

T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

Supporting the Midwifery Team

Assignment 1 – Case study

Assignment brief

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Assignment brief

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Case study

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Guidance for students

Student instructions

- you must read the assignment briefs for each task carefully before starting your work
- you must work independently and make your own decisions as to how to approach the tasks within the case study assessment
- you must clearly name and date the work that you produce during the supervised session
- you must hand over your work to your tutor at the end of the supervised session

Student information

- the maximum time you will have to complete all tasks for this case study assessment is 4 hours 30 minutes:
 - it is recommended that you should dedicate 30 minutes to read the materials provided in the assignment brief insert
 - it is recommended that you should then read all the tasks and split your time accordingly, planning time to check your work
- at the end of the supervised session, your tutor will collect all assessment materials before you leave the room
- you must not take any assessment materials outside of the room, for example, via a physical memory device
- you must not upload any work produced to any platform that will allow you to access materials outside of the supervised sessions (including email)
- you can fail to achieve marks if you do not fully meet the requirements of the task, or equally if you are not able to efficiently meet the requirements of the task

Plagiarism

Copying may result in the external assessment task being awarded a U grade. For further guidance, refer to your student handbook – plagiarism guidance and the maladministration and malpractice policy located on the NCFE website.

Presentation of work

- your work should be completed electronically using black font, Arial size 12, unless otherwise specified, with standard border sizes
- clearly show where sources have been used to support your own ideas and opinions
- clearly reference all sources used to support your own ideas and opinions, including any quotations from websites
- any work not produced electronically must be agreed with your tutor, in which case the evidence you produce should be scanned and submitted as an electronic piece of evidence
- your work should be clearly labelled with the relevant task number and your student details, and be legible, for example, front page and headers

- electronic files should be given a clear file name for identification purposes, see tasks for any relevant naming conventions
- all pages of your work should be numbered using the format page X of Y, where X is the page number and Y is the total number of pages
- you must complete and sign the assessment cover sheet (ACS) and include it at the front of your assessment task evidence
- you must submit your evidence to the tutor at the end of the supervised session

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Scenario

You are supporting care in the intrapartum period within the delivery suite and triage assessment area. During this time, you meet a woman called Jenny who is booked onto the birthing centre continuity of care caseload model.

You will follow her through her assessment and admission.

The resources available to you are:

- item A: online resources
- item B: extract from antenatal notes – handheld notes
- item C: extract from Raised Blood Pressure Care Bundle
- item D: modified early obstetric warning score (MEOWS) chart
- item E: personalised birth plan
- item F: fluid chart
- item G: SBAR handover from anaesthetic recovery to postnatal ward
- item H: extract from postnatal care plan

Task 1: assessment of the patient or situation

Scenario

Jenny has arrived in maternity triage with a history of feeling unwell and having a frontal headache for a few days. She had originally attended the birth centre at 36 weeks and 5 days of pregnancy for a routine antenatal appointment and to discuss her birth preferences. However, she has been referred to maternity triage because of the history reported.

Task

Item B is an extract from antenatal notes.

Item C is an extract from Raised Blood Pressure Care Bundle.

Item D is a modified early obstetric warning score (MEOWS) chart.

Refer to the maternal observations section of item C and complete column 2 of item D.

You must then use item D and item B to discuss:

- what the signs and symptoms suggest
- what the risks are to mother and baby
- how this might influence Jenny's care

You can use online resources from item A NHS Pregnancy Complications (2021) www.nhs.uk/pregnancy/related-conditions/complications/high-blood-pressure, to support your answer.

(20 marks)

Conditions of the assessment

- task 1 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
 - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

Evidence requirements

Completed item D

Word-processed response and any further relevant evidence.

Submission

- all tasks should be saved separately
- the following filename convention should be used for all materials produced:

- (provider_number)_(student registration number)_(surname)_(first name)_task1_(additional detail of document content if multiple documents are produced per task)

Note: please request your provider number and student number from your tutor.

Past Paper

Task 2: goals/patient outcomes/planned outcomes

Scenario

The midwife you are working with has explained to you the plan to review investigations. This will inform the decision of stabilising her blood pressure and proceeding with induction of labour.

Jenny is concerned about the admission and whether her birth choices can still be met.

Task

Produce a report to help the midwife support Jenny in understanding her admission and whether her birth choices can still be met.

You should include:

- an explanation of how the increased level of risk may affect Jenny's birth preferences – refer to item E (the personalised birth plan)

Within your response, you should consider:

- which organisations' guidelines, standards and policies should Jenny's care team refer to when planning
- what would be the possible consequences for Jenny, her baby and the midwifery team involved in Jenny's care plan if these guidelines, standards and policies are not followed?

(20 marks)

Conditions of the assessment

- task 2 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
 - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

Evidence requirements

Word-processed response and any further relevant evidence.

Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
 - (provider_number)_(student registration number)_(surname)_(first name)_task2_(additional detail of document content if multiple documents are produced per task)

Note: please request your provider number and student number from your tutor.

Task 3: care/treatment/support plan

Scenario

Jenny has been on the postnatal ward for 3 hours, following an instrumental delivery of a baby boy born prematurely at 36 weeks and 5 days.

The midwife has advised you that Jenny had an epidural for pain relief management and the effects of the epidural are reducing. There is no further numbness reported and she can raise her legs. She has an indwelling catheter (IDC) in situ.

Task

Using items F and G to support your response, write a summary of what care/treatment should be included in her postnatal support plan at the hospital.

You should include:

- physical and mental health support required
- continued monitoring required
- possible reasons for further intervention or referral to other members of the multidisciplinary team (MDT)

(20 marks)

Conditions of the assessment

- task 3 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
 - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

Evidence requirements

Word-processed response and any further relevant evidence.

Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
 - (provider_number)_(student registration number)_(surname)_(first name)_task3_(additional detail of document content if multiple documents are produced per task)

Note: please request your provider number and student number from your tutor.

Task 4: evaluation/monitoring effectiveness/clinical effectiveness

Scenario

You and the community midwife make a postnatal visit to Jenny's house.

This is Jenny's last midwife appointment before being transferred to the care of the GP. The midwife asks you to follow-up on how Jenny is feeling before her discharge.

Jenny's blood pressure has been monitored regularly and she remains on antihypertensive tablets.

She had been experiencing some discomfort following breastfeeding and has commented today on her low mood.

Task

Using information from item H (extract from the postnatal care plan) evaluate the effectiveness of the care plan suggesting any changes you would recommend. Include in your evaluation how a healthy lifestyle can be linked to physical and mental health.

You can also use the following online resources from item A to support your answer:

- Preeclampsia Foundation www.preeclampsia.org
- NHS Pre-eclampsia www.nhs.uk/conditions/pre-eclampsia
- UNICEF UK Baby Initiative www.unicef.org.uk/babyfriendly/
- NHS After the Birth: Early Days (2021) www.nhs.uk/pregnancy/labour-and-birth/after-the-birth/early-days/
- NHS Start 4 Life: Pregnancy (2021) www.nhs.uk/start4life/pregnancy/
- MIND Types of Mental Health Problems (2021) www.mind.org.uk/information-support/types-of-mental-health-problems/postnatal-depression-and-perinatal-mental-health/about-maternal-mental-health-problems/

(20 marks)

Conditions of the assessment:

- task 4 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
 - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

Evidence requirements

Word-processed response and any further relevant evidence.

Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
 - (provider_number)_(student registration number)_(surname)_(first name)_task4_(additional detail of document content if multiple documents are produced per task)

Note: please request your provider number and student number from your tutor.

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