Qualification Factsheet

Qualification overview

Qualification title	**NCFE Active IQ Level 4 Certificate in Sports Massage Therapy**		
Qualification number (QN)	601/4929/2		
Total qualification time (TQT)	190	**Guided learning hours (GLH)**	128
Entry requirements	Learners wanting to undertake this qualification must hold a Level 3 Diploma in Sports Massage Therapy or equivalent. There is an element of communication involved (discussing, presenting, reading and writing) and learners should have basic skills in communication pitched at level 3. Performing sports massage is a physical activity and learners will need to be fit enough to carry this out.		

About this qualification

This qualification is designed to provide learners with the knowledge and skills to treat and/or seek to correct common patterns of dysfunction and pre-diagnosed injuries.

Qualification structure

To be awarded this qualification, learners are required to successfully achieve **3 units** (19 credits) from the mandatory units.

Mandatory units

Unit 01 Conducting subjective and objective assessment (D/506/7501)
Unit 02 Provide sports massage techniques to prevent and manage injury (H/506/7502)
Unit 03 Treatment modalities to support soft tissue repair (K/506/7503)

Assessment

This qualification is internally assessed and externally quality assured. Each learner must create a portfolio of evidence.

Progression opportunities

Learners who achieve this qualification could progress to the following:

- employment:
  - sports massage therapist
- further education:
  - further specialist training in sports massage
  - fitness instructing
- higher education.

Contact us

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