

# T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

## Supporting the Mental Health Team

Assignment 1 – Case study

Assignment brief

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## T Level Technical Qualification in Health Occupational specialism assessment (OSA)

# Supporting the Mental Health Team

### Assignment brief

Assignment 1

Case study

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# Guidance for students

## Student instructions

- you must read the assignment briefs for each task carefully before starting your work
- you must work independently and make your own decisions as to how to approach the tasks within the case study assessment
- you must clearly name and date the work that you produce during the supervised session
- you must hand over your work to your tutor at the end of the supervised session

## Student information

- the maximum time you will have to complete all tasks for this case study assessment is 4 hours and 30 minutes:
  - it is recommended that you should dedicate 30 minutes to read the materials provided in the assignment brief insert
  - it is recommended that you should then read all the tasks and split your time accordingly, planning time to check your work
- at the end of the supervised session, your tutor will collect all assessment materials before you leave the room
- you must not take any assessment materials outside of the room, for example, via a physical memory device
- you must not upload any work produced to any platform that will allow you to access materials outside of the supervised sessions (including email)
- you can fail to achieve marks if you do not fully meet the requirements of the task, or equally if you are not able to efficiently meet the requirements of the task

## Plagiarism

You must complete all tasks in this assignment independently. You are required to sign a declaration of authenticity to confirm that the work is your own. This is to ensure authenticity and to prevent potential malpractice and maladministration. If any evidence was found not to be your own work, it could impact your overall grade.

## Presentation of work:

- your work should be completed electronically using black font, Arial size 12, unless otherwise specified, with standard border sizes
- clearly show where sources have been used to support your own ideas and opinions
- clearly reference all sources used to support your own ideas and opinions, including any quotations from websites
- any work not produced electronically must be agreed with your tutor, in which case the evidence you produce should be scanned and submitted as an electronic piece of evidence
- your work should be clearly labelled with the relevant task number and your student details, and be legible

- electronic files should be given a clear file name for identification purposes, see tasks for any relevant naming conventions
- all pages of your work should be numbered in the format page X of Y, where X is the page number and Y is the total number of pages
- you must complete and sign the assessment cover sheet (ACS) and include it at the front of your assessment task evidence
- you must submit your evidence to the tutor at the end of the supervised session

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## Scenario

You are working as a mental health support worker and are asked to assist in the care of Jake Roberts who has been referred to your mental health team by the local mental health assessment team.

You were present at the team meeting where his case was discussed.

The resources you need are:

**Item A: assessment from local mental health service nurse**

**Item B: SBARD communication tool**

**Item C: wellbeing plan**

**Item D: recovery plan**

**Item E: care plan**

**Item F: Mind campaigns for better mental health**

**Item G: extract from coping with voices information leaflet**

**Item H: extract from mental health team patient notes**

# Task 1: assessment of the patient/situation

## Scenario

At the team meeting you recently attended a referral was received for 21-year-old Jake Roberts.

Jake was referred to the mental health team by his GP for a full assessment of his mental health needs.

The mental health nurse has given you a copy of Jake's completed assessment from the local mental health service nurse (item A). As part of your professional development, the nurse has asked you to complete the SBARD communication tool (item B) to communicate to herself and the team the important information from the full assessment completed.

## Task

The nurse asks you to use the information available to complete the situation, background, assessment, risk sections of the SBARD communication tool (item B).

As an extension of your professional development, the mental health nurse has asked you to consider what decisions and justifications you would make for Jake and complete the final sections of Item B, and they will consider these as part of his future care plans.

(20 marks)

## Conditions of the assessment:

- task 1 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials excluding sites and materials included in the assignment brief insert when completing your work for this task
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

## Evidence requirements

Completed Item B

## Submission:

- all tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task1\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider number and student number from your tutor.

## Task 2: goals/patient outcomes/planned outcomes

### Scenario

Jake was asked to complete a wellbeing plan (item C) after the initial meeting with the local mental health services. You have been asked to follow this up to help complete a recovery plan (item D).

### Task

You need to consider Jake's situation from a holistic point of view and complete his recovery plan (item D).

You should:

- identify 3 goals for Jake
- recommend 2 actions for each goal that you have identified

Consider what Jake thinks are his main needs using a collaborative approach. The actions should use Jake's strengths and achievements.

Identify who may be responsible for supporting Jake with goals including health professionals and others who may be involved.

Consider any barriers Jake may need to overcome.

(20 marks)

### Conditions of the assessment:

- task 2 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert, when completing your work for this task
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Completed Item D

### Submission:

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task2\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider number and student number from your tutor.

## Task 3: care/treatment/support plan

### Scenario

Jake attended his third appointment with the mental health team today, accompanied by his mother. They were seen by you and the nurse. The nurse has asked you to help write Jake's care plan.

### Task

Using Item F & Item G complete all sections of the care plan (Item E) including information about actions and treatments that may be suitable for Jake and why.

(20 marks)

### Conditions of the assessment:

- task 3 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Completed Item E.

### Submission:

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task3\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider number and student number from your tutor.



## Task 4: evaluation/monitoring effectiveness/clinical effectiveness

### Scenario

Jake has now been involved with the mental health team for 3 months. He is due a care plan review next week.

The nurse has asked you to visit Jake before his review and speak to him and his mother about what he feels is working and whether there are any changes that need to be made to his care plan.

### Task

Item E is Jake's completed care plan from task 3.

Item H is the extract from mental health team patient notes.

Using item E and H, evaluate Jake's progress until now. Identify any gaps and future goals.

(20 marks)

### Conditions of the assessment:

- task 4 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert, when completing your work for this task
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task4\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider number and student number from your tutor.

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