

NCFE CACHE Level 3 Technical Occupational Entry in Social Care (Diploma)

QN: 610/6200/5



Qualification Specification



Qualification summary

Qualification title	NCFE CACHE Level 3 Technical Occupational Entry in Social Care (Diploma)				
Ofqual qualification number (QN)	610/6200/5	Aim reference	XXXXXXX		
Guided learning hours (GLH)	1080 (includes 30 work/placement hours)	Total qualification time (TQT)	1390		
Minimum age	16		,		
Grading	understanding and skills worker in a range of social worker in a range of social this qualification develops in social care settings. It to develop the knowledge of the qualification will provide a setting and behaviours (KSBs) which occupation. The content for the Lead Adult Care will be the care and support of the qualification is designed element of a 16-19/adult. The qualification covers a covering: working in social care to the care and support or values and behavious mental health and we learning disabilities dementia awareness health and safety prevention and contropersonal and profess.	os the knowledge and skill contains mandatory units e and skills which are required employers with reliable instructional standard of form the minimum required this qualification aligns. Worker occupational standard ned to form an engaging, learner's course of study a wide range of areas which is planning process irs cellbeing	ls needed when working which allow the learner uired for the role. Ile evidence of a day knowledge, skills and rements for entry into the with the KSBs required dard. Ile evidence of a day knowledge, skills and rements for entry into the with the KSBs required dard. In the core is the core		
Assessment method	Internally assessed and	externally quality assured	portfolio of evidence.		
Work/industry placement experience	•	to attend work/practical բ n of 30 hours of work/prad	• •		
UCAS	Please refer to the UCAS and the most up-to-date	S website for further detail information.	s of the points allocation		

Regulation information	This is a regulated qualification. The regulated number for this qualification is 610/6200/5.
Funding	This qualification may be eligible for funding. For further guidance on funding, please contact your local funding provider.
Occupational standards	This qualification is mapped against the following occupational standard: • ST0006: Lead Adult Care Worker (Level 3) Version 1.2 A mapping document is available on the qualification's page on the NCFE website.



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Section 1: introduction

Please note this is a draft version of the Qualification Specification and is likely to be subject to change before the final version is produced for the launch of the qualification.

If you are using this Qualification Specification for planning purposes, please make sure that you are using the most recent version.

Aims and objectives

This qualification is designed to provide learners with the knowledge and skills to work in the Social Care sector. These qualifications will also enable progression to further studies.

This qualification aims to:

- focus on the study of the social care sector
- offer breadth and depth of study, incorporating a key core of knowledge, skills and behaviours
- provide opportunities to acquire a number of practical and technical skills

The objectives of this qualification are to:

- provide learners with the knowledge, understanding and skills required to develop competence as a lead social care worker in a range of social care support settings
- develop the knowledge and skills needed when working in social care settings

Support Handbook

This Qualification Specification must be used alongside the mandatory Support Handbook, which can be found on the NCFE website. This contains additional supporting information to help with planning, delivery and assessment.

This Qualification Specification contains all the qualification-specific information you will need that is not covered in the Support Handbook.

Guidance for entry and registration

This qualification is designed for designed for learners who want to go on to higher level studies or into a relevant social care role.

It may also be useful to learners studying qualifications in the following sectors/areas:

- social care
- health care
- mental health
- nursing
- support roles

Registration is at the discretion of the centre in accordance with equality legislation and should be made on the Portal.

There are no specific prior skills/knowledge a learner must have for this qualification. However, learners may find it helpful if they have already achieved a level 2 social care qualification.

Centres are responsible for ensuring that all learners are capable of achieving the learning outcomes (LOs) and complying with the relevant literacy, numeracy and health and safety requirements.

Learners registered on this qualification should not undertake another qualification at the same level, or with the same/a similar title, as duplication of learning may affect funding eligibility.

Achieving this qualification

To be awarded this qualification, learners are required to successfully pass all **23 units from the graded** mandatory units.

To achieve this qualification, learners must provide evidence for all the assessment criteria (AC) in a unit, covering a minimum of the content within each assessment criteria (AC) and the range provided, to be able to demonstrate that they have passed the unit. We support centres with a range of training options, including support visits, training designed around your needs which can be accessed here: <a href="https://doi.org/10.1007/journal

Progression

Learners who achieve this qualification could progress to the following:

- employment (including but not limited to):
 - care worker
 - personal assistant
 - community support and outreach worker
 - o activities coordinator
- further education:
 - degree in social care
 - degree in health care
 - degree in nursing
 - degree in social work
 - o degree in counselling

Progression to higher level studies

Level 3 qualifications can support progression to higher level study, which requires knowledge and skills different from those gained at levels 1 and 2. Level 3 qualifications enable learners to:

- apply factual, procedural and theoretical subject knowledge
- use relevant knowledge and methods to address complex, non-routine problems
- interpret and evaluate relevant information and ideas
- understand the nature of the area of study or work
- demonstrate an awareness of different perspectives and approaches
- identify, select and use appropriate cognitive and practical skills
- use appropriate research to inform actions
- review and evaluate the effectiveness of their own methods

Resource requirements

There are no mandatory resource requirements for this qualification, but centres must ensure learners have access to suitable resources to enable them to cover all the appropriate LOs.

Work/industry placement experience

The qualification requires learners to attend a placement in a realistic work environment to support their learning. A minimum of 30 hours of placement in a realistic work environment are required.

The diverse environments and employment settings identified below are conducive to social care work as defined in the lead adult care worker occupational standard.

Learners may find work placement opportunities in the following settings:

- residential or nursing homes
- domiciliary care
- day centres
- some clinical healthcare settings
- community settings
- · children's home
- supported housing
- day centre
- homeless shelter
- supported living

The broad purpose of the occupation is to help adults with care and support needs to achieve their goals and live independently and safely while enabling them to have control and choice in their lives. Lead Adult Care Workers will make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges.

This is not an exhaustive list and is in adherence with the occupational standard. Lead adult care workers may specialise in a variety of areas such as learning disability, mental health, drug and alcohol misuse, homecare, dementia and end-of-life care. Work settings and/or placements spanning across these areas would be beneficial.

Centres are responsible for the suitability of work settings/placements; the lead adult care worker occupational standard should be referred to when assessing the suitability of the placement/s.

Realistic work environment (RWE) requirement/recommendation

The assessment of competence-based criteria should ideally be conducted within the workplace. However, in instances where this is not feasible, learners can be assessed in a realistic work environment (RWE) designed to replicate real work settings in adult care.

It is essential for organisations utilising an RWE to ensure it accurately reflects current and authentic work environments. By doing so, employers can be confident that competence demonstrated by a learner in an RWE will be translated into successful performance in employment.

In establishing an RWE, the following factors should be considered.

The work situation being represented is relevant to the competence requirements being assessed:

- the work situation should closely resemble the relevant setting
- equipment and resources that replicate the work situation must be current and available for use to ensure that assessment requirements can be met
- time constraints, resource access and information availability should mirror real conditions

The learner's work activities reflect those found in the work environment being represented, for example:

- interaction with colleagues and others should reflect expected communication approaches
- tasks performed must be completed to an acceptable timescale
- learners must be able to achieve a realistic volume of work as would be expected in the work situation being represented
- learners operate professionally with clear understanding of their work activities and responsibilities
- feedback from colleagues and others (for example customers, service users) is maintained and acted upon
- account must be taken of any legislation, regulations or standard procedures that would be followed in the workplace

Use of simulation

A learner's portfolio of evidence may only include simulation of skills where skills can't be observed in the workplace. Simulation should reflect as closely as possible to a scenario in a realistic work environment that reflects a real work setting and replicates the key characteristics of the workplace in which the skill to be assessed is normally employed.

Exceptionally, use of simulation is permitted under a number of circumstances to assess competence:

- where a unit is primarily based on underpinning knowledge but can be contextualised to the workplace within a competency qualification
- where a lack of opportunity for workplace assessment may be a barrier to a learner accessing or achieving the qualification.
- where specific adjustments for a given learner prevent access to the workplace or to activities designed to assess learning
- where there may be issues of confidentiality / safeguarding

Where simulation is used, it must be designed to ensure that:

- the learner is required to use materials and, where relevant, equipment found and used within the workplace environment
- the learner is provided by the centre with information, advice and guidance in line with what would be provided in the workplace in the specific context
- the physical environment and situation replicates the workplace environment in which the skills are used
- other people with whom the learner interacts in undertaking the assessed activity behave 'in character' for the given situation

How the qualification is assessed

Assessment is the process of measuring a learner's skill, knowledge and understanding against the standards set in a qualification.

This qualification is internally assessed and externally quality assured.

The assessment consists of one component:

• an internally assessed portfolio of evidence, which is assessed by centre staff and externally quality assured by NCFE (internal quality assurance must still be completed by the centre as usual)

Learners must be successful in all components to gain the NCFE CACHE Level 3 Technical Occupational Entry in Social Care (Diploma).

Unless otherwise stated in this specification, all learners taking this qualification must be assessed in English and all assessment evidence presented for external quality assurance must be in English.

Internal assessment

We have created sample tasks for all units, which can be found within a separate document in the member's area of the NCFE website. These tasks are not mandatory. You can contextualise these tasks to suit the needs of your learners to help them build up their portfolio of evidence. The tasks have been designed to cover LOs for 23 units and provide opportunities for stretch and challenge. For further information about contextualising the tasks, please contact the Provider Development team.

Each learner must create a portfolio of evidence generated from appropriate assessment tasks to demonstrate achievement of all the LOs associated with each unit. The assessment tasks should allow the learner to respond to a real-life situation that they may face when in employment. On completion of each unit, learners must declare that the work produced is their own and the assessor must countersign this. Examples of suitable evidence for the portfolio for each unit are provided in section 2.

If a centre needs to create their own internal assessment tasks, there are four essential elements in the production of successful centre-based assessment tasks; these are:

- ensuring the assessment tasks are meaningful with clear, assessable outcomes
- appropriate coverage of the content, LOs, or assessment criteria (AC)
- having a valid and engaging context or scenario
- including sufficient opportunities for stretch and challenge for higher attainers

Grading information

Each unit of the qualification is graded using a structure of not yet achieved, pass, merit or distinction. The full qualification will be achieved at pass, merit, distinction or distinction*.

Unit	Assessment units	GLH	Total UMS	Pass grade value	Merit grade value	Distinction grade value
Unit 01	Working in social care	58	96.7	48.3	58.0	70.1
Unit 02	Equality, diversity, dignity and rights in social care	50	83.3	41.7	50.0	60.4
Unit 03	Duty of care	43	71.7	35.8	43.0	52.0
Unit 04	Communication in social care	55	91.7	45.8	55.0	66.5
Unit 05	The care and support planning process	34	56.7	28.3	34.0	41.1
Unit 06	Person-centred approaches and risk assessments	42	70.0	35.0	42.0	50.8
Unit 07	Values and behaviours	41	68.3	34.2	41.0	49.5
Unit 08	Advocacy in social care	20	33.3	16.7	20.0	24.2
Unit 09	Safeguarding in social care	80	133.3	66.7	80.0	96.7
Unit 10	Mental health and wellbeing	57	95.0	47.5	57.0	68.9
Unit 11	Health and safety in social care	100	166.7	83.3	100.0	120.8
Unit 12	Prevention and control of infection	28	46.7	23.3	28.0	33.8
Unit 13	Personal and professional development	62	103.3	51.7	62.0	74.9
Unit 14	Working with others	35	58.3	29.2	35.0	42.3
Unit 15	Research in social care	52	86.7	43.3	52.0	62.8
Unit 16	Good practice in social care	16	26.7	13.3	16.0	19.3
Unit 17	Psychology in social care	47	78.3	39.2	47.0	56.8
Unit 18	Sociology of Health and illness	47	78.3	39.2	47.0	56.8
Unit 19	Understanding anatomy and physiology	50	83.3	41.7	50.0	60.4
Unit 20	End of life care	53	88.3	44.2	53.0	64.0

Unit	Assessment units	GLH	Total UMS	Pass grade value	Merit grade value	Distinction grade value
Unit 21	Learning disabilities	30	50.0	25.0	30.0	36.3
Unit 22	Dementia awareness	40	66.7	33.3	40.0	48.3
Unit 23	Understanding Autism	40	66.7	33.3	40.0	48.3

Grading internally assessed units

Grading descriptors have been written for each assessment criteria (AC) in a unit. Assessors must be confident that, as a minimum, all ACs at a pass level have been evidenced and met by the learner. Assessors must make a judgement on the evidence produced by the learner to determine the grading decision for the unit. NCFE has provided a grading criteria glossary of terms in the Qualification Specification to help you to make this judgement.

Once assessors are confident that all the pass descriptors have been met, they can move on to decide if the merit descriptors have been met. If the assessor is confident that all the merit descriptors have been met, they can decide if the distinction descriptors have been met. As the grading descriptors build up from the previous grade's criteria, the evidence must meet 100% of the grade's descriptors to be awarded that grade for the unit.

If the learner has insufficient evidence to meet the pass criteria, a grade of not yet achieved must be awarded for the unit.

There is a ramping up method to the grade descriptors which allows learners to demonstrate a deeper application and understanding of their knowledge for each assessment criteria (AC). Ramping refers to how grade descriptors become more demanding as learners progress from pass to merit and finally distinction grade descriptors.

For a pass grade, learners may be expected to:

- summarise give the main ideas or facts in a concise way
- describe write about the subject giving detailed information in a logical way

For a merit grade, learners may be expected to:

- explain provide detailed information about the subject with reasons showing how or why, responses could include examples to support these reasons
- compare examine the subjects in detail and consider the similarities and differences
- discuss write a detailed account giving a range of views or opinions

For a distinction grade, learners may be expected to:

analyse – break down the subject into separate parts and examine each part. Show how the
main ideas are related and why they are important. Reference to current research or theory may
support the analysis.

 evaluate – examine strengths and weaknesses, arguments for and against and/or similarities and differences. Judge the evidence from different perspectives and make a valid conclusion or reasoned judgement. Reference to current research or theory may support the evaluation.

Resubmissions – internally set and internally marked assessment (graded)

Learners will have one resubmission opportunity for each internal assessment. The resubmission could be used:

- as an opportunity to meet the pass, where a learner has not achieved the minimum level of performance. In this instance, a pass grade is the highest grade a learner could achieve with a resubmission.
- to improve a grade, where the learner has not achieved an expected level of performance.

For the resubmission, the learner may amend and/or complete further work on the same assessment and resubmit this evidence. To ensure fairness, resubmissions must be authorised by the qualification quality assurance person at the centre. The revised additional learner evidence must be completed and submitted, within 15 working days, following assessor feedback, within the assessment window timeframe set by the Centre. Feedback to learners can only be given to clarify areas where they have not achieved a minimum or expected level of performance. Learners cannot receive any guidance on how to improve work to meet the assessment criteria. It is the centre's responsibility to keep the evidence of the learner's original and revised work submitted, and records of the initial grade, assessor feedback, and final grade, for external quality assurance purposes.

Centres must then submit each unit grade via the Portal. The grades submitted will be checked and confirmed through the external quality assurance process. This is known as 'banking' units. Once a learner's grade has been banked, they are permitted one opportunity to revise and redraft their work; more detail on this process can be found in the Support Handbook.

The internal assessment component is based on performance of open-ended tasks that are assessed holistically against the grading descriptors to achieve a grade. Each unit of the qualification is internally assessed.

Awarding the final grade

The final qualification grade is calculated by combining the UMS scores for each unit. The total UMS will then be converted into a grade based on the following fixed thresholds:

	Max	Р	M	D	D*
UMS	1800	900	990	1170	Learners must achieve a distinction for all units

The final grade for the qualification is based on a structure of not yet achieved/pass/merit/distinction and distinction* and will be issued to the centre by NCFE upon the centre claiming the learner's certificate on the Portal.

For further information on assessment, please refer to the User Guide to the External Quality Assurance Report.

NCFE does not anticipate any changes to our aggregation methods or any overall grade thresholds; however, there may be exceptional circumstances in which it is necessary to do so to secure the maintenance of standards over time. Therefore, overall grade thresholds published within this Qualification Specification may be subject to change.



Section 2: unit content and assessment guidance

This section provides details of the structure and content of this qualification.

The types of evidence listed are for guidance purposes only. Within learners' portfolios, other types of evidence are acceptable if all learning outcomes (LOs) are covered, and if the evidence generated can be internally and externally quality assured. For approval of methods of internal assessment other than portfolio building, please contact your external quality assurer (EQA).

The explanation of terms explains how the terms used in the unit content are applied to this qualification. This can be found in section 3.



Unit 01 Working in social care (K/651/7274)

Unit summary

This unit will help the learner to understand the difference between health care and social care in addition to understanding legislation, policies and procedures in relation to social care and their application. Learners will understand requirements of professional standards and codes of practice, the functions of social care provision and factors which influence service delivery. Learners will explore the roles and responsibilities of practitioners within social care. Learners will also be able to access help when not confident or skilled in aspects of the social care practitioner's role

Assessment This unit is internally assessed via a portfolio of evidence. Mandatory Graded P/M/D Level 3 58 GLH

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to: Describe the difference	Merit The learner will be able to:	Distinction The learner will be able to: Evaluate the difference
Understand the difference between health care and social care	1.1 The difference between health care and social care	between health care and social care	Analyse the difference between health care and social care	between health care and social care and compare and contrast each approach
2. Understand legislation, policies and procedures in relation to social care	2.1 How local policies and procedures relate to national legislation 2.2 How local policies and procedures in social care are determined by national legislation 2.3 The social care profession in England which requires the social care worker to be on a professional register	Describe how local policies and procedures in social care relate to and are determined by national legislation Summarise the requirement for a professional register in social care	Analyse the relationship between local policies and procedures and national legislation, including how this informs social care provision, and the characteristics of social care roles that require professional registration	Evaluate the importance of a relationship between local policies and procedures and national legislation in the context of social care provision and the characteristics of social care roles that require professional registration

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
3. Understand the application of legislation, regulation, policies and procedures in relation to social care settings	3.1 The relationship between legislation, regulation and policies and procedures 3.2 Legislation in relation to social care settings 3.3 How to lead and support others to ensure compliance with regulations and organisational policies and procedures 3.4 How legislation informs policies and procedures in social care provision	Summarise how legislation, regulation and policies and procedures relate to social care settings Describe how legislation, regulation, policies and procedures ensure and inform compliance in social care settings	Discuss the relationship between legislation, regulation, policies and procedures, including how to support and lead others to ensure compliance with these within social care settings	Evaluate the relationship between legislation, regulation, policies and procedures in social care settings, including the importance of leading and supporting others to ensure compliance with regulations and organisational policies and procedures
4. Understand the requirements of professional standards and codes of practice	4.1 Professional standards and Codes of practice within social care 4.2 The purpose of professional standards and Codes of practice within the social care sector 4.3 The requirements of a professional standard used within social care	Identify the key characteristics of professional standards and codes of practice within social care	Explain the requirements of professional standards and codes of practice within social care	Evaluate the purpose and requirements of professional standards and codes of practice within the social care sector

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	4.4 The requirements of a code of practice used within social care			
5. Understand the functions of social care provision and factors which influence service delivery	 5.1 The types of service provision for social care 5.2 The functions of national and local social care provision 5.3 Factors which influence national and local service delivery 	Identify types of service provision for social care, describing the functions of local and national provision, and factors which influence service delivery locally and nationally	Explain differences in types of service provision for social care, its functions locally and nationally, and key factors which influence local and national delivery	Evaluate differences between types of social care service provision, its functions locally and nationally, and key factors which influence local and national delivery
6. Understand the roles and responsibilities of practitioners within social care	6.1 The roles, duties and responsibilities of social care practitioners 6.2 The characteristics of different roles within social care settings 6.3 The impact of social care practitioners not adhering to the professional boundaries, limits and training of their own job role 6.4 Access help when not confident or skilled in aspects of the social care practitioner's role	Describe the roles and responsibilities of social care practitioners, including the characteristics and professional boundaries within different roles, and how to access help when not confident or skilled in any aspect of a role	Discuss the roles and responsibilities of social care practitioners, the characteristics of different roles, the importance of professional boundaries, limits and training, and when it is appropriate to access role support and help	Evaluate the roles and responsibilities of social care practitioners, including the characteristics of different roles, the impact of not adhering to the professional boundaries, limits and training of their own job role, and why it is important to access help when not confident or skilled in aspects of the social care practitioner's role

1. Understand the difference between health care and social care

1.1 Health care:

Efforts made to maintain, restore, or promote someone's physical, mental, or emotional wellbeing especially when performed by trained and licensed professionals.

