Health and safety (general) (T/651/9998)
AC M10 Health and Safety (topics) (Y/651/9999)
AC M11 Infection prevention and control (R/652/0000)
AC M12 Ways of working in adult care (T/652/0001)
AC M13 Duty of care (Y/652/0002)
AC M14 Safeguarding in care settings (A/652/0003)
AC M15 Mental capacity and restrictive practices (D/652/0004)

Optional units

Aspects of support units

HSC AS 1 Co-ordinate activity provision in adult social care (F/652/0005)
HSC AS 2 Principles of advocacy (J/652/0007)
HSC AS 3 Co-ordinate the use of assistive living technology (L/652/0009)
HSC AS 4 Promote continence management (A/652/0012)
HSC AS 5 Understand how to support individuals to access and engage in education, training and employment (ETE) (F/652/0014)
HSC AS 6 Managing pain and discomfort (J/652/0016)

HSC AS 7 Promote nutrition and hydration in adult care settings (L/652/0018)
HSC AS 8 Understand personalisation in adult care (Y/652/0020)
HSC AS 9 Implement positive behaviour support (A/652/002)
HSC AS 10 Develop, implement and review reablement plans (D/652/0022)
HSC AS 11 Support individuals to retain, regain and develop skills for everyday life (F/652/0023)
HSC AS 12 Understand how to support individuals with foot care (H/652/0024)
HSC AS 13 Support person-centred thinking, planning and review (J/652/0025)
HSC AS 14 Facilitate assessment, planning, implementation and review using person-centred and strengths-based approaches (K/652/0026)
AHP 15 Collaborate in the assessment of environmental and social support in the community (L/652/0027)
AHP 16 Provide support to individuals to continue recommended therapies (M/652/0028)
AHP 17 Provide support for mobility (R/652/0029)
AHP 18 Provide agreed support for foot care (A/652/0030)
AHP 19 Facilitate learning and development activities to meet individual needs and preferences (D/652/0031)
AN 20 Move and position individuals in accordance with their care plan (F/652/0032)
AN 21 Support individuals to access and use services and facilities (H/652/0033)
AN 22 Support independence in the tasks of daily living (J/652/0034)
AN 23 Awareness of mental health legislation (K/652/0035)
AN 24 Work in partnership with families to support individuals (L/652/0036)
AN 25 Implement therapeutic group activities (M/652/0037)
AN 26 Support individuals to live at home (R/652/0038)
AN 27 Support individuals during a period of change (T/652/0039)
AN 28 Support individuals to access and manage direct payments (D/652/0040)
AN 29 Support individuals to access housing and accommodation services (F/652/0041)
AN 30 Support individuals to prepare for and settle into new home environments (J/652/0043)
AN 31 Support the spiritual wellbeing of individuals (K/652/0044)
AN 32 Support individuals to meet personal care needs (M/652/0046)

AN 33 Provide support for sleep (F/652/0050)
AN 34 Support individuals with specific communication needs (J/652/0052)
AN 35 Support carers to meet the care needs of individuals (L/652/0054)
MH 36 Support positive risk taking for individuals (H/652/0042)
AC 37 Develop own communication skills to support positive interactions with individuals (L/652/0045)
AC 38 Support individuals to maintain oral health and mouth care (R/652/0047)
AC 39 Understand social prescribing (T/652/0048)

Specialisms unit

HSC S 1 Support families who care for individuals with acquired brain injury (Y/652/0049)
HSC S 2 Understand the impact of acquired brain injury on individuals (H/652/0051)
HSC S 3 Support autistic individuals (K/652/0053)
HSC S 4 Understand how to support autistic individuals (M/652/0055)
HSC S 5 Provide support to individuals with dementia (R/652/0056)
HSC S 6 Diabetes awareness (T/652/0057)
HSC S 7 Co-Morbidity in a care setting (Y/652/0058)
HSC S 8 Trauma informed practice (A/652/0059)
HSC S 9 End-of-life care (H/652/0060)
HSC S 10 Principles of supporting individuals with a learning disability regarding sexuality and sexual health (J/652/0061)
HSC S 11 Support individuals with learning disabilities to access healthcare (K/652/0062)
HSC S 12 Understanding Neurodiversity (L/652/0063)
HSC S 13 Promote mental wellbeing and mental health (M/652/0064)
HSC S 14 Support individuals with multiple conditions and/or disabilities (R/652/0065)
HSC S 15 Support individuals with Parkinson's disease (T/652/0066)
HSC S 16 Understand sensory loss (Y/652/0067)
HSC S 17 Support the assessment of individuals with sensory loss (A/652/0068)
HSC S 18 Promote stroke care management (D/652/0069)
HSC S 19 Support in carrying out assessments to identify the needs of substance users (J/652/0070)

