

Qualification Factsheet

Qualification overview

Qualification title	NCFE CACHE Level 2 Award in Supporting Individuals with Learning Disabilities		
Qualification number (QN)	600/4041/5		
Total qualification time (TQT)	120	Guided learning hours (GLH)	88
Entry requirements	Learners should be at least 16 years old. We do not set any other entry requirements but centres may have their own guidelines.		

About this qualification

This qualification provides learners with the opportunity to develop their knowledge and skills around supporting individuals with learning disabilities. It is aimed at learners who support individuals with learning disabilities as part of their job role. The units offered within this qualification mirror those offered within the Learning Disabilities Pathway of the Health and Social Care Diplomas in England.

Qualification structure

To be awarded this qualification, learners are required to successfully achieve 12 credits; 4 credits from the mandatory units and 8 credits from the optional units.

Mandatory units

LD 201 Understand the context of supporting individuals with learning disabilities (K/601/5315)

Optional units

SHC 21 Introduction to communication in health, social care or children's and young people's settings (F/601/5465)
LD Op 203 Provide active support (Y/601/7352)
LD 202 Support person-centred thinking and planning (L/601/6442)
LD Op 205 Principles of positive risk-taking for individuals with disabilities (K/601/6285)
HSC 2031 Contribute to support of positive risk-taking for individuals (A/601/9546)
LD Op 206 Principles of supporting an individual to maintain personal hygiene (H/601/5703)
LD 206 C Support individuals to maintain personal hygiene (K/601/9963)
LD 208 C Contribute to supporting individuals with a learning disability to access health care (J/602/0036)
LD 208 K Principles of supporting individuals with a learning disability to access health care (T/601/8654)
LD 210 Introductory awareness of autistic spectrum conditions (M/601/5316)
DEM 201 Dementia awareness (J/601/2874)
DEM 207 Understand equality, diversity and inclusion in dementia care (A/601/2886)
HSC 2006 Support participation in learning and development activities (Y/601/8632)

HSC 2007 Support independence in the tasks of daily living (T/601/8637)
HSC 2008 Provide support for journeys (A/601/8025)
HSC 2011 Support individuals to access and use information about services and facilities (A/601/7926)
HSC 2023 Contribute to supporting group care activities (L/601/9471)
PD Op 2.1 Understand physical disability (L/601/6117)
SS MU 2.1 Introductory awareness of sensory loss (F/601/3442)
SS Op 2.1 Introductory awareness of models of disability (Y/601/3446)
SS Op 2.3 Contribute to the support of individuals with multiple conditions and/or disabilities (A/601/4895)
SS Op 2.4 Contribute to supporting individuals in the use of assistive technology (H/601/3451)
LD 311 C Support individuals to negotiate environments (F/601/5160)
LD 311 K Principles of supporting individuals with a learning disability regarding sexuality and sexual health (A/601/6274)
LD 311 C Support young people with a disability to make the transition into adulthood (F/602/0049)
LD 311 K Principles of supporting young people with a disability to make the transition into adulthood (M/601/7227)
LD 312 Support parents with disabilities (K/601/7047)
LD Op 314 C Support individuals with self-directed support (J/602/0053)
LD 314 K Principles of self-directed support (M/601/7048)
ADV 301 Purpose and principles of independent advocacy (M/502/3146)
CMH 301 Understand mental wellbeing and mental health promotion (F/602/0097)
CMH 302 Understand mental health problems (J/602/0103)
HSC 3019 Support individuals in their relationships (R/601/8578)
HSC 3029 Support individuals with specific communication needs (T/601/8282)
HSC 3033 Support individuals during a period of change (M/601/7907)
HSC 3038 Work in partnership with families to support individuals (H/601/8147)
HSC 3045 Promote positive behaviour (F/601/3764)

The rules of combination of the NCFE CACHE Level 2 Award in Supporting Individuals with Learning Disabilities (600/4041/5) will not allow the following unit combinations to be taken together.

If taken			Cannot be taken		
Unit number	Regulated unit number	Unit title	Unit number	Regulated unit number	Unit title
K/601/6285	LD Op 205	Principles of positive risk-taking for individuals with disabilities	A/601/9546	HSC 2031	Contribute to support of positive risk-taking for individuals
H/601/5703	LD Op 206	Principles of supporting an individual to maintain personal hygiene	K/601/9963	LD 206 C	Support individuals to maintain personal hygiene

T/601/8654	LD 208 K	Principles of supporting individuals with a learning disability	J/602/0036	LD 208 C	Contribute to supporting individuals with a learning disability to
M/601/7227	LD 311 K	Principles of supporting young people with a disability to make the transition into adulthood	F/602/0049	LD 311 C	Support young people with a disability to make the transition into adulthood
M/601/7048	LD 314 K	Principles of self-directed support	J/602/0053	LD Op 314 C	Support individuals with self-directed support

Assessment

Assessment is the process of measuring a learner's skill, knowledge and understanding against the standards set in a qualification.

This qualification is internally assessed and externally quality assured.

The assessment consists of one component:

- an internally assessed portfolio of evidence, which is assessed by centre staff and externally quality assured by NCFE (internal quality assurance must still be completed by the centre as usual)

Unless otherwise stated in this specification, all learners taking this qualification must be assessed in English and all assessment evidence presented for external quality assurance must be in English.

Placement requirements

The learner must be working, volunteering or on a practical placement in an appropriate setting to be able to meet the assessment requirements of this qualification.

Progression opportunities

Learners who achieve this qualification could progress to the following:

- employment
- further education
- higher education



Contact us

NCFE
Q6
Quorum Park
Benton Lane
Newcastle upon Tyne
NE12 8BT

Tel: 0191 239 8000*
Fax: 0191 239 8001
Email: customersupport@ncfe.org.uk
Website: www.ncfe.org.uk

NCFE © Copyright 2025 All rights reserved worldwide.

Version 1.0 October 2025

Information in this Qualification Factsheet is correct at the time of publishing but may be subject to change.

NCFE is a registered charity (Registered Charity No. 1034808) and a company limited by guarantee (Company No. 2896700).

CACHE; Council for Awards in Care, Health and Education; and NNEB are registered trademarks owned by NCFE.

All the material in this publication is protected by copyright.

**** To continue to improve our levels of customer service, telephone calls may be recorded for training and quality purposes.***