1.1 Social care:

Supporting individuals with the activities of daily living, maintaining and promoting independence, social interaction, enabling individuals to play a fuller part in society, protecting individuals in vulnerable situations, helping individuals to manage complex relationships.

2. Understand legislation, policies and procedures in relation to social care

2.1 Local policies and procedures:

Should be developed in line with national legislation.

2.2 Legislation, policies and procedures:

- Adults:
 - Care Act 2014. Health and Social Care Act 2012
 - o Equality Act 2010
 - Mental Capacity Act 2005
 - Human Rights Act 1998
 - Data Protection Act 2018 (GDPR)
 - o Public Interest Disclosure Act 1998
 - Local multi-agency Safeguarding Adults policy and procedures
- Children and young people:
 - Working Together to Safeguard Children 2023
 - Equality Act 2010
 - Children Acts 1989 and 2004
 - Sexual Offences Act 2003
 - Human Rights Act 1998
 - Data Protection Act 2018 (GDPR)
 - Public Interest Disclosure Act 1998
 - UN Convention on the Rights of the Child 1992

3 Understand the application of legislation, regulation, policies and procedures in relation to social care settings

3.1 Legislation:

Laws or regulations that have been passed by Parliament.

Regulation:

A set of legally binding rules which support the implementation of legislation.

Policies:

A broad approach explaining how to approach situations agreed and written down in social care settings which is based on the relevant legislation.

Procedures:

Written step by step instructions on how to perform particular tasks which are based on the relevant legislation and policies.

The relationship between legislation, regulation and policies and procedures could include:

- duty of care
- protocols
- guidance
- key aspects of service delivery
- current practice
- safety
- consistency
- continuity
- public confidence
- accountability

3.2 Social care settings could include:

- residential settings
- group home settings
- nursing home settings

- day services
- supported accommodation/housing services
- supporting people in their own homes
- specialist services (for example, addiction services)
- occupational therapy, focused on maintaining and improving independence
- support to engage in social/community activities (for example, personal assistants)
- 4. Understand the requirements of professional standards and codes of practice.

4.1 Professional standards and codes of practice:

- professional standards and codes of practice relevant to sector, for example:
 - o Code of Conduct for Healthcare Support Workers and Adult Social Care Workers in England
 - Social Work England professional standards
 - Nursing and Midwifery Council Code of Conduct (applicable to nurses working in social care settings)
- policies/procedures of work setting
- regulation
- accountability
- public expectations
- trust
- confidence
- 5. Understand the functions of social care provision and factors which influence service delivery.

5.3 Factors could include:

- funding issues
- staffing issues
- increased demand for services
- access
- location
- previous experiences

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 02 Equality, diversity, dignity and rights in social care (L/651/7275)

Unit summary

This unit allows the learner to understand equality, diversity and rights in social care and the legislation and codes of practice in relation to inclusive practice in social care settings. The learner will understand the principles of dignity in social care and how to work in an inclusive way. Learners will also be able to support others to understand the importance of equality, diversity and inclusion and demonstrate how to maintain dignity of others.

Assessment

This unit is internally assessed via a portfolio of evidence.

Mandatory Graded P/M/D Level 3 50 GLH

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
1. Understand equality,	1.1 The characteristics of	Describe the	Analyse the	Evaluate the
diversity and rights in	the following terms:	characteristics of	characteristics of	characteristics of
social care	•	equality, diversity,	equality, diversity,	equality, diversity,
	equality	inclusion, and	inclusion, and	inclusion, and
	diversity	discrimination and how	discrimination and	discrimination,
	• inclusion	they relate to rights in	explain their importance	analysing their features,
	discrimination	social care	to supporting rights in	including their
	discillination.		social care	importance to
				supporting rights in
				social care
2. Understand legislation	2.1 The purpose of	Summarise legislation	Explain the purpose of	Evaluate the purpose of
and codes of practice	legislation and	and codes of practice	legislation and codes of	legislation and codes of
in relation to inclusive	codes of practice	relating to equality,	practice relating to	practice relating to
practice in social care	relating to equality,	diversity, inclusion,	equality, diversity,	equality, diversity,
settings	diversity, inclusion,	human rights and	inclusion, human rights	inclusion, human rights
	human rights and	discrimination in social	and discrimination,	and discrimination,
	discrimination	care settings	including how this	including how this
		· ·	supports inclusive	informs inclusive
			working in social care	practice in social care
				settings
3. Understand the	3.1 The purpose and	Summarise the purpose	Explain the purpose and	Evaluate the purpose
requirements of	requirements of	and requirements of	requirements of	and requirements of
professional	professional	professional standards	professional standards	professional standards
standards and codes	standards and codes	and codes of practice	and codes of practice in	and codes of practice,

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
of practice in relation to inclusive practice in social care	of practice for inclusive practice within the social care sector 3.2 Support others to understand the importance of equality, diversity and inclusion in social care	for inclusive practice within social care	relation to inclusive practice, and how to support others to understand the importance of equality, diversity and inclusion in social care	considering how this informs inclusive practice in social care, and why it is important to support others to understand the value of equality, diversity and inclusion in social care
Understand dignity in social care	 4.1 The principles of dignity in social care 4.2 The factors which ensure dignity is central to social care when working with: individuals support circles 4.3 Demonstrate how to maintain dignity of individuals, their families, carers and others 	Identify principes of dignity in social care, describing how to ensure dignity is central when working with individuals, their families, carers and others	Explain principles of dignity and their importance in social care, including the factors which ensure dignity is central when working with individuals, their families, carers and others	Evaluate the factors which ensure dignity is central when working with individuals, their families, carers and others in relation to the importance of principles of dignity in social care
5. Understand how to work in an inclusive way	5.1 How to promote equality, equity, diversity and inclusion 5.2 How to challenge those not working inclusively in a way that promotes change 5.3 How to improve inclusive practice in a care service	Summarise ways to promote equality, equity and diversity and ensure others work inclusively	Discuss the importance of promoting and supporting others with equality, equity, and diversity in social care, including how to make a care service more inclusive and how to challenge those not working inclusively in a way that promotes change	Evaluate the impact of promoting and supporting others with equality, equity, and diversity in social care, including how to make a care service more inclusive, and why it is important to challenge those not working inclusively to promote change

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
	5.4 How to support			
	others in promoting			
	equality, inclusion			
	and rights			
6. Understand the role of	6.1 How to meet	Describe how social	Explain what is meant	Evaluate the importance
the social care	individuals' needs	care practitioners can	by inclusive practice	of inclusive practice by
practitioner in relation	through inclusive	meet individuals' needs	and how social care	practitioners in social
to inclusive practice	practice	through inclusive	practitioners can meet	care, including the
		practice	individuals' needs	impact this approach
			through inclusive	can have on individuals'
			practice	needs

2. Understand legislation and codes of practice in relation to inclusive practice in social care settings

2.1 Legislation:

As related to equality, diversity, inclusion, human rights and discrimination, for example:

- Equality Act 2010
- Human Rights Act 1998
- Mental Capacity Act 2005
- Mental Health Act 2007
- Care Act 2014
- Autism Act 2009
- The Health and Social Care Act 2012
- Health and Care Act 2022
- 3. Understand the requirements of professional standards and codes of practice in relation to inclusive practice in social care
- 3.2 Others includes:
- colleagues
- 4. Understand dignity in social care

4.2 Individuals:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

4.2 Support Circles could include:

- family
- friends
- care professionals
- volunteers
- dementia groups
- brain injury survivor groups
- recovery groups
- community mental health groups
- spiritual, faith or religious groups

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

LO₃

3.2 Support others to understand the importance of equality, diversity and inclusion in social care

Assessed through simulated environment, role play, professional discussion.

LO4

4.3 Demonstrate how to maintain dignity of individuals they support, their families, carers and others

Assessed through observation of practice in real or simulated/classroom environment.

Unit 03 Duty of care (M/651/7276)

Unit summary

The learner will understand what is meant by 'duty of care' in social care, how to address related conflicts or dilemmas and support others to do so, and how to respond to comments or complaints. Learners will also be able to support individuals to have access to

drinks, food and nutrition and recognise risks in relation to this. Assessment This unit is internally assessed via a portfolio of evidence Mandatory Graded P/M/D Level 3 43 GLH

Loorning outcomes	Accessment exiteria	Pass	Morit	Distinction
Learning outcomes	Assessment criteria	- 0.00	Merit	
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:	5 " "		=
1. Understand what is	1.1 The purpose and	Describe the purpose	Explain the purpose and	Evaluate the purpose
meant by 'duty of	features of duty of	and features of duty of	features of duty of care,	and features of duty of
care' in social care	care	care in social care	including the impact of	care, including how
	1.2 The impact of not	Describe the impact of	non-adherence for	rights are promoted in
	adhering to duty of	not adhering to duty of	individuals, practitioners	social care services and
	care in social care	care in social care for	and social care	the impact and
	for the:	the individual, social	organisations within the	implications of non-
	• individual	care practitioners, and	care sector	adherence for
	social care	social care		individuals, practitioners
	practitioner	organisations		and social care
	•	organications		organisations within the
	social care			care sector
	organisation			care sector
	1.3 How rights are	Describe how to	Discuss how rights are	
	•	promote rights in social	promoted in social care	
	care services	care services	services.	
	1.4 The term informed	Describe what is meant	Explain what is involved	Analyse the legal
	consent	by informed consent	in establishing informed	requirements of
	1.5 The legal	Identify the legal		establishing informed
	9		II	
				-
			1	
		care and support		_
		Describe what is meant		Analyse the legal requirements of establishing informed consent, and the importance of supporting others with their understanding of how to establish this

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.6 Support others to understand how to establish informed consent when providing care and support	Describe how to support others to understand how to establish informed consent when providing care and support	attain informed consent when providing care	when providing care and support
Understand how to address conflicts or dilemmas that may arise between an individual's rights and duty of care	2.1 The types of conflicts or ethical dilemmas that may arise when balancing individual rights and duty of care	Describe the types of conflicts or ethical dilemmas that may arise when balancing individual rights and a duty of care	Explain why conflicts and ethical dilemmas may arise when balancing individual rights and a duty of care, including approaches to	Evaluate different approaches to resolving ethical dilemmas, including why conflicts and ethical dilemmas may arise when balancing individual
	2.2 How to work with individuals and others to manage conflicts and dilemmas related to duty of care effectively and achieve positive outcomes for individuals	Describe how to work effectively with individuals and others to manage conflicts and dilemmas related to duty of care and achieve positive outcomes	resolution, how to work with individuals and others to manage conflicts and achieve positive outcomes, and where to get support and advice about conflicts and dilemmas when needed	rights and a duty of care, the importance of working with individuals and others to manage conflicts and when to get support and advice about conflicts and dilemmas
	2.3 Where to get additional support and advice about conflicts and dilemmas	Identify where to get additional support and advice about conflicts and dilemmas		
	2.4 Approaches to resolving ethical dilemmas 2.5 Support others to address conflicts or	Summarise approaches to resolving ethical dilemmas Describe how to support others to address		
	dilemmas that may arise between an	conflicts or dilemmas that may arise between		

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	individual's rights and duty of care	an individual's rights and duty of care		
3. Know how to respond to comments and complaints	3.1 The social care practitioner's role in listening and responding to comments and complaints 3.2 The process to follow when receiving comments and complaints 3.3 The importance of empowering	Summarise the social care practitioner's role in listening and responding to comments and complaints Describe the process to follow when receiving comments and complaints Describe the importance of empowering	Explain the process social practitioners follow when listening and responding to comments and complaints, and why it is important to empower individuals and others to express comments and complaints within social care	Evaluate the social care practitioner's role in listening and responding to comments and complaints, including the process followed when receiving them and the importance of empowering individuals and others within social care to express complaints and
	individuals and others to express their comments and complaints	individuals and others within social care to express comments and complaints		comments
4. Understand the duty of care to ensure individuals have access to and, where applicable, support with fluids, food and nutrition	4.1 The different types of care and support needs individuals may have in relation to fluids, food and nutrition	Identify the different types of care and support needs individuals may have in relation to fluids, food and nutrition	Explain the importance of promoting health and wellbeing through supporting individuals' access to fluids, food and nutrition, including how this meets different	Evaluate the importance of supporting individuals' access to fluids, food and nutrition to meet different needs, including the duty of care held by social care

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Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	4.2 Potential implications of the failure of the duty of care to support needs in relation to fluids, food and nutrition for the: • individual • social care practitioner • organisation 4.3 Recognise individuals who are at risk after receiving the incorrect level of fluids, food and nutrition 4.4 Promote healthy eating and wellbeing by supporting individuals to have access to drinks, food and nutrition	Describe the potential implications of the failure of the duty of care to support needs in relation to fluids, food and nutrition for the: • individual • social care practitioner • organisation Describe how to recognise when individuals who are at risk after receiving the incorrect level of fluids, food and nutrition Describe how to promote healthy eating and wellbeing by supporting individuals to have access to drinks, food and nutrition	needs and the duty of care required by social care practitioners and organisations to ensure the correct provision of hydration and nutrition for individuals is met	practitioners and organisations, and the implications of failing to appropriately provide the correct levels of hydration and nutrition

1. Understand what is meant by 'duty of care' in social care

1.1 Individual:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

1.3 How rights are promoted:

• choice

- risk
- opportunity
- respect
- service provision to meet individual needs
- inclusion: individuals at the centre of planning
- support and review
- valuing diversity
- overcoming barriers
- empowerment
- access to comments and complaints procedures

1.6 Others:

In this context, others refers to colleagues.

2. Understand how to address conflicts or dilemmas that may arise between an individual's rights and the duty of care

2.1 Conflicts:

Tension between individual choice and risk which can arise from those choices.

2.1 Ethical dilemmas include:

- difficult decisions from social care practitioners to balance risk
- duty of care
- confidentiality
- managing own values
- risk taking
- rights versus responsibilities

2.5 Others in this context could include:

- family members
- carers
- colleagues
- 3. Know how to respond to comments and complaints

3.2 Process:

Refers to the workplace (or work placement) written procedure for dealing with comments and complaints.

- 4. Understand the duty of care to ensure individuals have access to and, where applicable, the correct support with fluids, food and nutrition
- 4.1 Types of care and support needs could include:
- individuals who need support to shop and cook independently
- · assisted feeding
- tube feeding
- special diet, for example, soft or liquid diet
- adaptive equipment (for example, slip mats, wide rimmed plates, specialist drinking cups)

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

LO₃

3.2 Process:

Following placement policies and procedures in a work or a simulated environment, research existing policies and procedures for how to deal with comments and complaints.

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Unit 04 Communication in social care (R/651/7277)

Held commons						
Unit summary						
In this unit, learners will understand communication in social care settings and legislation, policies, procedures and codes of practice						
relating to information mana	relating to information management. Learners will be able to demonstrate and promote excellent communication skills and effective					
recording and reporting	g. Learners will also be able to suppo	ort others to keep info	rmation safe and preserve confidentiality.			
Assessment						
This unit is internally assessed via a portfolio of evidence						
Mandatory	Graded P/M/D	Level 3	55 GLH			

			1.0	
Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
1. Understand	1.1 The purpose of	Describe the purpose	Explain the purpose and	Evaluate the principles
communication in	communication in	and importance of	importance of	of communication best
social care settings	social care settings	communication in social	communication in social	practice, including its
	1.2 The importance of	care and related settings	care and related	purpose and importance
	communication in	3	settings.	in social care and
	social care			related settings
	1.3 The principles of	Identify the principles of	Discuss the principles	
	best practice when	best practice when	and importance of best	
	communicating	communicating	practice when	
	verbally, non-	verbally, non-verbally	communicating	
	verbally and	and writing in digital or	verbally, non-verbally	
	writing in digital or	traditional methods	and writing in digital or	
	traditional methods		traditional methods	
	1.4 How to ensure	Describe how to ensure	Explain how to ensure	Evaluate the importance
	records and reports	reports and records are	reports and records are	of clear, timely and
	are clear, timely	clear, timely, sufficiently	clear, timely and	sufficiently detailed
	and sufficiently	detailed, and follow the	sufficiently detailed,	reports and record
	detailed	legal requirements for	including how this meets	keeping, and the
	1.5 Legal requirements	written and electronic	legal requirements for	implications of not
	for written and	reports and record	written and electronic	meeting legal
	electronic reports	keeping	reports and record	requirements for written
	and record keeping	Keeping	keeping	requirements for written
	and record keeping		Keeping	

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.6 Demonstrate and ensure that records and reports are clear, timely and sufficiently detailed			and electronic reports and record keeping
Understand how to support communication	2.1 The types of communication and language needs and preferences of individuals	Summarise the types of communication available to meet the language needs and preferences of individuals, looking at	Analyse the types of communication available to meet the language needs and preferences of individuals, including	Evaluate the effectiveness of communication types, how they meet the language needs and
	2.2 The factors that influence communication and interactions	factors that influence communication and interactions	how to address barriers to communication, how to reduce environmental barriers, access	preferences of individuals, including ways in which communication barriers
	2.3 How to address barriers to communication	Describe how to address barriers to communication	additional support and meet the needs of others	including environmental ones, can be reduced, the impact of promoting
	2.4 Reduce environmental barriers to communication	Identify how to reduce environmental barriers to communication		communication excellence to others and how additional support can enable individuals to
	2.5 How to communicate to meet the needs of others	Describe how to communicate effectively to meet the needs of others		communicate effectively
	2.6 How to access additional support or services to enable individuals to communicate effectively	Describe how to access additional support or services to enable individuals to communicate effectively		
	2.7 Use and facilitate methods of communication	Describe how to effectively use and facilitate methods of communication		

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Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
	preferred by the individual	preferred by the individual		
	2.8 Demonstrate and promote excellent communication skills to others	Describe how excellent communication skills can be demonstrated and promoted to others		
3. Understand legislation, policies, procedures and codes of practice relating to information management	3.1 The term confidentiality	Summarise what confidentiality means in relation to social care practice	Explain why confidentiality is important in relation to social care practice	Evaluate the role confidentiality plays within social care and the implications of not maintaining this
	3.2 The purpose of legislation, policies, procedures and codes of practice relating to the management of information	Identify legislation, policies, procedures and codes of practice that relate to the management of information	Explain the purpose and characteristics of policies, procedures and codes of practice that relate to the management of information	Evaluate the importance of policies, procedures and codes of practice that relate to the management of information and their impact within social care
	3.3 The relationship and potential tensions between maintaining confidentiality and the need to disclose information	Identify the relationship and potential tensions between maintaining confidentiality and the need to disclose information	Explain the relationship and potential tensions between maintaining confidentiality and the need to disclose information, including the impact of information	Analyse reasons for tensions between maintaining confidentiality and the need to disclose information, including the impact of information
	3.4 The impact if information is not kept confidential on: • individuals • social care practitioners • the organisation	Summarise the impact of information confidentiality not being kept on: individuals social care practitioners the organisation	disclosure on the individual, social care practitioner and the organisation	disclosure on the individual, social care practitioner and the organisation

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
4. Understand how to work in line with legislation, policies, procedures, and codes of practice relating to information management	4.1 How to ensure the security of data when accessing and storing records safely 4.2 How to ensure the security of data and preserve confidentiality when sharing information with relevant colleagues 4.3 How to maintain records 4.4 Support others to keep information safe and preserve confidentiality in accordance with	Describe how to preserve confidentiality and ensure the security of data when accessing and storing records, and when sharing information with relevant colleagues Describe how to appropriately maintain records and support others to keep information safe and confidential within agreed ways of working	Explain how to appropriately preserve confidentiality and ensure data security when accessing, storing and maintaining records and sharing information, including how to support others to follow agreed ways of working	Analyse the importance of following and supporting others with agreed ways of working relating to confidentiality and data security when accessing storing, maintaining and sharing information and records
	agreed ways of working			

1. Understand communication in social care settings

1.3 Verbally:

Communication using speech (tone, pitch, volume of speech).

