



HM Government

T-LEVELS

T Level Technical Qualification in Education and Early Years (Level 3) QN: 610/5748/4

Employer set project (ESP)

Assisting Teaching

Task 4 – pro-formas

v1.1: Additional sample material
31 October 2025

T Level Technical Qualification in Education and Early Years

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Assisting Teaching

Pro-formas

Task 4 – reflective account

Contents

Contents.....2

Task 4: Pro-forma D – reflective account (Gibbs)3

Document information6

Change history record.....6

Task 4: Pro-forma D – reflective account (Gibbs)

Note: the space provided below is **not** indicative of length of response required. Consideration should be given to the time limit stated in the Project Brief.

The six stages of **Gibbs' reflective cycle** have been identified in the form below. Use the six stages of Gibbs' reflective cycle and the prompts below to complete your overall reflection on the tasks completed in this ESP.

As part of this task, you may wish to refer back to the work you completed in task 2 (c) (reflection upon peer feedback). You must ensure that this work is not simply duplicated but rather built upon and expanded. Any work that is simply duplicated from task 2 (c) will not be marked.

Description: briefly describe the tasks you completed.

Consider:

- your intervention plan
- your planned activity
- your contributions to the peer discussion, digital presentation and tutor questions.

Feelings: briefly describe your thoughts and feelings about the tasks completed.

Consider:

- your approach to planning
- your contributions to the peer discussion
- the feedback you received in peer discussion
- your communication in the digital presentation and tutor questions.

Evaluation: include both positive and negative experiences of the tasks completed.

Consider:

- the effectiveness of your communication
- the quality of your contributions to peer and tutor questions
- the quality of your plans in supporting the intended outcomes.

Analysis: justify what went well and what did not go to plan and make recommendations for improvement.

Consider:

- your communication skills
- your contribution to discussion and to tutor questions
- the quality of your plans
- the extent to which feedback informed changes to your plans.

Conclusion: summarise your own learning.

Consider:

- identifying improvements to your own knowledge, planning skills and collaborative working.

Action plan: summarise how you could use your reflections to improve your future practice.

Your response must address the following points:

- How, and why, you will use your reflections to develop your knowledge, planning skills and collaborative working in your future practice.
- How undertaking continuing professional development (CPD) contributes to keeping your own knowledge and skills current.
- How developmental feedback could improve your own professional performance.
- Identify one example of self-directed learning you could undertake to improve your future practice.

Any other notes:

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Change history record

Version	Description of change	Approval	Date of issue
v1.0	First published version	06 October	30 October 2025
v1.1	Watermark updated	31 October 2025	31 October 2025