Qualification Factsheet

Qualification overview

Qualification title	**NCFE Active IQ Level 2 Certificate in Leading Health-Related Activity Sessions**		
Qualification number (QN)	601/3891/9		
Total qualification time (TQT)	150	**Guided learning hours (GLH)**	107
Entry requirements	There are no specific prior skills or knowledge a learner must have for this qualification. However, learners may find it helpful to have basic communication skills, including discussing, presenting, reading, and writing, pitched at level 2.		

About this qualification

This qualification is designed to provide learners with the knowledge and skills to plan, prepare and deliver safe and effective activity sessions for a group of participants.

Qualification structure

To be awarded this qualification, learners are required to successfully achieve **three** units from the mandatory units.

Mandatory units

Unit 01 Promoting healthy lifestyles and physical activity (A/506/5884)
Unit 02 Planning an activity session (F/506/5885)
Unit 03 Delivering an activity session (J/506/5886)

Assessment

Internally assessed and externally quality assured portfolio of evidence.

Progression opportunities

Learners who achieve this qualification could progress to the following:

- further education:
  - NCFE Active IQ Level 2 Certificate in Group Training.

Contact us

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