1.3 Non-verbally:

Communication through body language, for example, facial expression, gestures, body position, use of sign language (for example, Makaton, British Sign Language (BSL)).

- 2. Understand how to support communication
- 2.4 Environmental barriers including:

- background noise
- visual overload
- location
- physical discomfort

2.7 Methods of communication including:

- sign language
- electronic aids
- face to face communication
- written communication
- online communication

Could also include:

Assistive living technology within communication:

- eye gaze devices
- voice recognition
- speech synthesisers

Other technologies:

- Artificial Intelligence (AI)
- virtual assistants
- alerting devices
- hearing loops

Digital communication tools:

- PC
- chatbots
- email
- forums
- smart phone/watch

- social media
- tablet
- telephone/text
- · technical platforms

2.7 Preferred by the individual:

According to the individual's language, cultural and sensory needs, wishes and preferences.

2.8 Excellent communication:

- clear and concise written and verbal communication
- suitable language
- non-verbal communication
- confirmation of understanding to individuals and others
- 4. Understand how to work in line with legislation, policies, procedures, and codes of practice relating to information management.

4.4 Agreed ways of working:

To include policies and procedures, job descriptions and less formal agreements, and expected practices.

Delivery and assessment guidance

Unit 05 The care and support planning process (T/651/7278)

Unit summary

In this unit learners will understand the care and support planning process including how to create, develop, monitor and review a care plan. Learners will be able to contribute to the development and ongoing review of care and support plans and support others to work in line with care and support plans. Learners will be able to respond to changes in the health and wellbeing of individuals and facilitate the specialist assessment of the needs of individuals with cognitive, sensory and physical impairments.

Assessment

This unit is internally assessed via a portfolio of evidence

Mandatory	Graded P/M/D	Level 3	34 GLH

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
1. Understand the care	1.1 The steps involved	Identify the steps	Explain the steps	Evaluate the steps and
and support planning	in the care and	involved in the care and	involved in the care and	characteristics of the
process	support planning	support planning	support planning	care and support
	process and their	process and describe	process, its associated	planning process,
	associated	their associated	characteristics, and the	including the impact of
	characteristics	characteristics	importance of	developing plans based
	1.2 How to create and	Describe how to create	developing plans based	on individual strengths,
	develop a care and	and develop a care and	on individual strengths,	needs and preferences
	support plan based	support plan based on	needs and preferences	·
	on individual	individual strengths,	·	
	strengths, needs	needs and preferences		
	and preferences			
	1.3 How the person-	Describe the differences	Explain the different	Evaluate the different
	centred care and	between the person-	roles involved in the	roles involved in the care
	support planning	centred care and	care and support	and support planning
	process differs from	support planning	planning process, their	process, including the
	other forms of	process and other forms	purposes, and how the	variances between the
	planning and	of planning and	person-centred care and	person-centred care and
	assessment within	assessment within the	support planning	support planning
	the care planning	care planning process	process can differ from	process, and why this
	process	care planning process	other forms of planning	can differ from other
	1.4 The purpose of	Identify the different	within social care	forms of planning within
	different	roles involved in the	With the social data	social care
	professional roles	care and support		Joolai Gaic
	professional roles	care and support		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	involved in the care and support planning process	planning process and summarise their purpose		
	1.5 The relationship between those involved in the care and support planning process, including:	Describe the relationship between professionals, individuals, families and wider support networks and their roles within the care and support planning process Summarise the value of involving the individual in care and support planning processes Describe how the care and support planning process might be influenced by personal beliefs and preferences	Analyse the importance of the relationship between professionals, individuals, families and wider support networks involved in the care and support planning process, including the value of involving the individual within this, and how personal beliefs and preferences can impact on care planning processes	Analyse the relationships between professionals, individuals, families and wider support networks and their importance within the care and support planning process, including the impact of involving individuals in this, and why personal beliefs and preferences influence care planning processes
	planning process 1.8 How the individual could be supported in the care and support planning process	Identify how the individual could be supported in the care and support planning process	Explain how the individual could be supported in the care and support planning process and the benefits of this	Evaluate the effectiveness of approaches to supporting individuals in the care and support planning process
	1.9 How to monitor, plan and review a care and support plan in response to	Identify how to plan, monitor and review a care and support plan in response to changes in individuals:	Explain how planning, monitoring and reviewing a care and support plan can	Evaluate how effective monitoring, planning and reviewing of care and support plans are in responding to an

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	changes in individuals:	physical needssocial needsemotional needsspiritual needs	effectively address changes in individuals: physical needs social needs emotional needs spiritual needs	individual's changing needs, including: • physical needs • social needs • emotional needs • spiritual needs
	1.10 Contribute to the development and ongoing review of care and support plans for individuals 1.11 Manage, monitor, report and respond to changes in the health and	Identify how to contribute to the development and ongoing review of care and support plans for individuals Describe how to manage, monitor, report and respond to changes in the health and	Explain how contributing to the development and ongoing review of care and support plans for individuals can support with the management, monitoring and reporting of changes in an individuals' health and wellbeing	Analyse the impact of contributing to the development and ongoing review of care and support plans for individuals, including how effective this is in facilitating the management, monitoring and reporting of changes
	wellbeing of individuals 1.12 Facilitate the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments	wellbeing of individuals Describe how to facilitate the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments	Explain how to facilitate the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments, and the importance of this	in an individuals' health and wellbeing Evaluate the impact and possible outcomes of facilitating the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.13 Support others to work with individuals in line with the individuals' personal care and support plan	Describe how to support others to work with individuals in line with the individuals' personal care and support plan	Explain the importance of supporting others to work with individuals in line with the individuals' personal care and support plan	Analyse the benefits of supporting others to work with individuals in line with the individuals' personal care and support plan, including the outcomes for individuals

1. Understand the care and support planning process

1.1 Care and support planning process:

The process of assessing the individuals' needs, wishes, choices and how these will be met including relevant documentation.

1.13 Others:

In this context, others refers to colleagues.

Delivery and assessment guidance

Unit 06 Person-centred approaches and risk assessments (Y/651/7279)

Unit summary				
In this unit learners will un	derstand the person-centred	d approach to care and the ro	ole of risk assessments in promoting person-	
centred approaches, choice	and independence. Learner	s will be able to encourage in	ndividuals to actively participate in the way their	
care and support is delivered	d and provide individuals wit	h information to enable them	to exercise choice on how they are supported.	
		Assessment		
This unit is internally assessed via a portfolio of evidence				
Mandatory	Graded P/M/D	Level 3	42 GLH	

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
1. Understand the	1.1 What is meant by a	Describe what is meant	Explain what is involved	Evaluate the impact of a
person-centred	'person-centred	by a 'person-centred	in a person-centred	person-centred
approach to care	approach'	approach' and how it	approach, including how	approach, including how
	1.2 How a person-	benefits individuals	it benefits individuals	it benefits individuals
	centred approach			
	benefits the			
	individual		· ·	
	1.3 The types of	Identify the types of	Discuss the types of	Evaluate the impact of
	information and	information and support	information and support	information and support
	support available to	available to individuals	available to individuals,	available to individuals
	individuals		including how this can	including their
	1.4 How to access	Describe how to access	be accessed and the	accessibility and
	information to	information to support	options available	benefits
	support individuals	individuals to exercise		
	to exercise choice	choice and the options		
	and the options	available		
	available			
	1.5 Carry out research	Describe how to carry	Explain how research	Analyse the impact of
	relevant to	out research relevant to	relevant to individuals'	research relevant to
	individuals' support	individuals' support	support needs can be	individuals' support
	needs and share	needs and share with	beneficial and shared	needs and the
	with others	others	with others	importance of sharing
				this with others

Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
	1.6 Encourage individuals to actively participate in the way their care and support is delivered	Describe ways to encourage individuals to actively participate in the way their care and support is delivered	Explain why it is important to provide individuals with information to enable them to exercise choice, actively participate in the	Evaluate the importance of providing individuals with information in relation to exercising choice, encouraging active participation in
	1.7 Provide individuals with information to enable them to exercise choice on how they are supported	Describe how to provide individuals with information to enable them to exercise choice on how they are supported	way their care and support is delivered, and ensure they know what they are agreeing to in terms of the ways in which they are	their own care, and understanding and agreeing to the care and support they will receive
	1.8 Ensure that individuals know what they are agreeing to regarding the way in which they are supported	Describe how to ensure that individuals know what they are agreeing to regarding the way in which they are supported	supported	
Understand the role of risk assessments in promoting person-	2.1 How risk assessments can be used to promote	Identify how risk assessments can be used to promote and	Explain how risk assessments can support with enabling	Analyse how effective risk assessments are in enabling choice,
centred approaches,	and enable	enable individuals'	choice, independence,	independence and
choice and independence	individuals' choice, independence and right to take risks	choice, independence and right to take risks	and support with person-centred approaches to care	supporting with person- centred approaches to care
	2.2 The importance of reviewing and updating individuals' risk assessments to	Summarise how reviewing and updating individuals' risk assessments can		
	prioritise a person- centred approach	support prioritising a person-centred approach		

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	2.3 When risk assessments should be reviewed and updated and who should be involved in the process 2.4 The importance of risk management and associated risks involved when empowering individuals 2.5 The types of tensions which can arise when balancing the rights of the individual against the social care practitioner's duty of care 2.6 How to manage risks when empowering individuals	Identify when risk assessments should be reviewed and updated and who should be involved in the process Describe the role of risk management and associated risks involved when empowering individuals Summarise examples of tensions which can arise when balancing the rights of the individual against the social care practitioner's duty of care Summarise how to manage risks when empowering individuals	Explain the role of risk management and associated risks involved when empowering individuals, including when risk assessment should be reviewed and updated and by whom, and instances where individuals' rights need to be balanced against possible risks	Analyse the impact of risk management in social care settings, including who should be involved, how this can empower individuals, and the implications of respecting an individual's rights against the need to keep them safe

1. Understand the person-centred approach to care

1.1 Person-centred approach:

This might include, but is not limited to:

- individuality
- rights
- choice
- privacy

- independence
- dignity
- respect
- partnership
- 2. Understand the role of risk assessments in promoting person-centred approaches, choice and independence

2.1 Choice:

Includes understanding the options and deciding between them.

2.1 Independence:

Social care often involves supporting the individual to do things for themselves.

2.1 Right to take risks:

Working towards independence may include taking risks.

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 07 Values and behaviours (F/651/7280)

Unit summary

In this unit learners will understand ethical principles in social care and the impact of ethical practice on individuals and organisations. In addition, learners will understand how to respond when asked to perform duties outside of normal responsibilities. Learners will be able to demonstrate empathy for individuals they support. Learners will also demonstrate courage in supporting individuals in ways that may challenge own cultural and belief systems.

Assessment

This unit is internally assessed via a portfolio of evidence

Mandatory Graded P/M/D Level 3 41 GLH

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
Understand ethical	1.1 The characteristics	Describe characteristics	Explain the	Analyse how ethics,
principles in social	of ethics, morals	of ethics, morals and	characteristics of ethics,	morals and values
care	and values	values	morals and values and	inform social care,
			their relevance in social	including the
			care	effectiveness of applied
	1.2 The types of ethical	Summarise types of	Explain how ethical	ethical theories to
	theories used in	ethical theories used in	theories can be applied	practice, including:
	social care,	social care, including:	in social care practice,	utilitarianism
	including:	utilitarianism	including:	virtue ethics
	utilitarianism	virtue ethics	utilitarianism	deontology
	virtue ethics	deontology	virtue ethics	decinology
		deontology		
	• deontology	Describe boy/te emply	deontology	
	1.3 The application of	Describe how to apply		
	ethical theories	ethical theories used in		
	used in social care,	social care, including:		
	including:	utilitarianism		
	 utilitarianism 	virtue ethics		
	virtue ethics	 deontology 		
	 deontology 			
	1.4 The core principles	Identify the core	Explain the core	Evaluate the importance
	of care values	principles of care values	principles of care values	of core principles of care
			and how this informs	values within social care
			social care	

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.5 How professional codes of conduct promote ethical practice within social care	Describe how professional codes of conduct promote ethical practice within social care	Analyse the impact of professional codes of conduct and their importance in promoting ethical practice within social care	Evaluate how effective professional codes of conduct are in the promotion of ethical social care practice
	1.6 The values known as the 6 Cs:	Summarise the values known as the 6 Cs:	Explain how the values known as the 6 Cs are used by social care practitioners	Evaluate the impact and effectiveness of applying the 6 Cs care values within social care practice
	1.7 Demonstrate empathy for individuals they support	Describe how empathy can be demonstrated when supporting individuals in social care	Explain how empathy can be demonstrated when supporting individuals in social care	Analyse the role empathy plays when supporting individuals in social care
Understand the impact of ethical practice on individuals and organisations	2.1 The impact of ethical practice on individuals and organisations	Identify the impact of ethical practice on individuals and organisations	Explain the impact of ethical practice on individuals and organisations	Evaluate the impact of ethical practice on outcomes for individuals and organisations
3. Understand how the social care practitioner's own values, beliefs and experiences can influence ethical	3.1 How the social care practitioner's own values, beliefs and experiences can influence ethical practice and delivery of care	Describe how the social care practitioner's own values, beliefs and experiences can influence ethical practice and delivery of care	Explain the role a social practitioner's own values beliefs and experiences play in ethical practice and care delivery, including when courage may be required in	Analyse how a social practitioners' own values, beliefs and experiences can influence ethical practice and care delivery, including why courage

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
practice and the delivery of care	3.2 Demonstrate courage in supporting individuals in ways that may challenge the social care practitioner's own cultural and belief systems	Describe how courage can be demonstrated when supporting individuals in ways that may challenge the social care practitioner's own cultural and belief systems	supporting individuals that may challenge the social care practitioner's own cultural and belief systems	may be needed in cases that challenge the social care practitioner's own cultural and belief systems, and the implications of this
Understand how to respond when asked to perform duties outside of normal responsibilities	4.1 The importance of appropriate training, experience and seniority within normal duties and responsibilities of the social care practitioner's role	Identify appropriate training, experience and seniority within normal duties and responsibilities of the social care practitioner's role	Explain the importance of appropriate training, experience and seniority within normal duties and responsibilities of the social care practitioner's role	Evaluate the importance of appropriate training, experience and seniority within normal duties and responsibilities of the social care practitioner's role
	4.2 How to take the initiative and respond when being asked to perform duties outside of normal duties and responsibilities	Describe how to respond when being asked to perform duties outside of normal duties and responsibilities	Explain how to take the initiative and respond appropriately when asked to perform duties outside of normal duties and responsibilities	Evaluate what responses would be appropriate and their implications when asked to perform duties outside of normal duties and responsibilities
	4.3 Sources of support available to social care professionals when performing duties outside of normal responsibilities	Identify sources of support available to social care professionals when performing duties outside of normal responsibilities	Explain how sources of support available to social care professionals can be effective when performing duties outside of normal responsibilities	Evaluate how effective and impactful selected sources of support can be when performing duties outside of normal responsibilities

- 1. Understand ethical principles in social care
- 1.1 Characteristics:

Defining features and principles. Must include:

- the four main principles of ethics:
 - autonomy
 - beneficence
 - justice
 - o non-maleficence

1.6 Individuals:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

2. Understand the impact of ethical practice on individuals and organisations

2.1 Impact

The benefits to individuals and organisations of ethical practice, for example:

- improved outcomes for individuals
- increased trust and confidence in the system
- better overall health and wellbeing for individuals

Delivery and assessment guidance

Unit 08 Advocacy in social care (H/651/7281)



Unit summary				
In this unit learners will under	In this unit learners will understand the role of advocacy in social care and models used. Learners will also understand the role of an			
	advocate and their role in safeguarding.			
		Assessment		
This unit is internally assessed via a portfolio of evidence				
Mandatory	Graded P/M/D	Level 3	20 GLH	

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
1. Understand the role of	1.1 The term 'advocacy'	Describe what is meant	Explain the importance	Evaluate the importance
advocacy in social	1.2 The key principles	by advocacy and outline	of advocacy and	of advocacy and its key
care	underpinning	its key underpinning	analyse its key	underpinning principles
	advocacy	principles	underpinning principles	
2. Understand models of	2.1 The relationship	Summarise the	Explain the relationship	Analyse the relationship
advocacy	between models of	relationship between	and differences between	and differences between
	advocacy	models of advocacy	models of advocacy	models of advocacy,
				including their
				effectiveness
3. Understand the role of	3.1 The roles and	Summarise the roles	Analyse the roles and	Evaluate the importance
an advocate in health	responsibilities of an	and responsibilities of	responsibilities of an	of an advocate, their
and social care	advocate	an advocate, the skills	advocate, including the	role and responsibilities,
	3.2 When an advocate	they require, and when	skills required and why	the circumstances in
	may be required	an advocate may be	an advocate may be	which they may be
	3.3 The skill	needed	needed and how they	required, and the impact
	requirements of an		can be effective	they may have
	effective advocate			
	3.4 The impact of	Describe the impact of	Explain the impact of	Evaluate the impact of
	relevant social care	standards on the work of	standards on the work of	standards on the work of
	standards on the	an advocate	an advocate	an advocate
	work of an advocate			
4. Understand the role of	4.1 The role of	Describe the role of	Analyse the relationship	Evaluate the relationship
advocacy in relation	advocacy in relation	advocacy in relation to	between advocacy and	between advocacy and
to safeguarding	to safeguarding	safeguarding	safeguarding	safeguarding and their
				roles within social care

- 2. Understand models of advocacy
- 2.1 Models of advocacy could include:
- self-advocacy
- peer advocacy
- volunteer advocacy/citizen advocacy
- professional/independent advocacy/statutory advocacy
- case advocacy
- paid independent advocacy

Delivery and assessment guidance

Unit 09 Safeguarding in social care (J/651/7282)

Unit summary

In this unit learners will understand safeguarding, factors that may contribute to an individual being vulnerable to harm or abuse and signs of abuse. In addition, the unit provides the knowledge and skills in relation to the lines of reporting, recording and responsibility in relation to safeguarding, the national and local strategies for safeguarding, how to recognise and respond to suspected harm or abuse and the importance and process of whistleblowing.

