



Unlock funding to support learners in mental health training

Mental health is becoming a bigger concern across the UK, with more people needing support than ever before. The Adult Skills Fund (ASF) gives colleges and training providers the chance to offer fully funded mental health courses to adult learners.



Why invest in mental health education?

1 IN 4 PEOPLE

in England will experience a mental health problem each year.



Mental health issues cost the UK economy an estimated £117.9 billion a year, due to lost productivity, healthcare, and social support services.



1 in 10 children and young people

have a diagnosable mental health problem.



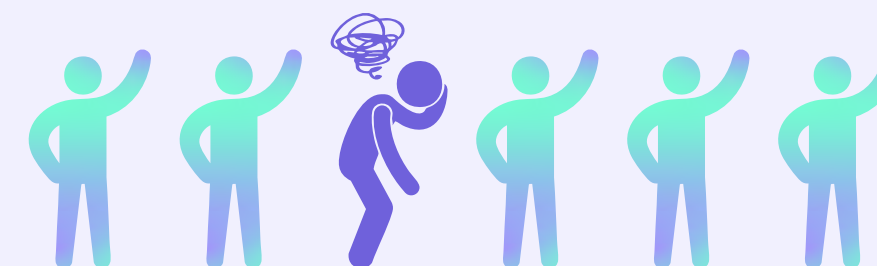
More than half of mental health conditions start before the age of 14...

...and 75% before the age of 24



ONE IN SIX PEOPLE

Report experiencing a common mental health problem (like anxiety or depression) in any given week in England.



Children and Young People's Mental Health Services (CYPMHS) referrals have...

risen by over 30% since 2020

...reflecting increased demand in schools and communities.



Get in touch To find out more about how we can support you to deliver a provision that meets the needs of your region and your learners, please visit: ncfe.org.uk/adult-education-and-training/adult-skills-fund/mental-health-counselling-and-mentoring/