**Reflective tool**

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The CPD carousel (which sits on our [Careers Toolkit](https://www.ncfe.org.uk/sector-specialisms/early-years-and-childcare/education-and-childcare-career-toolkit/)) offers a space to dip into quality webinars, podcasts and articles that are specific to education and childcare. The carousel includes current and relevant themes to support the sector every term. Whether a student, qualified educator or teacher of NCFE qualifications, there is something for everyone and a use for all of the content.

One of those uses is effective continuous professional development that encourages a deeper reflection into our practice, considering the impact and benefit to your own role in education and childcare.

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| **Starting point –** Why have you chosen this particular topic? |
| **Educate –** Which parts of the CPD ignited your interests? Give a description of aspects that you found useful, interesting, and relevant to your role. |
| **Enhance –** How might this impact your own practice? What changes might you make? Give reasons as to why this may be needed and how you could implement. |
| **Enrich –** How might this CPD benefit the children, young people, and families that you work with? Give examples of how this could enrich their experiences. |
| **Engage –** How might you share the information that you have gained from this CPD with others in the setting, this might include colleagues, other professionals, as well as children, young people, and their families. |