Assessment

This unit is internally assessed via a portfolio of evidence.

Mandatory Graded P/M/D Level 3 80 GLH

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
1. Understand	1.1 The principles of	Summarise the	Explain how the	Analyse the principles of
safeguarding	'safeguarding'	principles of	principles of legislation,	legislation, policies and
		safeguarding	policies and procedures	procedures in relation to
	1.2 How does	Describe how	in relation to	safeguarding, including
	safeguarding:	safeguarding values	safeguarding help	their role in protecting
	 keep individuals 	individuals' needs and	protect children and	children and young
	safe	keeps individuals safe	young people, and	people, and adults and
	• value		adults and those	those involved in their
	individuals'		involved in their care	care
	needs			
	1.3 How social care	Describe the steps		
	practitioners can	social care practitioners		
	take steps to	can take to safeguard		
	safeguard	themselves		
	themselves			
	1.4 The principles of	Identify the principles of		
	legislation, policies	legislation, policies and		
	and procedures in	procedures in relation to		
·	relation to the	the safeguarding and		
	safeguarding and	protection of children		
	protection of:	and young people, and		
	children and	adults		
	young people			
	• adults			
	- addito			

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
2. Understand factors that may contribute to an individual being vulnerable to harm or abuse	2.1 Factors that may contribute to an individual being vulnerable to harm or abuse	Identify factors that may contribute to an individual being vulnerable to harm or abuse	Explain factors that may contribute to an individual being vulnerable to harm or abuse	Analyse the factors that may contribute to an individual being vulnerable to harm or abuse and ways to mitigate these
3. Know signs, symptoms, indicators and behaviours that may cause concern	3.1 Signs, symptoms, indicators and behaviours that may cause concern relating to:	Describe signs, symptoms, indicators and behaviours that may cause concern relating to forms of abuse and neglect (as identified in AC3.1)	Explain the processes involved in recognising signs, symptoms and indicators of abuse and how to support colleagues with this within agreed ways of working	Evaluate processes involved in recognising signs, symptoms and indicators of abuse, including the importance of supporting colleagues with this within agreed ways of working
	3.2 Recognise potential signs of abuse according to agreed ways of working	Identify the possible signs of abuse according to agreed ways of working		
	3.3 Support others to recognise and respond to potential signs of abuse according to agreed ways of working	Describe how to support others within agreed ways of working to recognise and respond to potential signs of abuse		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
4. Understand the lines of reporting, recording and responsibility in relation to the safeguarding, protection and welfare of individuals	4.1 The lines of reporting, recording and responsibility in relation to the safeguarding, protection and welfare of individuals	Summarise the lines of reporting, recording and responsibility in relation to safeguarding, protection and welfare	Explain how to respond to potential signs of abuse within agreed ways of working, including the lines of reporting, recording and the boundaries of	Evaluate the effectiveness of approaches to recognising and responding to potential signs of abuse within agreed ways of working,
	4.2 Respond to potential signs of abuse according to agreed ways of working	Describe how to respond to potential signs of abuse according to agreed ways of working	confidentiality in relation to safeguarding responsibilities	including the lines of reporting, recording and the boundaries of confidentiality in relation to safeguarding
	4.3 The boundaries of confidentiality in relation to the safeguarding, protection and welfare of individuals	Identify and summarise the boundaries of confidentiality in relation to the safeguarding, protection and welfare of individuals		responsibilities
5. Understand the role and responsibilities of the social care practitioner in relation to safeguarding individuals	5.1 The role and responsibilities of the social care practitioner in relation to safeguarding individuals	Identify the role and responsibilities of the social care practitioner in relation to safeguarding individuals	Explain the role and responsibilities of the social care practitioner in relation to safeguarding individuals, including how to recognise and respond	Evaluate the role and responsibilities of the social care practitioner in relation to safeguarding individuals, including why it is important to recognise
	5.2 How to recognise, respond to, report and prevent unsafe safeguarding practices in the workplace	Describe how to recognise, respond to, report and prevent unsafe safeguarding practices in the workplace	to unsafe working practices	and respond appropriately to unsafe working practices

Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
6. Understand the	6.1 The principles of	Identify the principles of	Explain the principles of	Evaluate the principles
national and local	national and local	national and local	national and local	and importance of
strategies for	frameworks for	frameworks for	frameworks for	national and local
safeguarding and	safeguarding and	safeguarding and	safeguarding and	frameworks for
protection from abuse	protection from abuse	protection from abuse	protection from abuse	safeguarding and protection from abuse
7. Understand how to	7.1 The types of	Identify the types of	Explain the actions to	Analyse the role and
respond to suspected	national and local	national and local	take in cases of	impact of local and
harm or abuse	strategies and	strategies and	suspected or disclosed	national strategies and
	associated agencies	associated agencies	harm and/or abuse,	partnership working with
	which may be	which may be involved	including how working in	external agencies in
	involved in reporting	in reporting harm or	partnership with external	reporting and
	harm or abuse	abuse	agencies and in relation	responding to suspected
	7.2 The roles of	Describe the roles of	to local and national	or disclosed harm
	agencies when	agencies when	strategies can support in	and/or abuse of children
	responding to	responding to suspected	reporting and	and young people, and
	suspected harm or	harm or abuse of	responding to concerns	adults
	abuse of:	children and young	of abuse	
	children and	people, and adults		
	young people			
	• adults			
	7.3 Actions to take if	Describe the actions to		
	harm or abuse is	take if harm or abuse is		
	suspected and/or	suspected and/or		
	disclosed for:	disclosed for children		
	children and	and young people, and		
	young people	adults		
	adults 7.4 Week in north analying	Describe how to an array		
	7.4 Work in partnership	Describe how to engage		
	with external	in partnership working		
	agencies to respond to concerns of abuse	with external agencies to respond to concerns		
	to concerns or abuse	of abuse		
		บเ สมนอย		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
8. Understand how to access additional support and information in relation to safeguarding and protection	8.1 Sources of support and information in relation to safeguarding and protection of: • children and young people • adults 8.2 How to access support and information in relation to safeguarding and protection	Identify sources of support and information in relation to safeguarding and protection of children and young people, and adults Describe how to access support and information in relation to safeguarding and protection	Explain how sources of support and information can be accessed to assist in the safeguarding and protection of children and young people, and adults	Analyse sources of support and information, how to access them and their impact on the safeguarding and protection of children and young people, and adults
9. Understand the purpose of safeguarding reviews	9.1 Why safeguarding reviews are required, such as: Child Safeguarding Practice Reviews Safeguarding Adults Reviews	Summarise why safeguarding reviews are required, such as Child Safeguarding Practice Reviews and Safeguarding Adults Reviews	Explain the importance safeguarding reviews such as Child Safeguarding Practice Reviews and Safeguarding Adults Reviews	Evaluate the impact of safeguarding reviews such as Child Safeguarding Practice Reviews and Safeguarding Adults Reviews
10. Understand the importance and process of whistleblowing	10.1 The term whistleblowing and when it is necessary	Describe what is meant by whistleblowing	Explain the process of whistleblowing within a social care setting, including their	Analyse whistleblowing processes and the practitioners' responsibilities in
	10.2 The process of whistleblowing within a social care setting	Summarise the process of whistleblowing within a social care setting	importance in relation to safe practice and the responsibilities of social care practitioners, and	relation to safe practice within a social care setting, including the implications and
	10.3 The importance of whistleblowing and the external support available	Describe the importance of whistleblowing and the external support	the implications of not raising issues through whistleblowing	potential impact of not following the process of whistleblowing

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
	throughout this	available throughout this		
	process	process		
	10.4 Potential	Identify the potential		
	implications if	implications if issues are		
	issues are not	not raised using the		
	raised using the	whistleblowing process		
	whistleblowing			
	process			
	10.5 The responsibilities	Describe the		
	of the social care	responsibilities of the		
	practitioner in	social care practitioner		
	relation to	in relation to		
	whistleblowing	whistleblowing		
	10.6 Recognise, report,	Describe how to		
	respond to and	recognise, report,		
	record unsafe	respond to and record		
	practices and	unsafe practices and	The state of the s	
	encourage others	encourage others to do		
	to do so	so		

1. Understand safeguarding

1.1 Principles:

The beliefs which underpin safeguarding practices, for example, the six principles of safeguarding embedded within the Care Act 2014:

- empowerment
- prevention
- proportionality
- protection
- partnership
- accountability
- 2. Understand factors that may contribute to an individual being vulnerable to harm or abuse

2.1 Factors:

Refers to the individual's circumstances or influences which make them vulnerable to harm or abuse.

Examples may include, but are not limited to:

- a setting or situation
- the individual and their care and support needs
- social isolation and exclusion
- 5. Understand the role and responsibilities of the social care practitioner in relation to safeguarding individuals

5.2 Recognise:

Refers to identifying signs of abuse.

5.2 Respond to:

Refers to doing something about the signs of abuse.

5.2 Report:

Refers to notifying senior staff and recording concerns in writing.

Delivery and assessment guidance

Unit 10 Mental health and wellbeing (K/651/7283)

Unit summary

In this unit learners will understand mental health and mental ill-health, how to promote and support mental health and wellbeing, factors which impact mental health and wellbeing and how to manage stress in self and others. Learners will be able to demonstrate how to promote the mental health and wellbeing of individuals and support others to do so.

Assessment This unit is internally assessed via a portfolio of evidence. **Mandatory** Graded P/M/D Level 3 57 GLH

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
Understand mental	1.1 The following	Describe what mental	Explain the impact of	Evaluate the impact of
health and mental ill-	terms:	health, mental ill-health and	mental health and	mental health and
health	 mental health 	wellbeing means	types of mental ill-	types of mental ill-
	mental ill-		health on individuals	health on individuals
	health		and others in the	and others, including
	wellbeing		context of medical	this in the context of
	1.2 Legislation and	Identify legislation and policy	classifications and	public attitudes towards
	policy in relation to	in relation to mental health	mental and social	mental ill-health,
	mental health and	and wellbeing	models of distress, and	medical classifications
	wellbeing		public attitudes towards mental ill-health	and mental and social models of distress
	1.3 The difference	Describe differences	mentai iii-neatti	models of distress
	between the	between the medical model		
	medical model and	and social model to mental		
	social model to	distress		
	mental distress			
	1.4 Types of mental ill-	Identify types of mental ill-		
	health	health		
	1.5 How mental ill-	Summarise how mental ill-		
	health affects	health affects emotions,		
	emotions, thinking and behaviour	thinking and behaviour		
	1.6 Medical	Summarise medical		
	classification of	classifications of mental		
	mental health	health disorders		
	disorders	Tieaitii distruers		
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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.7 The impact mental ill-health can have on individuals and others	Describe the impact mental ill-health can have on individuals and others		
	1.8 The impact of positive and negative public attitudes towards mental ill-health	Identify the impact of positive and negative public attitudes towards mental ill-health		
Understand how to promote and support mental health and wellbeing	2.1 The impact of early intervention in promoting an individual's mental health and wellbeing 2.2 How an individual can promote their own mental health and wellbeing 2.3 How to support an individual to promote own mental health and wellbeing	Identify how early intervention can impact on promoting an individual's mental health and wellbeing Describe how an individual can promote their own mental health and wellbeing, and how to support them with this	Explain the impact of early intervention and local and national strategies to promote mental health and wellbeing, including how individuals can promote their own mental health and wellbeing, engage with wider available support, and how to assist others with promoting mental health among the	Evaluate the effectiveness of local and national strategies and early interventions in supporting individuals with mental health and wellbeing, including examples of support available, approaches to mental health and wellbeing awareness and promotion with individuals and their wider support networks
	2.4 The support available for mental health and wellbeing to individuals and others	Identify examples of mental health and wellbeing support available to individuals and others	individuals they work with and care for	
	2.5 The principles of local and national strategies to promote mental	Summarise principles of local and national strategies to promote mental health and wellbeing		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	health and wellbeing			
Understand factors which impact mental health and wellbeing	3.1 Factors which impact mental health and wellbeing	Identify factors that can impact on mental health and wellbeing	Explain factors which impact mental health and wellbeing and methods to promote the mental health and wellbeing of individuals	Evaluate methods to promote the mental health and wellbeing of individuals, including their effectiveness in addressing factors which impact mental health and wellbeing
	3.2 Demonstrate how to promote the mental health and wellbeing of individuals	Describe how to promote the mental health and wellbeing of individuals	Explain ways to support others to promote the mental health and wellbeing of the individuals they	Evaluate methods to support others to promote the mental health and wellbeing of the individuals they
	3.3 Support others where appropriate to promote the mental health and wellbeing of the individuals they support	Describe ways to support others to promote the mental health and wellbeing of the individuals they support where appropriate	support where appropriate.	support where appropriate
Understand how to manage stress, anxiety and burnout in self and others	4.1 Indicators of stress, anxiety and burnout in self and others	Summarise the indicators of stress, anxiety and burnout in self and others	Explain indicators of stress, anxiety and burnout, key factors that can trigger these,	Evaluate methods of addressing stress, anxiety and support options available,
	4.2 Factors that can trigger stress, anxiety and burnout in self and others	Identify key factors that can trigger stress, anxiety and burnout in self and others	their effects on self and behaviours towards others, and methods to mitigate this including methods to sustain a	including their effectiveness in addressing the key indicators, triggers, and effects of stress,
	4.3 How stress, anxiety and burnout may affect own reactions and	Describe how anxiety and burnout may affect own reactions and behaviours towards others	positive attitude towards stress and accessing support	anxiety and burnout on self and others

Learning outcomes	Assessment criteria	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
(LOs) The learner will:	(AC) The learner can:	The learner will be able to.	The learner will be able to.	The learner will be able to.
The learner will.	behaviours towards others			
	4.4 Methods available to develop and sustain a positive attitude towards stress in self and others	Identify methods of developing and sustaining a positive attitude towards stress in self and others		
	4.5 How to access a range of support options	Summarise how to access a range of support options		

1. Understand mental health and mental ill-health

1.2 Legislation:

Refers to current and relevant legislation at the time of delivery and could include how legislation influences current working practices.

Mental health-related legislation could include:

- Mental Health Act 1983
- Mental Capacity Act 2005
- Mental Health Amendment Act 2007
- Care Act 2014 which requires local authorities to assess social care needs for people with mental and/or physical illness and/or disabilities

1.2 Policy could include:

- NHS Long Term Plan 2019
- NHS Community Mental Health Framework 2019
- Advancing Mental Health Equalities Strategy 2020
- National Disability Strategy 2021
- National Partnership Agreement: Right Care, Right Person 2023
- Suicide Prevention Strategy for England: 2023 to 2028

- Major Conditions Strategy
- NHS Workforce Plan 2023
- NHS Five Year Forward View 2014
- The Five Year Forward View for Mental Health 2016
- Stevenson/Farmer 'Thriving at Work' Review 2017

1.6 Medical classification:

International Classification of Diseases (ICD), Diagnostic and Statistical Manual of Mental Disorders (DSM)

1.7 Impact:

- · relationships with family, friends and community
- education
- employment
- finances
- physical health

Examples may include, but are not limited to:

- inequalities
- poor quality social relationships

1.7 Others:

Examples may include, but are not limited to:

- parents/carers
- family
- friends

1.8 Positive:

- increased support for individuals with anxiety and depression
- increased awareness through social media and/or TV

Negative:

For example, stigma towards some lesser understood mental health disorders such as psychosis and personality disorders

2. Understand how to promote and support mental health and wellbeing

2.2 Individual:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

2.2 Promote could include:

- ensuring healthy lifestyle
- socialising in person opposed to online
- limiting use of screentime
- engaging in personal interests
- social prescribing

2.4 Support could include:

- GP services
- named support individual
- referral to day services
- increased support to access leisure activities

2.5 Local strategies:

From learner's area, for example, Sheffield Mental Health and Emotional Wellbeing Strategy

2.5 National strategies could include:

- NHS Long Term Plan
- NHS Community Mental Health Framework 2019
- 3. Understand factors which impact mental health and wellbeing
- 3.1 Factors could include:
- biological factors (genetics, sleep deprivation)

- psychological (belief systems, traumatic life experiences, resilience)
- social (relationships, housing, poverty)

Delivery and assessment guidance

Unit 11 Health and safety in social care (L/651/7284)

Unit summary

In this unit learners will understand the different responsibilities relating to health and safety in social care settings, risk assessments, procedures for responding to accidents and sudden illness, how to move and handle individuals and equipment safely, how to promote environmental safety procedures in the social care setting and how to handle and store medication and food safely.

Learners will be able to develop risk assessments and demonstrate how to use risk assessments to perform a task safely.

Assessment

This unit is internally assessed via a portfolio of evidence.