HSC S 20 Support individuals who are substance users (K/652/0071)
HSC S 21 Test for substance use (L/652/0072)
AN 22B Understand advance care planning (F/651/9946)
AN 35B Understand the process and experience of dementia (H/651/9947)
AN 36 Care for the older person (J/651/9948)
AN 37 Understand long-term conditions and frailty (K/651/9949)
AN 38 Understand the context of supporting individuals with learning disabilities (R/651/9950)
AN 39 Support individuals at the end of life (T/651/9951)
DHS 40 Understand mental ill health (Y/651/9952)
MH 41 Recognise indications of substance misuse and refer individuals to specialists (A/651/9953)

Clinical skills or healthcare tasks units

AN 1 Undertake physiological measurements (D/651/9954)
AN 2A Undertake personal hygiene activities with individuals (F/651/9955)
AN 3 Obtain venous blood samples (H/651/9956)
AN 4 Obtain and test capillary blood samples (L/651/9959)
AN 5A Undertake stoma care (D/651/9963)
AN 6 Prepare for and carry out extended feeding techniques (F/651/9964)
AN 7 Assist in the administration of medication (J/651/9966)
AN 8 Undertake tissue viability risk assessments (K/651/9967)
AN 9 Undertake treatments and dressings of lesions and wounds (M/651/9969)
AN 10 Undertake agreed pressure area care (Y/651/9970)
AN 11 Administer medication to individuals and monitor the effects (A/651/9971)
CS 12 Insulin administration (D/651/9972)
DHS 13 Causes and spread of infection (H/651/9974)
DHS 14 Cleaning, decontamination and waste management (J/651/9975)
DHS 15 Prevention in adult care (K/651/9976)

Leadership and management skills units

HSC L 1 Promote innovation, change and positive representation of own organization (L/651/9977)
HSC L 2 Lead learning and development in adult care (R/651/9979)
HSC L 3 Personal and professional behaviour in adult care (A/651/9980)
HSC L 4 Contribute to recruitment and selection in adult care (D/651/9981)
HSC L 5 Contribute to quality assurance in adult care (F/651/9982)
HSC L 6 Manage resources in adult care (H/651/9983)
HSC L 7 Lead an effective team in adult care (J/651/9984)
AC 8 Adult social care regulation, inspection and quality improvement (K/651/9985)
AC 9 Supervision skills and developing and supporting others (L/651/9986)
AC 10 Coaching and mentoring in adult care (M/651/9987)
AC 11Y Digital skills in a care setting (R/651/9988)

Assessment

This qualification is internally assessed and externally quality assured.

The assessment consists of one component:

- an internally assessed portfolio of evidence, which is assessed by centre staff and externally quality assured by NCFE (internal quality assurance (IQA) must still be completed by the centre as usual)

Learners must be successful in this component to gain the Level 3 Diploma in Adult Care.

This qualification has been developed to meet Skills for Care's (SfC) qualification criteria and must be assessed in line with the Skills for Care and Development assessment principles and Skills for Health assessment principles.

Placement requirements

The learner must be working, volunteering or on practical placement in an appropriate setting to be able to meet the assessment requirements of this qualification.

Progression opportunities

Learners who achieve this qualification could progress to the following:

- employment:
 - lead adult care worker

- senior care support worker
- lead personal assistant
- further education:
 - Level 4 Diploma in Adult Care
 - Level 5 Diploma in Leadership and Management for Adult Care
 - Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England)
- higher education



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