Mandatory Graded P/M/D Level 3 100 GLH

Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
1. Understand the	1.1 The legislation	Identify legislation	Explain examples of	Evaluate the impact and
different	relating to health	relating to health and	health and safety	importance of health
responsibilities	and safety in a	safety in a social care	legislation in a social	and safety legislation in
relating to health and	social care setting	setting	care setting in the	a social care setting in
safety in social care	1.2 How health and	Describe how staff and	context of how this	the context of how this
settings	safety policies and	service users in social	relates to policies and	relates to policies and
	procedures protect	care settings are	procedures and the	procedures and the
	staff and service	protected by health and	responsibilities of those	responsibilities of those
	users in social care	safety policies and	working within social	working within social
	settings	procedures	care	care
	1.3 The relationship	Summarise the		
	between the health	relationship between the		
	and safety	health and safety		
	responsibilities of:	responsibilities of the		
	 the social care 	social care worker,		
	worker	employer or manager		
	 the employer or 	and others within social		
	manager	care settings		
	• others in the			
	social care			
	setting			
	1.4 Situations in which	Identify situations in	Explain examples of	Analyse the
	the responsibility for	which the responsibility	when the responsibility	circumstances in which
	health and safety		for health and safety lies	

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
THE ISAMIS	lies with the individual 1.5 Specific tasks which should only be carried out with special training	for health and safety lies with the individual Identify specific tasks relating to social care which should only be carried out with special training	social care tasks which require special training before delivery, including how to access health and safety support and information	an individual is responsible for their health and safety, or when specific tasks require special training for those delivering care, including how additional support can be accessed when required
	1.6 How to access additional support and information relating to health and safety	Describe how to access additional support and information relating to health and safety		
Understand risk assessments and their importance in relation to health and safety	 2.1 Why it is important to assess health and safety risks 2.2 The steps involved in carrying out a risk assessment 2.3 How to address potential health and safety risks identified 2.4 How risk assessment can 	Describe the importance of assessing health and safety risks Summarise the steps involved in carrying out a risk assessment Describe how to address potential health and safety risks identified Describe how risk assessment can help	Discuss the importance of health and safety risk assessments in social care, including the steps involved in carrying them out, how to assess an individual's rights against risks, and how to promote health and safety within the social care setting	Evaluate the role of health and safety risk assessments in social care, including examples of their impact, the tensions between identifying risks and an individual's rights, and the importance of health and safety promotion within care settings
	help address dilemmas between an individual's rights and health and safety concerns 2.5 How to promote health and safety within the social care setting	address dilemmas between an individual's rights and health and safety concerns Describe ways to promote health and safety within the social care setting		

Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
3. Understand procedures for responding to accidents and sudden illness	3.1 Different types of accidents and sudden illness that may occur in a social care setting 3.2 Procedures to be followed if an accident or sudden illness should occur 3.3 Why it is important for emergency first aid tasks only to be	Identify examples of different types of accidents and sudden illness that may occur in a social care setting Describe the procedures that should be followed when an accident or sudden illness occurs Summarise why it is important for emergency first aid tasks only to be	Explain how procedures are followed in relation to different accidents and illnesses, discussing the importance of first aid training, and the impact of not following emergency first aid procedures and associated consequences	Analyse the processes followed in care settings and their impact in responding to accidents and illnesses, including the consequences of not following first aid procedures
	carried out by suitably trained first aiders 3.4 The impact of failing to follow emergency first aid procedures and associated consequences	carried out by suitably trained first aiders Describe the impact of failing to follow emergency first aid procedures and associated consequences		
Understand how to move and handle individuals and equipment safely	4.1 The main points of legislation that relate to moving and handling 4.2 How following principles for safe	Identify and outline the main points of legislation that relate to moving and handling Describe how following safe moving and	Explain the main points of legislation that relate to moving and handling Explain safe moving and handling principles and	Evaluate the effectiveness of safe moving and handling in protecting those in social care from injury or harm, including
	moving and handling protects those in the social care setting from injury or harm	handling principles protects those in the social care setting from injury or harm	their importance in protecting those in social care from injury or harm, and the situations that may require	situations when it would be suitable to use additional equipment for safer moving and handling in relation to

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	4.3 The types of situations that may require additional equipment necessary for safer moving and handling	Identify the types of situations that may require additional equipment necessary for safer moving and handling	additional equipment necessary for safer moving and handling	moving and handling legislation
	4.4 Why it is important for moving and handling tasks to be carried out following specialist training 4.5 Develop risk assessments which are person-centred ensuring safety of the individual	Summarise why it is important for moving and handling tasks to be carried out following specialist training Describe how to produce person-centred risk assessments that ensure the safety of the individual	Explain how to produce person-centred risk assessments to ensure an individual's safety when performing a task, including examples of when specialist training is needed for assisting and moving individuals and how to minimise risk	Evaluate the role and impact of person-centred risk assessments in performing tasks safely and ensuring the safety of individuals, including the possible consequences of assisting and moving an
	4.6 Demonstrate how to use risk assessments to perform a task safely	Describe examples of how to use risk assessments to perform a task safely		individual without specialist training
	4.7 The impact of assisting and moving an individual without specialist training and the potential consequences	Describe the impact of assisting and moving an individual without specialist training and the potential consequences of this	Discuss the impact and consequences of assisting and moving an individual without specialist training	

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	4.8 The impact and consequences of not following an individual's care plan or fully engaging with them when assisting and moving an individual	Describe the impact and consequences of not following an individual's care plan or fully engaging with them when assisting and moving an individual	Explain the impact and consequences of not following an individual's care plan or fully engaging with them when assisting and moving an individual	Evaluate the impact and consequences of not following an individual's care plan or fully engaging with them when assisting and moving an individual
5. Understand how to handle hazardous substances	5.1 Types of hazardous substances that may be found in the social care setting	Identify types of hazardous substances that may be found in the social care setting	Explain different types of hazardous substances that may be found in the social care setting and how they should be managed	Evaluate the importance of practitioners being able to identify and adhere to processes regarding hazardous substances found in social care settings
	 5.2 Why medication is a hazardous substance 5.3 Safe practices for: storing hazardous substances using hazardous substances disposing of hazardous substances 	Summarise why medication is a hazardous substance Identify safe practices for using, storing and disposing of hazardous substances	Explain safe practices for using, storing and disposing of hazardous substances and the dangers that can arise from failing to follow safe practices	Evaluate the importance of safe practices to minimise associated dangers when using, storing and disposing of hazardous substances and medication
	5.4 The dangers associated with not following safe practices	Describe the dangers associated with not following safe practices		
6. Understand how to promote environmental safety	6.1 Procedures to be followed in the social care setting to prevent:	Describe the relevant procedures to be followed in the social care setting to prevent	Explain the relevant procedures to be followed in the social care setting to prevent	Analyse the effectiveness of relevant procedures to be followed in the social

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
procedures in the social care setting	firegas leakfloodsintrudingsecurity breach	different potential hazards (as identified in 6.1)	different potential hazards (as identified in 6.1)	care setting to prevent different potential hazards (as identified in 6.1) and the impact of not following relevant procedures
	6.2 How to ensure others adhere to environmental safety procedures	Describe how to ensure others adhere to environmental safety procedures	Explain the impact of ensuring others adhere to environmental safety procedures	Evaluate the importance of ensuring others adhere to environmental safety procedures
	6.3 The importance of having an emergency plan in place to respond to unforeseen incidents	Summarise the purpose of having an emergency plan in place to respond to unforeseen incidents	Explain the importance of having an emergency plan in place to respond to unforeseen incidents, including fire safety procedures and how to support others with these where applicable	Evaluate the impact of emergency planning in relation to unforeseen incidents and fire safety, including the importance of supporting others with these where applicable
7. Understand procedures regarding handling medication	7.1 Current legislation which relates to safe handling of medication 7.2 Agreed procedures	Identify current legislation which relates to safe handling of medication Summarise agreed	Explain agreed procedures for handling medication in relation to current legislation, including why it is	Evaluate the effectiveness of agreed procedures for handling medication, including how they relate to
	for handling medication 7.3 Why medication must only be handled following specialist training 7.4 The impact and consequences of	procedures for handling medication Summarise why medication must only be handled following specialist training Describe the impact and consequences of	important medication must only be handled following specialist training	legislation and the consequences of handling medication without specialist training or outside current legislation
	handling medication without specialist training or outside current legislation	handling medication without specialist training or outside current legislation		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
8. Understand how to handle and store food safely	8.1 The main points of food safety standards in a social care setting 8.2 How to: • store food • maximise hygiene when handling food • dispose of food	Summarise the main points of food safety standards in a social care setting Describe how to maximise hygiene when storing, handling and disposing of food	Explain the main points of food safety standards in a social care setting, including the importance of following food safety standards	Evaluate the importance of food safety standards in a social care setting, including the potential consequences of not following food safety standards
	8.3 The potential consequences of not following food safety standards	Summarise the potential consequences of not following food safety standards		

1. Understand the different responsibilities relating to health and safety in social care settings

1.1 Legislation includes:

- Health and Safety at Work etc. Act 1974
- Management of Health and Safety at Work Regulations 1999
- The Personal Protective Equipment at Work Regulations 1992
- Manual Handling Operations Regulations 1992
- RIDDOR 1995 (on reporting incidents at work)

1.2 Policies and procedures:

Written statements of principles which underpin procedures. This may include other agreed ways of working as well as formal policies and procedures, for example, step by step 'how to' instructions.

1.3 Others:

In this context, others refers to service users and visitors to the workplace.

1.4 Individual:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

1.5 Tasks:

Designated work activities.

These may include, but are not limited to:

- use of specific equipment
- first aid
- medication
- health care procedures
- food handling and preparation
- 2. Understand risk assessments and their importance in relation to health and safety

2.4 Dilemmas:

In this context the tension between rights and risks.

3. Understand procedures for responding to accidents and sudden illness

3.4 Impact:

How individuals, social care staff, managers and organisations may be affected by failing to follow emergency procedures.

4. Understand how to move and handle individuals and equipment safely

4.1 Legislation:

Main points from moving and handling legislation, for example:

- Manual Handling Operations Regulations 1992 (amended 2002)
- Health and Safety at Work etc. Act 1974
- The Management of Health and Safety at Work Regulations 1999
- Provision and Use of Work Equipment Regulations 1998 (PUWER)

4.2 Additional equipment could include:

- hoists
- slings
- frames to enable mobility
- slide sheets
- transfer boards used to assist in moving from and to different furniture (for example, seat to wheelchair)
- turntables used to assist in turning individuals around
- electric profiling beds
- wheelchairs
- handling belts
- lifting cushions used to assist people to get up from the floor or bath
- bed levers, support rails/poles
- emergency evacuation equipment
- suitable walking aids, hand-rails
- bariatric equipment

4.8 Care plan should include:

- Individualised statement of how the individual should be safely moved and handled, for example, when to use a hoist.
- 6. Understand how to promote environmental safety procedures in the social care setting

6.3 Emergency plan:

Written procedure for how to deal with common or life-threatening emergencies in the workplace.

- 7. Understand procedures regarding handling medication
- 7.1 Legislation could include:
- Misuse of Drugs Act 1971
- Human Medicines Regulations 2012
- Medicines Act 1968
- Hazardous Waste Regulations 2005 (updated medicines disposal methods)
- Psychoactive Substances Act 2016

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 12 Prevention and control of infection (M/651/7285)

Unit summary				
In this unit learners will understand how to reduce the spread of infection and the role of wound care in preventing infection.				
	Learners will be able to demonstrate the correct procedure for hand hygiene			
	Asses	ssment		
This unit is internally assessed via a portfolio of evidence.				
Mandatory	Graded P/M/D	Level 3	28 GLH	

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand how to reduce the spread of infection	 1.1 The chain of infection: pathogen reservoir portal of exit means of transmission portal of entry susceptible host 1.2 The routes by which an infection can get into the body 1.3 Why some individuals are more vulnerable to infection than others 1.4 The following infection prevention methods: 	Summarise the key points in the chain of infection (as identified in AC1.1) Identify the routes by which an infection can get into the body Describe why some individuals are more vulnerable to infection than others Identify and describe infection prevention measures (as identified	Explain the chain of infection, including the routes infection can enter the body, why some individuals might be more vulnerable, and the range of protective measures that can be taken to prevent the spread of infection	Analyse the different protective measures that can be taken to prevent the spread of infection, including examples of how they relate to the chain of infection and why some individuals are more vulnerable to infection than others
	hand hygieneown personal hygiene	in AC1.4)		

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
	hygiene of			
	relevant tools			
	and equipment			
	 encouraging the 			
	individual's			
	personal			
	hygiene	D " ""		
	1.5 The different types	Describe different types		
	of personal	of PPE and how they		
	protective	can prevent the spread		
	equipment (PPE)	of infection		
	and how they can			
	prevent the spread			
	of infection 1.6 Demonstrate	Summarise the correct		
	correct procedure for hand hygiene	procedure for hand hygiene		
2. Understand the role of	2.1 Wound infection	Describe wound	Explain how to assess,	Evaluate the risks
wound care in	and the risk to the	infection and the risk to	monitor, report and	associated to wound
preventing and	individual, including	the individual, including	record wounds as part	infection for the
controlling infection	sepsis	sepsis.	of wound care, what the	individual, how to
Controlling infoction	2.2 Assessing,	Describe how to assess,	risks of wound infection	assess, monitor, report
	monitoring,	monitor, report and	to the individual are,	and record wounds as
	reporting and	record wounds as part	including sepsis, and	part of wound care,
	recording wounds	of wound care.	the importance of the	including the importance
	as part of wound	51 115 511 G	aseptic technique and	of the correct choice of
	care		correct choice of	dressings and the
	2.3 The importance of	Summarise the	dressings in preventing	aseptic technique when
	aseptic technique	importance of aseptic	wound infection and	preventing wound
	and correct choice	technique and the	promoting wound	infection and promoting
	of dressings in	correct choice of	healing.	wound healing.
	preventing wound	dressings in preventing		
	infection and	wound infection and		
	promoting wound	promoting wound		
	healing	healing.		

1. Understand how to reduce the spread of infection

1.4 Hand hygiene:

Using recommended handwashing techniques, approved products and the use of sanitiser where indicated.

1.5 Personal protective equipment (PPE) could include:

- gloves
- mask
- apron

The learner must know the different types of PPE and how to use PPE correctly and appropriately in their work environment. Appropriate use may, in some cases, mean that after risk assessment PPE is not required.

2. Understand the role of wound care in preventing and controlling infection

2.1 Wound infection:

Causes, appearance and consequences of infected wounds (including poor healing and worsening condition of the wound and the individual's mental and physical health).

Sepsis:

The body's extreme reaction to an untreated infection which can be rapidly fatal.

2.3 Aseptic technique:

Use of sterile equipment and dressings combined with use of infection control measures such as handwashing, wearing appropriate Personal Protective Equipment (PPE) and the correct procedure for cleaning and dressing wounds.

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 13 Personal and professional development (R/651/7286)

Unit summary

In this unit learners will develop the knowledge and skills to reflect on own personal and professional development, create, implement and review own personal development plan. Learners will explore the need for continuing professional development in the social care sector and the role of reflective practice in professional development. In addition, the learner will understand how the social care practitioner's own values, beliefs and experiences can influence delivery of care.

Assessment

This unit is internally assessed via a portfolio of evidence.

Mandat	orv	Graded P/M/D	Level 3	3	62	GLH

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand how to reflect on own personal and professional development	1.1 What is meant by professional development and reflective learning 1.2 The elements of a reflective journal	Describe what is meant by professional development and reflective learning Identify the elements of a reflective journal	Explain the importance of professional development and reflective learning, including the role a reflective journal plays in this	Evaluate the impact of professional development and reflective learning on practice
Understand how to create, implement and review own personal development plan	2.1 Factors to consider when planning for personal development 2.2 The importance of developing a curriculum vitae (CV)	Identify the factors to consider when planning for personal development Describe the importance of developing a CV	Discuss examples of factors to consider in personal development planning, including the importance of developing a CV and a personal development plan, and how to reflect on own	Evaluate the importance of creating a personal development plan and developing a CV as part of reflective personal development and implementation
	2.3 The importance of creating a personal development plan 2.4 How to develop own personal development plan 2.5 How to implement own personal development plan	Describe the importance of creating a personal development plan Describe how to develop, implement and reflect on own personal development plan	personal development through these	

Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
2.6 How to review own personal development plan			
3.1 The purpose of continuing professional development (CPD) in the social care sector	Identify the purpose of CPD in the social care sector	Explain the purpose of CPD in the social care sector	Evaluate the purpose of CPD in the social care sector
4.1 Theoretical perspectives on reflection in relation to professional development 4.2 How reflective practice supports the professional development of the social care practitioner 4.3 How reflective practice supports positive outcomes for:	Summarise theoretical perspectives on reflection in relation to professional development Summarise how reflective practice supports the professional development of the social care practitioner Describe examples of how reflective practice supports positive outcomes for individuals and those involved with them (as identified in AC4.3) Describe how to evaluate own skills and knowledge through	Explain theoretical perspectives on reflection in relation to professional development, including examples of how this supports professional development and positive outcomes for individuals	Analyse the impact of theoretical perspectives on reflection in relation to professional development, including the outcomes for the social care practitioners and those they support
4	AC) The learner can: 2.6 How to review own personal development plan 3.1 The purpose of continuing professional development (CPD) in the social care sector 4.1 Theoretical perspectives on reflection in relation to professional development 4.2 How reflective practice supports the professional development of the social care practitioner 4.3 How reflective practice supports positive outcomes for: • individuals • parents/carers • staff team • other professionals 4.4 Evaluate own skills and knowledge	The learner will be able to: The learner can: 2.6 How to review own personal development plan 3.1 The purpose of continuing professional development (CPD) in the social care sector 4.1 Theoretical perspectives on reflection in relation to professional development 4.2 How reflective practice supports the professional development of the social care practitioner 4.3 How reflective practice supports the professional development of the social care practitioner 4.3 How reflective practice supports positive outcomes for: • individuals • parents/carers • staff team • other professionals 4.4 Evaluate own skills and knowledge through reflective practice, The learner will be able to: Identify the purpose of CPD in the social care sector Summarise theoretical perspectives on reflection in relation to professional development Summarise how reflective practice supports the professional development of the social care practitioner Describe examples of how reflective practice supports positive outcomes for individuals and those involved with them (as identified in AC4.3) Describe how to evaluate own skills and knowledge through reflective practice,	The learner will be able to: CPD in the social care sector Profesional development of the professional development and positive outcomes for individuals and those involved with them (as identified in AC4.3) The learner will and the professional development and positive outcomes for individuals and those involved with them (as identified in AC4.3) Describe how to evaluate own skills and kno

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will.	feedback and learning opportunities	and learning opportunities		
	4.5 Improve on own knowledge and skills through reflective practice, supervision, feedback and learning opportunities 4.6 Demonstrate	Describe how reflective practice, supervision, feedback and learning opportunities can aid improvement on knowledge and skills self-development Summarise how to	Explain the role of reflective practice, supervision, feedback and learning opportunities and how they support development of knowledge, skills and continuing professional	Evaluate the impact of reflective practice, supervision, feedback and learning opportunities, including their effectiveness in ensuring continuing professional development
	continuing professional development	ensure continuing professional development	development	
5. Understand how the social care practitioner's own values, beliefs and experiences can influence delivery of care	5.1 How the social care practitioner's own values, beliefs and experiences can influence delivery of care	Describe how the social care practitioner's own values, beliefs and experiences can influence delivery of care	Explain why the social care practitioner's own values, beliefs and experiences can influence delivery of care	Analyse the impact of when the social care practitioner's own values, beliefs and experiences can influence delivery of care and the implications of this
6. Understand how to identify learning needs and plan for personal and professional development in social	6.1 The purpose of line managers in the development of the social practitioner's role and identifying learning needs	Summarise the purpose of line managers in identifying learning needs and the development of the social practitioners' role	Explain ways to develop opportunities for personal and professional development, including the role of line	Evaluate the impact of personal and professional development, including the role of line managers and others
care	6.2 How to access sources of support and specialist knowledge for learning and development	Identify ways of accessing sources of support and specialist knowledge for learning and development	managers and others within this, how to identify pathways available and access specialist knowledge	within this, how to identify pathways available and access specialist knowledge

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	6.3 How to develop opportunities to be involved in others ' personal and professional development 6.4 How to develop opportunities for personal and professional development 6.5 Pathways available to access and apply specialist knowledge 6.6 Guide and mentor	Describe how to develop opportunities to be involved in others personal and professional development Identify ways to develop opportunities for personal and professional development Identify pathways available to access and apply specialist knowledge Describe how to guide,	Explain ways in which	Evaluate the impact of
	colleagues in the workplace	mentor and contribute to the development of colleagues in the workplace	guidance and mentoring has contributed to the development of colleagues in the execution of their duties and responsibilities	guidance and mentoring on the development of colleagues in the execution of their duties and responsibilities
	6.7 Reflect upon own learning using a model of reflection6.8 Use outcomes from reflection to assess and plan for own development	Summarise how to reflect upon own learning using models of reflection and how to use reflection outcomes to assess and plan for self-development	Explain how to reflect upon own learning using models of reflection and why it is important to use reflection outcomes to assess and plan for self- development	Analyse the effectiveness of using models of reflection in relation to own learning, including examples of how this has impacted on assessing and planning for self-development

Understand how to reflect on own personal and professional development
 Professional development:

Learners may distinguish this from personal development.

Could include:

- seminars
- webinars
- conferences
- workshops
- volunteer events
- classes or programs

1.1 Reflective learning:

Learners must show understanding of how this differs from simply learning new information or having professional experience.

2. Understand how to create, implement and review own personal development plan

2.1 Factors:

Learners may consider the support they have available, the professional experience they can gain in the workplace and their career aspirations.

2.3 Personal development plan:

May be known by different names but will record information such as agreed objectives for personal and professional development, proposed activities to meet objectives, timescales for review.

3. Understand the need for continuing professional development (CPD) in the social care sector

3.1 Continuing professional development (CPD):

The ongoing process of developing, monitoring and documenting skills, knowledge and experience both formally and informally beyond initial training.

6. Understand how to identify learning needs and plan for personal and professional development in social care

6.2 Sources of support:

Examples may include, but are not limited to:

- formal or informal support
- supervision
- appraisal

- mentoring
- peer support
- within and outside the organisation

6.3 Others:

In this context, others refers to colleagues and peers.

Delivery and assessment guidance
This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 14 Working with others (T/651/7287)

Unit summary

The learner will understand professional relationships in social care, partnership working, multi-disciplinary working, multi-agency working and the benefits and challenges of partnership working. Learners will be able to demonstrate effective team working skills while working within safe, clear and professional boundaries and supporting others to do so.

Assessment This unit is internally assessed via a portfolio of evidence. **Mandatory** Graded P/M/D Level 3 **35 GLH**

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
1. Understand professional relationships in social care	1.1 Why developing professional relationships is important in a social care setting 1.2 How professional relationships are built and maintained between: • individuals • health and social care practitioners • parents/carers • colleagues • external partners 1.3 The role of communication in building and maintaining professional relationships	Describe the importance of developing professional relationships in a social care setting Describe how professional relationships are built and maintained between those within and involved with social care and its practice, delivery and support (as identified in AC1.2) Summarise the role of communication in building and maintaining professional relationships	Explain why building and maintaining professional relationships are important in social care settings, including the role communication plays within this	Evaluate the impact that effective relationship building can have in social care settings, analysing the role communication plays within this

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.4 Effective team working skills in a social care setting	Identify effective team working skills in a social care setting	Discuss examples of effective team working skills and how they are	Evaluate the effectiveness and impact of team working
	1.5 Demonstrate effective team working skills in a social care setting	Describe how to use effective team working skills in a social care setting	used in a social care setting	skills and how they are used in a social care setting
2. Understand partnership working	2.1 Partnership working, including: • multi- disciplinary working • multi-agency working	Describe the role of partnership working, including multidisciplinary and multiagency working	Explain the role of partnership working, including multidisciplinary and multiagency working, the roles and responsibilities of others involved and	Analyse the role of partnership working, including multidisciplinary and multiagency working, including the roles and responsibilities of others
	2.2 The roles and responsibilities of others involved in partnership working	Identify the roles and responsibilities of others involved in partnership working	how this meets the needs of individuals	involved, and evaluating the impact and effectiveness of this for meeting the needs of
	2.3 The principles of partnership working in relation to meeting the needs of individuals	Describe the principles of partnership working in relation to meeting the needs of individuals		individuals
Understand benefits and challenges to partnership working	3.1 Challenges and barriers to partnership working	Identify challenges and barriers to partnership working	Explain partnership working in the context of potential benefits and	Evaluate the impact of partnership working in the context of potential
	3.2 Strategies to overcome barriers when working in partnership with other professions and agencies	Identify examples of strategies to overcome barriers when working in partnership with other professions and agencies	barriers, and how to work within safe, clear and professional boundaries	benefits and barriers, the role of other professionals, agencies and organisations, and why it is important to work within professional
	3.3 Benefits of working in partnership with	Summarise the benefits of working in partnership		boundaries in social care

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
THE learner will.	other professions and agencies	with other professions and agencies		
	3.4 Identify and form professional relationships with other professionals, agencies and organisations 3.5 Professional boundaries in social care	Describe how to form professional relationships with other professionals, agencies and organisations Describe professional boundaries in social care		
	3.6 Demonstrate working within safe, clear and professional boundaries	Describe how to work within safe, clear and professional boundaries		
	3.7 Support others to work within safe, clear and professional boundaries	Describe how to support others to work within safe, clear and professional boundaries	Explain how to support others to work within safe, clear and professional boundaries	Analyse the impact of supporting others to work within safe, clear and professional boundaries

2. Understand partnership working

2.2 Others could include:

- individuals accessing care and support services
- carers, loved ones, family, friends of those accessing care and support services
- colleagues and peers
- professionals from other services

Delivery and assessment guidance
This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 15 Research in social care (Y/651/7288)

Unit summary

In this unit the learner will develop knowledge and skills in relation to undertaking research in social care. Learners will understand research approaches and methodologies, ethical implications associated with undertaking research in social care, and how to plan a research project relevant to individuals' support needs, how to carry out research and communicate results.

Assessment

This unit is internally assessed via a portfolio of evidence.

Mandatory Graded P/M/D Level 3 52 GLH

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:	The learner will be able to.	The learner will be able to.	The learner will be able to.
Understand research approaches and methodologies	1.1 The types of research approaches available 1.2 The types of research methodologies available	Summarise the types of research approaches available Identify the types of research methodologies available	Discuss different types of research approaches and methodologies and how they are used for different purposes	Analyse the effectiveness of different types of research approaches and methodologies and why they are used to meet different purposes
	1.3 How research approaches and methodologies are used for different purposes	Summarise how research approaches and methodologies are used for different purposes		
Understand ethical implications associated with undertaking research in social care	2.1 Ethical issues to be considered when planning and carrying out research	Identify ethical issues to be considered when planning and carrying out research	Explain examples of ethical issues and reasons for considering them when planning and carrying our research,	Analyse why ethical issues must be considered when planning and carrying out research, including
	2.2 Reasons for considering ethical issues when designing and carrying out research	Describe reasons for considering ethical issues when designing and carrying out research	including the role of the research ethics committee within this process	the role of the research ethics committee within this process

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
3. Understand how to plan a research project relevant to individuals' support needs	2.3 The role of the research ethics committee 3.1 The key stages in a research project 3.2 How to identify a research topic 3.3 How to identify aims of a research project 3.4 How to develop a research question 3.5 How to review literature relevant to the chosen topic 3.6 How to devise a research proposal 3.7 How to produce a rationale for chosen research methodology 3.8 How research is carried out 3.9 How results of research are collated	Summarise the role of the research ethics committee Describe how to identify, plan and develop a research topic, covering the following key stages: research topic aims of the research development of a research question literature review research proposal research methodology collation of results	Explain how to identify, plan and develop a research topic, covering the following key stages: research topic aims of the research development of a research question literature review research proposal research methodology collation of results	Analyse the importance of effectively identifying, planning and developing a research topic and ensuring its relevance to individuals' support needs, covering the following key stages: • research topic • aims of the research • development of a research question • literature review • research proposal • research methodology • collation of results
Understand how to carry out research and communicate	4.1 Demonstrate how to carry out a method of research	Describe how to carry out a method of research	Explain processes for carrying out research, including how to collect	Evaluate processes for carrying out research, including their
results	4.2 Demonstrate how to collect and analyse results of research	Describe how to collect and analyse results of research	and analyse results and form conclusions	effectiveness in collecting and analysing results and enabling
	4.3 How to form a conclusion from the results of research	Describe how to form conclusions from the results of research		conclusions to be formed

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Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
	4.4 Effective ways of	Describe effective ways	Explain ways of	Evaluate the
	communicating	of communicating	communicating	effectiveness of
	conclusions of	conclusions of research	conclusions of research	methods of
	research with	with colleagues,	with colleagues and why	communicating
	colleagues,	including the use of	they are effective,	conclusions of research
	including the use of	appropriate written,	including appropriate	with colleagues,
	appropriate written,	numerical, and IT-based	written, numerical, and	including appropriate
	numerical, and IT-	formats	IT-based formats	written, numerical, and
	based formats			IT-based formats

- 1. Understand research approaches and methodologies
- 1.1 Research approaches could include:
- quantitative
- qualitative
- exploratory

1.2 Methodologies could include:

- action research
- interviews
- questionnaires
- experimental
- observation
- case studies
- review of previous studies
- 2. Understand ethical implications associated with undertaking research in social care
- 2.1 Ethical issues could include:
- obtaining informed consent
- risk to participants
- privacy and confidentiality
- conflict of interests

- · sensitivity of subject matter and data
- safeguarding
- health and safety
- participant background
- 4. Understand how to carry out research and communicate results
- 4.4 Effective ways of communicating could include:
- presentation
- report
- leaflets
- handouts
- group discussions

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 16 Good practice in social care (A/651/7289)



Unit summary				
The learner will understan	The learner will understand the role of good practice and why it is important in social care. The learner will also understand how duty			
	of candour supports good practice in social care.			
		Assessment		
This unit is internally assessed via a portfolio of evidence.				
Mandatory	Graded P/M/D	Level 3	16 GLH	

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand the role of good practice and why it is important in social care	1.1 The purpose of ensuring good practice is applied across all elements of social care 1.2 Methods available to ensure good practice is applied across social care 1.3 The benefits of good practice in social care	Describe the purpose of ensuring good practice is applied across all elements of social care Identify methods available to ensure good practice is applied across social care Summarise the benefits of good practice in social care	Explain the purpose of good practice in social care, methods available to ensure this is consistently applied and why this is beneficial	Analyse the purpose of ensuring good practice is consistently applied across social care, including the methods to ensure this and the possible benefits it provides
2. Understand how duty of candour supports good practice in social care	2.1 What is meant by duty of candour 2.2 Why duty of candour was developed 2.3 How duty of candour improves quality of service 2.4 Examples of procedures involved in duty of candour 2.5 How comments and complaints improve quality of service	Describe what is meant by duty of candour and why it was developed Describe how duty of candour improves quality of service Identify examples of procedures involved in duty of candour Describe how comments and complaints improve quality of service	Discuss duty of candour including why it was developed and how comments and complaints improve quality of service and procedures involved	Analyse the purpose of a duty of candour, drawing on examples and the extent to which it improves quality of service and the role of comments and complaints within this

- 1. Understand the role of good practice and why it is important in social care
- 1.1 Methods includes:

Following legislation, policies and procedures, and agreed ways of working.

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 17 Psychology in social care (H/651/7290)



Unit summary				
The learner will understand ps	The learner will understand psychological perspectives on behaviour, health psychology in social care, models of stress and stress			
manageme	management and psychological perspectives and approaches in relation to health and illness.			h and illness.
		Assessment		
This unit is internally assessed via a portfolio of evidence.				
Mandatory	Graded P/M/D	Level 3		47 GLH

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand psychological perspectives on behaviour	1.1 How social, biological and environmental factors influence behaviour 1.2 How psychological perspectives inform understanding of behaviour	Summarise how social, biological and environmental factors influence behaviour Describe how psychological perspectives inform understanding of behaviour	Explain how social, biological and environmental factors influence behaviour, and how psychological perspectives inform understanding of behaviour	Evaluate how social, biological and environmental factors influence behaviour, and how psychological perspectives inform understanding of behaviour
Understand health psychology in social care	2.1 What is meant by health psychology 2.2 How does health psychology influence social care practice 2.3 Current issues in health psychology	Describe what is meant by health psychology Describe how health psychology influences social care practice Summarise current issues in health psychology	Explain what is meant by health psychology, how it influences social care practice, and current issues within health psychology	Analyse how health psychology influences social care practice and the current issues within health psychology
Understand models of stress and stress management	3.1 The different models of stress3.2 How stress impacts health and wellbeing	Describe different models of stress Summarise how stress impacts health and wellbeing	Explain the different models of stress, how stress impacts health and wellbeing, and the psychological	Evaluate the different models of stress, how stress impacts health and wellbeing, including

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	3.3 Psychological approaches to managing stress	Identify the psychological approaches to managing stress	approaches to managing stress	different psychological approaches to managing stress
4. Understand psychological perspectives and approaches in relation to health and illness	 4.1 Psychological factors that influence responses to health and illness 4.2 The roles typically associated with psychology: clinical psychologist health psychologist counsellor 	Identify the different psychological factors that influence responses to health and illness Describe the roles typically associated with psychology: clinical psychologist health psychologist counsellor	Explore the different psychological factors that influence responses to health and illness Explain the different roles typically associated with psychology: clinical psychologist health psychologist counsellor	Evaluate the different psychological factors that influence responses to health and illness Analyse the different roles typically associated with psychology: clinical psychologist health psychologist counsellor
	4.3 How psychology supports individuals to: respond to illness cope with illness improve quality of life	Describe how psychology supports individuals to: • respond to illness • cope with illness • improve quality of life	Explain how psychology supports individuals to: respond to illness cope with illness improve quality of life	Evaluate how psychology supports individuals to: respond to illness cope with illness improve quality of life

4. Understand psychological perspectives and approaches in relation to health and illness.

4.1 Psychological factors:

Psychological factors influence not just the experience of health and illness, but also health behaviours. This influence can be reactive or proactive. The perceptions of factors also predict behaviours relating to health and can help to understand concepts of health and illness.

4.2 Individuals:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 18 Sociology of health and illness (J/651/7291)



Unit summary				
The learner will understand social determinants of health, health benefits and the use of health outcomes in health and social care.				
	Assessment			
This unit is internally assessed via a portfolio of evidence.				
Mandatory	Graded P/M/D	Level 3	47 GLH	

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
Understand social	1.1 How social variables	Describe how social	Explain how social	Analyse the differences
determinants of	impact health	variables impact health	variables impact health,	between the medical
health	1.2 The difference	Summarise the	and the differences	model and the social
	between the	difference between the	between the medical	model of health, and
	medical model and	medical model and	model and the social	how social variables can
	social model of	social model of health	model of health	impact health
	health			
2. Understand health	2.1 What is meant by	Describe what is meant	Explain how health	Evaluate how health
beliefs	health beliefs	by health beliefs	beliefs, including the	beliefs, including the
			concept of the sick role,	concept of the sick role, influence how symptoms are perceived and acted
	2.2 How health beliefs	Summarise how health	influence how symptoms	
	influence how	beliefs influence how	are perceived and acted	
	symptoms are	symptoms are viewed	upon by individuals and	upon by individuals and
	perceived and acted	and acted upon by	others and how they	others and how they
	upon by individuals	individuals and others	influence preventive	influence preventive
	and others		behaviour in relation to	behaviour in relation to
	2.3 How health beliefs	Describe how health	ill health	ill health
	influence preventive	beliefs influence	iii riodiai	III TIGURIT
	behaviour in relation	preventive behaviour in		
	to ill health	relation to ill health		
	2.4 The concept of the	Summarise the concept		
	sick role	of the sick role		
3. Understand the use of	3.1 What is meant by	Describe what health	Explain what health	Evaluate what health
health outcomes in	health outcomes	outcomes are	outcomes are, the ways	outcomes are, the ways
health and social care			in which they are	in which they are

Learning outcomes	Assessment criteria	Pass	Merit	Distinction
(LOs)	(AC)	The learner will be able to:	The learner will be able to:	The learner will be able to:
The learner will:	The learner can:			
	3.2 Ways in which	Identify ways in which	measured, and how they	measured, and critically
	health outcomes are	health outcomes are	are used to assess the	analyse how health
	measured	measured	quality of care	outcomes are used to
	3.3 How health	Summarise how health		assess the quality of
	outcomes are used	outcomes are used to		care
	to assess quality of	assess quality of care		
	care			

2. Understand health beliefs

2.1 Health beliefs:

In the context of sociology, could include:

- what health and illness mean to individuals
- what individuals perceive the causes of illness to be
- how individuals trust that illness and disability can be overcome or lived with

2.2 Individuals:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

Others could include:

- family and friends
- peers
- authority figures

2.4 Sick role:

Refers to the term coined by the sociologist Talcott Parsons in the 1950s. Refers to the idea that individuals who are unwell and those 'treating' them have roles with both rights and responsibilities.

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 19 Understanding anatomy and physiology (K/651/7292)



Unit summary				
In this unit learners will understand the function and structure of body systems, their relationships to maintaining healthy body				
	funct	tions and homeostasis.		
		Assessment		
This unit is internally assessed via a portfolio of evidence.				
Mandatory	Graded P/M/D	Level 3	50 GLH	

Learning outcomes (LOs) The learner will: 1. Understand the structure and functions of the body systems	Assessment criteria (AC) The learner can: 1.1 The structure and function of the skeletal system 1.2 The structure and function of the muscular system 1.3 The structure and function of the cardiovascular system 1.4 The structure and function of the respiratory system 1.5 The structure and function of the nervous system 1.6. The structure and function of the nervous system	Pass The learner will be able to: Describe the structure and function of the different body systems: skeletal system muscular system cardiovascular system respiratory system nervous system digestive system excretory system reproductive system immune system endocrine system integumentary system	Merit The learner will be able to: Explain the structures and functions of the different body systems: skeletal system muscular system cardiovascular system respiratory system nervous system digestive system excretory system reproductive system immune system endocrine system integumentary system	Distinction The learner will be able to: Analyse the structures and functions of the different body systems: skeletal system muscular system cardiovascular system respiratory system nervous system digestive system excretory system reproductive system immune system endocrine system integumentary system
	function of the nervous system	endocrine systemintegumentary	integumentary	integumentary

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	1.8 The structure and function of the reproductive system 1.9 The structure and			
	function of the immune system 1.10The structure and			
	function of the endocrine system 1.11 The structure and			
	function of the integumentary system			
Understand the relationships between the body systems in maintaining healthy	2.1 The relationships between the body systems in maintaining healthy	Describe the relationships between the following body systems in maintaining	Explain the relationships between the body systems in maintaining healthy body functions:	Evaluate the relationships between the body systems in maintaining healthy
body functions	 body functions: muscular, skeletal and nervous 	healthy body functions:muscular, skeletal and nervous system	muscular, skeletal and nervous systemcardiovascular,	body functions:muscular, skeletal and nervous system
	 system cardiovascular, respiratory digestive, 	cardiovascular, respiratorydigestive, endocrine	respiratory digestive, endocrine	cardiovascular, respiratorydigestive, endocrine
	endocrine 2.2 The process of homeostasis in the human body	Summarise the process of homeostasis in the human body	Explain the process of homeostasis and the role of the endocrine	Evaluate the process of homeostasis and the role of the endocrine

Learning outcomes (LOs)	Assessment criteria (AC)	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
The learner will:	The learner can:			
	 2.3 The role of the endocrine system in maintaining homeostasis via: osmoregulation thermoregulation controlling blood glucose levels 	Describe how the endocrine system coordinates to maintain homeostasis in the human body	system in maintaining homeostasis	system in maintaining homeostasis

1. Understand the structure and functions of the body systems

1.1 Skeletal system:

- basic structure of the skeleton
- structure of bone
- structure and function of joints
- how the structure relates to the functions of the bone

1.2 Muscular system:

- structure and function of cardiac and skeletal muscles
- how the muscles are fixed to the bone

1.3 Cardiovascular system:

- structure and function the heart
- structure and function of blood vessels

1.4 Respiratory system:

- structure and function of the lung
- structure and function of airways

1.5 Nervous system:

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- basic structure and function of the brain
- structure and function of nerves and nerve impulses

1.6 Digestive system:

Structure and function of the organs involved in the digestive system including:

- mouth
- oesophagus
- stomach
- bowel
- organs producing digestive hormones and enzymes

1.7 Excretory system:

Basic structure and function of the kidney and bladder.

1.8 Reproductive system:

Basic structure and function of the male and female reproductive systems and associated hormones.

1.9 Immune system:

Basic structure and function of lymphatic system and white blood cells.

1.10 Endocrine system:

Basic structure and function of pituitary gland, thyroid gland and adrenal gland.

1.11 Integumentary system:

Basic structure and function of skin, hair, nails, and associated glands.

2. Understand the relationships between the body systems in maintaining healthy body functions

2.1 Muscular, skeletal and nervous system:

movement

reflexes

Cardiovascular, respiratory:

- breathing
- heart rate

Digestive, endocrine:

digestion

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 20 End-of-life care (L/651/7293)



Unit summary					
The aim of this unit is to provide learners with knowledge and understanding in relation to end-of-life care.					
Assessment					
This unit is internally assessed via a portfolio of evidence.					
Mandatory	Graded P/M/D	Level 3	53 GLH		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand how the legislative framework relating to end-of-life care protects the rights of individuals and others	1.1 Legal requirements and agreed ways of working in relation to end-of-life care 1.2 Current national strategies and approaches to end- of-life care 1.3 Aims of end-of-life care	Summarise the legal requirements and agreed ways of working, in relation to end-of-life care Describe the current national strategies and approaches to end-of-life care Summarise the aims of end-of-life care	Explain the aims of end-of-life care and the legal requirements, agreed ways of working, current national strategies and approaches to end-of-life care	Evaluate the legal requirements, agreed ways of working, current national strategies and approaches which are in place to meet the aims of end-of-life care
	1.4 Conflicts and legal or ethical issues that may arise in relation to death, dying or end-of-life care 1.5 Strategies to overcome conflicts and legal or ethical issues that may arise in relation to death, dying or end-of-life care	Summarise the conflicts and the legal or ethical issues that may arise in relation to death, dying or end-of-life care Describe the strategies which can be used to overcome these conflicts and issues	Discuss the conflicts and the legal or ethical issues that may arise in relation to death, dying or end-of-life care, including the strategies which can be used to overcome these conflicts and issues	Analyse the strategies which can be used to overcome the conflicts of interest and different legal or ethical issues that may arise in relation to death, dying or end-of-life care

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand factors that impact on end- of-life care	 2.1 Theories in relation to death and dying 2.2 Factors that may affect an individual's view of death and dying 2.3 How beliefs, 	Summarise theories relating to death and dying Describe the factors that may affect an individual's view of death and dying Describe how the	Explain different theories relating to, and the factors which may affect an individual's views of, death and dying, including how beliefs, religion, culture, and spiritual needs	Analyse different theories relating to, and the factors which may affect an individual's views of, death and dying, including how beliefs, religion, culture and spiritual needs should be supported for the
	religion and culture of individuals and others influence end-of-life care 2.4 Why support for spiritual needs is important at the end	beliefs, religion and culture of individuals and others influence end-of-life care Summarise why support for spiritual needs is important at the end of	should be supported for the individual by others	individual by others
	of life 2.5 The role of others in an individual's end-of-life care 2.6 Why support for an individual's health and wellbeing may not always relate to their terminal condition	life Identify the role of others in an individual's end-of-life care Describe why support for an individual's health and wellbeing may not always relate to their terminal condition	Explain the role of others in an individual's end-of-life care, and why support for an individual's health and wellbeing may not always relate to their terminal condition	Evaluate the role of others in an individual's end-of-life care, and why support for an individual's health and wellbeing may not always relate to their terminal condition
3. Understand advance care planning in relation to end-of-life care	3.1 The purpose of advance care planning in relation to end-of-life care 3.2 How to ensure end-of-life plans and advance care plans are understood and shared with others	Identify the purpose of advance care planning in relation to end-of-life care Describe how to ensure end-of-life and advance care plans are understood and shared with others	Explain the purpose of advance care planning, including the potential ethical and legal issues which may arise, and how to ensure that end-of-life plans and advance care plans are	Evaluate the purpose of advance care planning, how to ensure that end-of-life plans and advance care plans are understood and shared with others

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	3.3 Ethical and legal issues that may arise in relation to advance care planning	Summarise the ethical and legal issues that may arise in relation to advance care planning	understood and shared with others	Evaluate the potential ethical and legal issues which may arise in relation to advance care planning
4. Understand pain and symptom management in endof-life care Of-life care	 4.1 Pain and other symptoms experienced at the end of life 4.2 Interventions used for pain and symptom management 4.3 How symptom and pain management is co-ordinated 4.4 Common signs and symptoms that indicate an individual is entering the last 	Identify the pain and other symptoms experienced at the end of life Describe the interventions used for pain and symptom management Describe how symptom and pain management is co-ordinated Identify the common signs and symptoms that indicate an individual is entering the last days of life	Explain the pain and other common signs and symptoms experienced at the end of life, including those which indicate an individual is entering the last days of life, as well as the interventions used for pain and symptom management and how these interventions are coordinated	Evaluate the interventions used for the management of the different pain and other symptoms which are commonly experienced at the end of life, including those which indicate an individual is entering the last days of life, and evaluate how symptom and pain management is co-ordinated
5. Understand how to support individuals and others during end-of-life care	days of life 5.1 The importance and sensitivity of discussing dying, death and bereavement for individuals and others 5.2 Sources of support and resources that can be obtained through networks, community groups and partnerships to	Describe the importance and sensitivity of discussing dying, death and bereavement for individuals and others Identify the sources of support and resources which can be obtained through networks, community groups and partnerships to help	Explain the importance and sensitivity of discussing dying, death and bereavement for individuals and others, and the sources of support and resources which can be obtained through networks, community groups and partnerships to help	Evaluate different sources of support and resources which can be obtained through networks, community groups and partnerships to help individuals at the end-of-life, as well as the importance of sensitivity around discussing dying, death and bereavement for individuals and others

	The learner can:	The learner will be able to:	The learner will be able to:	The learner will be able to:
	help individuals at the end of life 5.3 How an individual's wellbeing can be enhanced by: • support with social activities • support with day-to-day activities • support with leisure activities • achieving goals • interaction with others 5.4 How to recognise when an individual	individuals at the end of life Summarise how an individual's wellbeing can be enhanced by: • support with social activities • support with day-to-day activities • support with leisure activities • achieving goals • interaction with others Describe how to recognise when an	Explain how to recognise when an individual and others require privacy and how an individual's wellbeing can be enhanced by: • support with social activities • support with day-to-day activities • support with leisure activities • achieving goals • interaction with	Evaluate how to recognise when an individual and others require privacy and how an individual's wellbeing can be enhanced by: • support with social activities • support with day-to-day activities • support with leisure activities • achieving goals • interaction with others
of organisations, community and support services available to individuals and others in relation to end-of-life care	and others require privacy 6.1 The role of organisations, community and support services that contribute to end-of-life care 6.2 Eligibility criteria and processes for referral to specialist services 6.3 The role of an advocate in relation to end-of-life care 6.4 The use of lasting	individual and others require privacy Describe the role of organisations, community and support services that contribute to end-of-life care Summarise the eligibility criteria and processes for referral to specialist services Summarise the role of an advocate in relation to end-of-life care Describe the use of	Discuss the role of organisations, community and support services that contribute to end-of-life care, and the eligibility criteria and processes for referral to specialist services Explain the role of an advocate, and the use of lasting power of attorney, in decision	Evaluate the role of different organisations, community and support services that contribute to end-of-life care, and the processes and eligibility criteria for referral to specialist services in end-of-life care Evaluate how lasting power of attorney and the role of an advocate can support in decision making

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
		attorney in decision making		
7. Understand the care and support needed in end-of-life care	 7.1 Care and support needs during the final months of life 7.2 Care and support needs during the final weeks of life 7.3 Care and support needs during the final days of life 7.4 Care and support needs during the final hours of life 	Describe the care and support needs of individuals during the final months, weeks, days and hours of life	Explain the care and support needs of individuals and others during the final months, weeks, days and hours of life	Evaluate the care and support needs of individuals and others during the final months, weeks, days and hours of life
8. Understand actions to take following the death of an individual	8.1 Why it is important to know about an individual's wishes for after-death care 8.2 The importance of actions immediately following a death that respect the individual's wishes and follow agreed ways of working 8.3 Ways to support others immediately following an	Summarise why it is important to know about an individual's wishes for after-death care Describe the importance of the actions immediately following a death that respect the individual's wishes and follow agreed ways of working Identify ways to support others immediately following an individual's	Explain why it is important to know about an individual's wishes for after-death care, why it is important that the actions immediately following a death respect these wishes, follow agreed ways of working and support others	Justify why it is important to know, respect and follow an individual's wishes for after-death care, including why it is important that the actions following a death respect these wishes, follow agreed ways of working and support others
9. Understand how to manage own feelings in relation to dying or death	individual's death 9.1 Ways to manage own feelings in relation to an individual's dying or death	death Describe ways to manage own feelings in relation to an individual's dying or death	Discuss ways to manage own feelings, and support colleagues, in relation to an individual's dying or	Evaluate ways to manage own feelings, including different support systems available, in relation to an individual's dying or death,

Learning outcomes	Assessment criteria	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
(LOs)	(AC)	The learner will be able to.	The learner will be able to.	The learner will be able to.
The learner will:	The learner can:			
	9.2 Ways to support	Identify ways to support	death, including the	and the ways to support
	colleagues to	colleagues to manage	support systems	colleagues to manage
	manage feelings in	feelings in relation to an	available to deal with	their own feelings
	relation to an	individual's dying or	own feelings	
	individual's dying or	death		
	death			
	9.3 Support systems	Identify support		
	to deal with own	systems to deal with		
	feelings in relation	own feelings in relation		
	to an individual's	to an individual's dying		
	dying or death	or death		

1. Understand how the legislative framework relating to end-of-life care protects the rights of individuals and others

1.1 Legal requirements and agreed ways of working:

- Care Act 2014 (requires councils to conduct needs assessments for individuals at end-of-life care and their main family caregiver)
- Health and Social Care Act 2022 (guarantees NHS healthcare at end of life)
- NHS England Statutory Guidance for Integrated Care Boards 2022 (relates to commissioning of services including end-of-life care)
- Local Government Council End-of-life care for Councils 2020 (summarises councils' responsibilities to support end-of-life care)
- Agreed ways of working within social care settings should be written down as policies and procedures based on the legislative framework
- 2. Understand factors that impact on end-of-life care

2.1 Theories:

Theories of death and dying are closely linked to theories of grief as the dying individual anticipates and grieves the loss of their life.

Could include:

- Kubler-Ross five stages model
- Silverman and Klass theory
- Stroebe and Schut theory
- Uncertainty in Illness theory

2.2 Factors could include:

- cultural, religious or spiritual beliefs
- whether they have achieved their life goals or feel cheated of time to achieve them
- social support
- level of care and support an individual anticipates receiving
- prior experiences of the deaths of others
- financial factors
- housing
- how individuals anticipate their loved ones managing without them

2.2 Individual:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

2.5 Others could include:

- family
- friends
- neighbours
- volunteers
- faith groups
- 4. Understand pain and symptom management in end-of-life care

4.3 Interventions could include:

Physical, emotional, social and spiritual support (for example, pain relief, medication, advanced symptom control from palliative care teams and hospices, engaging in favourite activities, expressing creativity, and maintaining work and education where possible).

6. Understand the role of organisations, community and support services available to individuals and others in relation to end-of-life care

6.1 Organisations, community and support services:

- health care services in the community
- social care services

- voluntary groups offering advice and support
- faith groups
- humanist society
- 8. Understand actions to take following the death of an individual

8.2 Actions could include:

- have the death confirmed by relevant professional
- comfort relatives and provide relevant information
- ensure the care plan and cultural requirements are followed and if appropriate prepare the individual's body for the undertaker
- arrange for the undertaker to remove the body to a chapel of rest (or mortuary)
- report and record the actions taken
- 9. Understand how to manage own feelings in relation to dying or death

9.3 Support systems could include:

- speaking with colleagues/manager
- helplines
- GP and mental health helplines (if experiencing distress and/or mental health issues)

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 21 Learning disabilities (M/651/7294)



	Unit summary				
In this unit learners will und	derstand learning disabilities,	, the associated legislation, r	models of learning disability, the role of support		
services for indiv	services for individuals with learning disabilities and the potential impact of learning disabilities on the individual				
		Assessment			
This unit is internally assessed via a portfolio of evidence.					
Mandatory	Graded P/M/D	Level 3	30 GLH		

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand learning disabilities	1.1 The term 'learning disability'	Describe what is meant by the term 'learning disability'.	Explain the causes of learning disabilities and their impact on	Evaluate the impact of learning disabilities and their impact on
	1.2 Causes of learning disabilities 1.3 The impact of	Identify causes of learning disabilities. Describe the impact of	individuals and others	individuals and others, including the importance of understanding their
	learning disabilities on the individual and others	learning disabilities on the individual and others		causes
Understand legislation in relation to individuals with learning disabilities	2.1 Legislation in relation to individuals with learning disabilities	Identify relevant legislation relating to individuals with learning disabilities	Explain examples of relevant legislation relating to individuals with learning disabilities	Evaluate the impact of relevant legislation relating to individuals with learning disabilities
Understand models of learning disability	3.1 Medical and social models of learning disability	Describe medical and social models of learning disability	Explain the medical and social models of learning disability,	Evaluate the impact that the medical and social models of learning
	3.2 The impact of the medical and social models of learning disability on social care practice	Describe the impact of the medical and social models of learning disability on social care practice	including the impact which both models have on social care practice	disability have on social care practice, showing a comprehensive understanding of both models
Understand the role of support services for individuals with learning disabilities	4.1 Services which support individuals with learning disabilities	Identify services which can support individuals with learning disabilities	Explain the role of services that can support individuals with learning difficulties and	Evaluate the impact and importance of services that can support individuals with learning

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	4.2 The role of integrated community services in supporting individuals with learning disabilities	Summarise the role of integrated community services in supporting individuals with learning disabilities	their families, including integrated community services	difficulties and their families, including integrated community services
	4.3 Services which support individuals with learning disabilities and their families	Identify services which support individuals with learning disabilities and their families		
5. Understand the potential impact of learning disabilities on the outcomes and life chances of individuals	5.1 The physical health challenges which some individuals with learning disabilities may experience	Describe examples of the physical health challenges which some individuals with learning disabilities may experience	Explain examples of physical health challenges which some individuals with learning disabilities may experience, and the role	Analyse how outcomes and life chances for individuals with learning disabilities are affected by physical health challenges, stigma
	5.2 What is meant by stigma, stereotyping and discrimination	Describe what is meant by stigma, stereotyping and discrimination	stigma, discrimination and stereotyping can have on their outcomes	discrimination and stereotyping
	5.3 How stigma, stereotyping and discrimination in society may impact	Describe how the outcomes and life chances of individuals with learning disabilities	and life chances	
	the outcomes and life chances of individuals with learning disabilities	can be impacted upon by stigma, stereotyping and discrimination in society		

Range1. Understand learning disabilities1.2 Individual:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

1.2 Others:

Examples may include, but are not limited to:

- team members
- other colleagues
- those who use or commission their own health or social care services
- families, carers and advocates
- 2. Understand legislation in relation to individuals with learning disabilities

2.1 Legislation:

This could include:

- Mental Capacity Act 2005
- Care Act 2014
- Autism Act 2009
- The Health and Care Act 2022
- 4. Understand the role of support services for individuals with learning disabilities

4.2 Integrated community services:

This could include teams of community health and social care workers working from community hubs such as:

- GP practice
- district nurses
- community social worker
- physiotherapist
- occupational therapist
- 5. Understand the potential impact of learning disabilities on the outcomes and life chances of individuals

5.3 Outcomes:

The results of health or social care intervention, for example, the individual's health and wellbeing improve.

5.3 Life chances:

Opportunities to meet personal goals, achieve milestones and desired roles, live to full life expectancy.

Delivery and assessment guidance
This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 22 Dementia awareness (R/651/7295)



Unit summary				
This unit gives the lea	This unit gives the learner understanding of the types of dementia and the effects on health and wellbeing and how to support			
	individuals with dementia.			
		Assessment		
This unit is internally assessed via a portfolio of evidence.				
Mandatory	Graded P/M/D	Level 3	40 GLH	

A	Dana	NA - wif	Distinction
			Distinction
	The learner will be able to:	i ne learner will be able to:	The learner will be able to:
,			Analyse the effects of
dementia	by dementia	relation to types,	dementia on an
1.2 Types of dementia	Identify types and	causes, signs and	individual's health and
and their causes	causes of dementia	symptoms, including	wellbeing, including
1.3 The signs and	Identify and describe the	how dementia impacts	differences between
_		on an individual's health	types, causes, signs and
	,	and wellbeing	symptoms
1			
		Explain the relationship	Evaluate the relationship
			Evaluate the relationship
			between legislation and
	•		frameworks and their
relation to dementia	frameworks in relation to	dementia care	impact in relation to
care	dementia care		dementia care
3.1 Person-centred	Summarise person-	Explain the roles of the	Analyse the roles social
approaches in social	centred social care	social care practitioner	care practitioners and
care for individuals	approaches for		others, such as family
with dementia	individuals with		and carers play in
			and carers play in
	 1.3 The signs and symptoms of dementia 1.4 The impacts of dementia on an individual's health and wellbeing 2.1 The relationship between legislation and frameworks in relation to dementia care 3.1 Person-centred approaches in social care for individuals 	The learner can: 1.1 What is meant by dementia 1.2 Types of dementia and their causes 1.3 The signs and symptoms of dementia 1.4 The impacts of dementia on an individual's health and wellbeing 2.1 The relationship between legislation and frameworks in relation to dementia care 3.1 Person-centred approaches in social care for individuals The learner will be able to: Describe what is meant by dementia Identify types and causes of dementia Describe the signs and symptoms of dementia Describe how dementia impacts on an individual's health and wellbeing Describe the relationship between legislation and frameworks in relation to dementia care Summarise personcentred approaches for	The learner can: 1.1 What is meant by dementia 1.2 Types of dementia and their causes 1.3 The signs and symptoms of dementia 1.4 The impacts of dementia and wellbeing 2.1 The relationship between legislation and frameworks in relation to dementia care 3.1 Person-centred approaches in social care for individuals with dementia 1.4 What is meant by dementia is meant by dementia is meant by dementia impacts on to dementia in relation to types, causes, signs and symptoms, including how dementia impacts on an individual's health and wellbeing Describe how dementia impacts on an individual's health and wellbeing Explain the relationship between legislation and frameworks in relation to dementia care Explain the roles of the social care practitioner and others, such as family and carers, in

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	3.2 Strategies which use information about life history to support individuals' memory 3.3 The roles of others in supporting individuals with dementia 3.4 The role of the social care practitioner in supporting the health and wellbeing of individuals with dementia	Identify examples of strategies which use information about life history to support individuals' memory Summarise the roles of others in supporting individuals with dementia Describe the role of the social care practitioner in supporting the health and wellbeing of individuals with dementia	and wellbeing of individuals with dementia through person-centred care, including how to involve strategies which use information about life history	supporting the health and wellbeing of individuals with dementia, including strategies they can use to support individuals' memory

- 1. Understand the types of dementia and the effects on health and wellbeing
- 1.1 Types of dementia including:
- Alzheimer's disease
- vascular dementia
- Lewy body dementia
- frontotemporal dementia

1.4 Individual:

Refers to someone requiring care or support (often called service users in social care). It will usually mean the person or people supported by the learner.

- 2. Understand dementia care in social care settings
- 2.1 Legislation and frameworks could include:
- Mental Capacity Act 2005

- Equality Act 2010
- Health and Social Care Act 2012
- Care Act 2014
- Equality Act 2010
- Living well with dementia: a national dementia strategy 2009
- Mental Health Act 2007
- Mental Capacity Act 2005
- Human Rights Act 1998
- NHS England Dementia Training Standards Framework
- 3. Understand how to support individuals with dementia.

3.2 Strategies:

- creating life stories
- reminiscence therapy
- cognitive stimulation therapy (CST)
- cognitive rehabilitation

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Unit 23 Understanding autism (T/651/7296)



Unit summary

In this unit learners will understand autism and neurodiversity, medical approaches to autism, how autism is represented in society and behaviour within the context of autism. The learner will understand how to create an autism friendly environment, support individuals and the relevant services and legislation linked to autism.

Assessment

This unit is internally assessed via a portfolio of evidence.

Mandatory Graded P/M/D Level 3 40 GLH

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
Understand autism and neurodiversity	1.1 The terms autism and neurodiversity	Summarise the terms autism and neurodiversity	Explain the differences between the terms autism and	Analyse the differences between autism and neurodiversity,
	1.2 Medical model typically used with autism: • autistic spectrum condition • developmental conditions 1.3 Social model of	Describe the medical model which is typically used with autism: • autistic spectrum condition • developmental conditions Describe the social	neurodiversity, making reference to the social model of neurodiversity and the medical model typically used with autism: autistic spectrum condition developmental	referencing both the medical model typically used with autism and the social model of neurodiversity: • autistic spectrum condition • developmental conditions
	neurodiversity 1.4 Why it is important to recognise that autism is a lifelong condition	model of neurodiversity Summarise why it is important to recognise that autism is a lifelong condition	conditions Explain why it is important to recognise that autism is a lifelong condition	Evaluate why it is important to recognise that autism is a lifelong condition
Understand medical approaches to autism	2.1 The process of medical diagnosis of autism	Describe the process of a medical diagnosis of autism	Explain the process of a medical diagnosis of autism, including the	Evaluate the different professionals who are able to give a formal

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Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	2.2 Which professionals would give a formal diagnosis of autism	Identify the professionals who are able to give a formal diagnosis of autism	professionals who are able to give a formal diagnosis of autism	diagnosis of autism and the process which is followed for a medical diagnosis of autism
	 2.3 Features of autism which influence diagnosis: sensory differences differences in communication styles cognitive differences 	Summarise the features of autism which influence diagnosis: • sensory differences • differences in communication styles • cognitive differences	Explain the features of autism which influence diagnosis: • sensory differences • differences in communication styles • cognitive differences	Evaluate the features of autism which influence diagnosis: sensory differences differences in communication styles cognitive differences
	2.4 Advantages and disadvantages of diagnosis for the individual and their family	Identify the advantages and disadvantages of diagnosis for the individual and their family	Compare the advantages and disadvantages of a diagnosis of autism for the individual and their	Critically compare the advantages and disadvantages of a diagnosis of autism to evaluate the impact for
	2.5 The main characteristics found in autistic individuals on the autism spectrum	Summarise the main characteristics that may be found in autistic individuals on the autism spectrum	family, including the main characteristics found in autistic individuals on the autism spectrum	both the individual and their family, and explore the range of characteristics found in autistic individuals on the autism spectrum
Understand how autism is represented in society	 3.1 Positive and negative attitudes towards autism in: media arts and culture education workplace healthcare settings 	Describe attitudes towards autism in: media arts and culture education workplace healthcare settings social care settings	Discuss different attitudes towards autism and how these representations might influence public perception and autistic individuals: • media • arts and culture	Analyse different attitudes towards autism and how these representations might influence autistic individuals and public perception: • media • arts and culture

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	social care settings		educationworkplacehealthcare settings	educationworkplacehealthcare settings
	 3.2 How these representations might influence: public perception autistic individuals 	Describe how these representations might influence public perception and autistic individuals	social care settings	social care settings
	3.3 How autistic individuals could experience discrimination in healthcare settings and social care settings 3.4 How signs of discrimination and abuse can be missed in social care settings	Describe how autistic individuals could experience discrimination in healthcare settings and social care settings Describe how signs of discrimination and abuse can be missed in social care settings	Explain how autistic individuals could experience discrimination in healthcare settings and social care settings, and how signs of discrimination and abuse could be missed	Evaluate how autistic individuals could experience discrimination in healthcare settings and social care settings, and how signs of discrimination and abuse could be missed
Understand behaviour within the context of autism	4.1 Factors which influence autistic individuals' perspectives: • external environment • internal environment • interests • anxiety	Identify the factors which influence autistic individuals' perspective: • external environment • internal environment • interests • anxiety	Discuss the factors which influence autistic individuals' perspective: • external environment • internal environment • interests • anxiety	Evaluate the factors which influence autistic individuals' perspective: • external environment • internal environment • interests • anxiety

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	4.2 The range of behaviours associated with autism	Identify the range of behaviours associated with autism	Explain the range of behaviours associated with autism, the factors which can influence	Evaluate the range of behaviours associated with autism, the factors which can influence
	4.3 The importance of interpreting behaviour within the context of autism	Describe the importance of interpreting behaviour within the context of autism	behaviour, the importance of interpreting behaviour within the context of autism	behaviour, the importance of interpreting behaviour within the context of autism
	4.4 How various factors influence behaviour:intrinsicextrinsic	Describe how intrinsic and extrinsic factors influence behaviour		
	4.5 The importance of differentiating between positive and negative behaviour	Describe the importance of differentiating between positive and negative behaviour	Explain the importance of differentiating between positive and negative behaviour, whilst considering the	Evaluate the importance of differentiating between positive and negative behaviour, whilst
	4.6 The impact of an individual's behaviour on self and others	Summarise the impact of an individual's behaviour on self and others	impact that an individual's behaviour can have on others as well as themselves and	that an individual's behaviour can have on others as well as
	4.7 How behaviour can contribute to an individual's vulnerability	Describe how behaviour can contribute to an individual's vulnerability	their own vulnerability	themselves and their own vulnerability
5. Understand how to promote an autism friendly environment	5.1 The importance of a proactive approach	Summarise the importance of a proactive approach in promoting an autism friendly environment	Explain how to anticipate and meet the needs of autistic individuals, why it is important to implement	Evaluate why it is important to implement a proactive approach, and different ways to anticipate and meet the
	5.2 How to anticipate and meet the needs	Describe how to anticipate and meet the	a proactive approach, and different ways to	needs of autistic individuals, whilst

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
	of autistic individuals 5.3 Ways to reduce stress and anxiety for autistic individuals 5.4 Ways to respond to distressed behaviour	needs of autistic individuals Identify ways to reduce stress and anxiety for autistic individuals Identify ways to respond to distressed behaviour	reduce stress, anxiety and respond to distressed behaviour	reducing their stress, anxiety and responding to any distressed behaviour
6. Understand how to support autistic individuals	6.1 How to support autistic individuals to engage in meaningful activities 6.2 How to promote skills for independent living 6.3 How to support autistic individuals to access opportunities: • education • training • employment • access to housing	Describe how to engage autistic individuals in meaningful activities Describe how to promote skills for independent living for autistic individuals Describe how to support autistic individuals to access opportunities: education training employment access to housing	Discuss how to support autistic individuals to engage in meaningful activities, access education, training, employment opportunities and access to housing, whilst promoting skills for independent living	Evaluate how to support autistic individuals by promoting independent living skills and engaging them in meaningful activities, assisting them to gain access to education, training and employment opportunities
7. Understand the legislation relevant to autistic individuals and their families	7.1 Legislation in relation to autism	Summarise legislation in relation to autism	Discuss relevant legislation in relation to autism	Analyse legislation relevant to autistic individuals and their families
Understand the services available to autistic	8.1 Local and national statutory services	Identify the local and national statutory services available to	Discuss the local, national, voluntary and independent services	Evaluate the local, national, voluntary and

Learning outcomes (LOs) The learner will:	Assessment criteria (AC) The learner can:	Pass The learner will be able to:	Merit The learner will be able to:	Distinction The learner will be able to:
individuals and their families	8.2 Voluntary and independent services and facilities available to autistic individuals and their families 8.3 Barriers to accessing services 8.4 Ways to overcome barriers to	autistic individuals and their families Identify the voluntary and independent services and facilities available to autistic individuals and their families Identify potential barriers which autistic individuals and their families might encounter when accessing services Describe ways to overcome barriers to	and facilities which are available to autistic individuals and their families, the potential barriers and ways to overcome these barriers when accessing these services	independent services and facilities which are available to autistic individuals and their families, including potential barriers and ways to overcome these barriers when autistic individuals and their families are accessing these services
	accessing services	accessing services		

5. Understand how to promote an autism friendly environment

5.1 Proactive approach:

Proactive means anticipating what will be helpful and what will be anxiety provoking for autistic individuals and taking action.

Delivery and assessment guidance

This unit must be assessed in line with NCFE assessment principles for adult care, childcare and health qualifications.

Recommended assessment methods

A recommended range of assessment methods has been identified, which may be used for the units in this qualification. This gives the opportunity for the individual needs of learners to be taken into account.

If you are proposing to use an assessment method that is not included within the recommended list, you should contact your EQA with full details of your proposed method. It will need formal approval from NCFE before it can be used.

Each learner must generate evidence from appropriate assessment tasks that demonstrate achievement of all the LOs associated with each unit (grades are not awarded).

Please refer to the notes relating to expert witness testimony and simulation that follow this table.

Ref	Assessment method	Assessing competence/ skills	Assessing knowledge/ understanding
A	Direct observation of learner by assessor: by an assessor who meets the relevant Sector Skills Council's (SSC's) or other assessment strategy/principles and includes inference of knowledge from this direct observation of practice may include simulation in a realistic work environment*	Yes	Yes
В	Professional discussion	Yes	Yes
С	 Expert witness testimony*: when directed by the SSC or other assessment strategy/principles 	Yes	Yes
D	Learner's own work products	Yes	Yes
Е	Learner log or reflective diary	Yes	Yes
F	Activity plan or planned activity	Yes	Yes
G	Observation of children, young people or adults by the learner	Yes	Yes
Н	Reflection on own practice in workplace/work placement	Yes	Yes
I	Written and pictorial information	No	Yes

Ref	Assessment method	Assessing competence/ skills	Assessing knowledge/ understanding
J	Scenario or case study	No	Yes
K	Task set by NCFE (for knowledge LOs)	No	Yes
L	Oral questions and answers	Yes	Yes

* Simulation.

A learner's portfolio of evidence may only include simulation of skills where skills can't be observed in the workplace. Simulation should reflect as closely as possible to a scenario in a real work environment that reflects a real work setting and replicates the key characteristics of the workplace in which the skill to be assessed is normally employed.

Exceptionally, use of simulation is permitted under a number of circumstances to assess competence:

- where a unit is primarily based on underpinning knowledge but can be contextualised to the workplace within a competency qualification
- where a lack of opportunity for workplace assessment may be a barrier to a learner accessing or achieving the qualification
- where specific adjustments for a given learner prevent access to the workplace or to activities designed to assess learning
- where there may be issues of confidentiality / safeguarding for young people

Where simulation is used, it **must** be designed to ensure that:

- the learner is required to use materials and, where relevant, equipment found and used within the workplace environment
- the learner is provided by the centre with information, advice and guidance in line with what would be provided in the workplace in the specific context
- the physical environment and situation replicate the workplace environment in which the skills are used
- other people with whom the learner interacts in undertaking the assessed activity behave 'in character' for the given situation
- * **Expert witness testimony** should be used in line with the relevant assessment strategy/principles. This method must be used with professional discretion and only selected when observation would not be appropriate. Those providing an expert witness testimony must be lead practitioners with experience of making judgements around competence. The circumstances that may allow for an expert witness testimony include:
- when assessment may cause distress to an individual, such as supporting a child with a specific need
- a rarely occurring situation, such as dealing with an accident or illness
- confidential situations, such as safeguarding strategy meetings, where it would be inappropriate for an assessor to observe the learner's performance

Assessment strategies and principles relevant to this qualification

The key requirements of the assessment strategies or principles that relate to units in this qualification/these qualifications are summarised below.

The centre must ensure that individuals undertaking assessor or quality assurer roles within the centre conform to the assessment requirements for the unit they are assessing or quality assuring.

NCFE assessment strategy

The key requirements of the assessment strategies or principles that relate to units in this qualification/these qualifications are summarised below.

The centre must ensure that individuals undertaking assessor or quality assurer roles within the centre conform to the assessment requirements for the unit they are assessing or quality assuring.

Knowledge LOs

- assessors will need to be both occupationally knowledgeable and qualified to make assessment decisions
- internal quality assurers (IQAs) will need to be both occupationally knowledgeable and qualified to make quality assurance decisions

Competence/skills LOs

- assessors will need to be both occupationally competent and qualified to make assessment decisions
- IQAs will need to be both occupationally knowledgeable and qualified to make quality assurance decisions

The centre with whom the learners are registered will be responsible for making all assessment decisions. Assessors must be *contracted* to work directly with the centre, contributing to all aspects of standardisation. The centre must ensure a process of training is followed, including during induction and quality assurance activities. Occupationally competent and qualified assessors from the centre must use direct observation to assess practical skills-based outcomes.

For this qualification, the centre must use the further information relating to adult care assessment principles, which can be found within the mandatory Support Handbook.

Section 3: explanation of terms

This table explains how the terms used at **level 3** in the unit content are applied to this qualification (not all verbs are used in this qualification).

	,		
Apply	Explain how existing knowledge can be linked to new or different situations in practice.		
Analyse	Break down the subject into separate parts and examine each part. Show how the main ideas are related and why they are important. Reference to current research or theory may support the analysis.		
Clarify	Explain the information in a clear, concise way.		
Classify	Organise according to specific criteria.		
Collate	Collect and present information arranged in sequential or logical order.		
Compare	Examine the subjects in detail and consider the similarities and differences.		
Critically compare	This is a development of 'compare' where the learner considers the positive aspects and limitations of the subject.		
Consider	Think carefully and write about a problem, action or decision.		
Create	Make or produce an artefact as required.		
Demonstrate	Show an understanding by describing, explaining or illustrating using examples.		
Describe	Write about the subject giving detailed information in a logical way.		
Develop (a plan/idea)	Expand a plan or idea by adding more detail and/or depth of information.		
Diagnose	Identify the cause based on valid evidence.		
Differentiate	Identify the differences between two or more things.		
Discuss	Write a detailed account giving a range of views or opinions.		
Distinguish	Explain the difference between two or more items, resources, pieces of information.		

Draw conclusions	Make a final decision or judgement based on reasons.			
Estimate	Form an approximate opinion or judgement using previous knowledge or considering other information.			
Evaluate	Examine strengths and weaknesses, arguments for and against and/or similarities and differences. Judge the evidence from the different perspectives and make a valid conclusion or reasoned judgement. Reference to current research or theory may support the evaluation.			
Explain	Provide detailed information about the subject with reasons showing how or why. Responses could include examples to support these reasons.			
Extrapolate	Use existing knowledge to predict possible outcomes that might be outside the norm.			
Identify	Recognise and name the main points accurately. (Some description may also be necessary to gain higher marks when using compensatory marking).			
Implement	Explain how to put an idea or plan into action.			
Interpret	Explain the meaning of something.			
Judge	Form an opinion or make a decision.			
Justify	Give a satisfactory explanation for actions or decisions.			
Perform	Carry out a task or process to meet the requirements of the question.			
Plan	Think about and organise information in a logical way using an appropriate format.			
Provide	Identify and give relevant and detailed information in relation to the subject.			
Reflect	Learners should consider their actions, experiences or learning and the implications of this for their practice and/or professional development.			
Review and revise	Look back over the subject and make corrections or changes.			
Select	Make an informed choice for a specific purpose.			
Show	Supply evidence to demonstrate accurate knowledge and understanding.			

State	Give the main points clearly in sentences or paragraphs.	
Summarise	Give the main ideas or facts in a concise way.	
Test	est Complete a series of checks utilising a set procedure.	



Section 4: support

Support materials

The following support materials are available to assist with the delivery of this qualification and are available on the NCFE website:

- Evidence and Grading Tracker
- Qualification Factsheet

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Appendix A: units

To simplify cross-referencing assessments and quality assurance, we have used a sequential numbering system in this document for each unit.



Knowledge only units are indicated by a star. If a unit is not marked with a star, it is a skills unit or contains a mix of knowledge and skills.

Mandatory units

Unit number	Regulated unit number	Unit title	Level	GLH	Notes
Unit 01	K/651/7274	Working in social care	3	58	
Unit 02	L/651/7275	Equality, diversity, dignity and rights in social care	3	50	
Unit 03	M/651/7276	Duty of care	3	43	
Unit 04	R/651/7277	Communication in social care	3	55	
Unit 05	T/651/7278	The care and support planning process	3	34	
Unit 06	Y/651/7279	Person-centred approaches and risk assessments	3	42	
Unit 07	F/651/7280	Values and behaviours	3	41	
Unit 08	H/651/7281	Advocacy in social care	3	20	
Unit 09	J/651/7282	Safeguarding in social care	3	80	



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Unit 10	K/651/7283	Mental health and wellbeing	3	57	
Unit 11	L/651/7284	Health and safety in social care	3	100	
Unit 12	M/651/7285	Prevention and control of infection	3	28	
Unit 13	R/651/7286	Personal and professional development	3	62	
Unit 14	T/651/7287	Working with others	3	35	
Unit 15	Y/651/7288	Research in social care	3	52	
Unit 16	A/651/7289	Good practice in social care	3	16	
Unit 17	H/651/7290	Psychology in social care	3	47	
Unit 18	J/651/7291	Sociology of health and illness	3	47	
Unit 19	K/651/7292	Understanding anatomy and physiology	3	50	
Unit 20	L/651/7293	End-of-life care	3	53	
Unit 21	M/651/7294	Learning disabilities	3	30	
Unit 22	R/651/7295	Dementia awareness	3	40	
Unit 23	T/651/7296	Understanding autism	3	40	