



# T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

## Supporting the Care of Children and Young People

Assignment 1 – Case study

Assignment brief

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# Supporting the Care of Children and Young People

### Assignment brief

Assignment 1

Case study

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# Guidance for students

## Student instructions

- read the task briefs carefully before starting your work
- you must work independently and make your own decisions as to how to approach the tasks within the case study assessment
- you must clearly name and date all of the work that you produce during the supervised session
- you must hand over all of your work to your tutor at the end of the supervised session

## Student information

- the maximum time you will have to complete all tasks for this case study assessment is 4 hours 30 minutes:
  - it is recommended that you should dedicate 30 minutes to read the materials provided in the assignment brief insert
  - it is recommended that you should then read all the tasks and split your time accordingly, planning time to check your work
- at the end of the supervised session, your tutor will collect all assessment materials before you leave the room
- you must not take any assessment materials outside of the room, for example, via a physical memory device
- you must not upload any work produced to any platform that will allow you to access materials outside of the supervised sessions (including email)
- you can fail to achieve marks if you do not fully meet the requirements of the task, or equally if you are not able to efficiently meet the requirements of the task

## Plagiarism

Copying may result in the external assessment task being awarded a U grade. For further guidance, refer to your student handbook – plagiarism guidance and maladministration and malpractice policy located at [www.ncfe.org.uk](http://www.ncfe.org.uk).

## Presentation of work

- all of your work should be completed electronically using black font, Arial 12pt, unless otherwise specified, with standard border sizes
- clearly show where sources have been used to support your own ideas and opinions
- clearly reference all sources used to support your own ideas and opinions, including any quotations from websites
- any work not produced electronically must be agreed with your tutor, in which case the evidence you produce should be scanned and submitted as an electronic piece of evidence
- all of your work should be clearly labelled with the relevant task number and your student details, and be legible, for example, front page and headers
- electronic files should be given a clear file name for identification purposes – see tasks for any relevant naming conventions
- all pages of your work should be numbered in the format page X of Y, where X is the page number and Y is the total number of pages

- you must complete and sign the assessment cover sheet (ACS) and include it at the front of your assessment task evidence
- you must submit your evidence to the supervisor at the end of the supervised session

SAMPLE

## Scenario

You are working as a healthcare assistant (HCA) in a hospital, working across departments / wards and with a multidisciplinary team of professionals.

Your resources include:

Item A: patient symptoms

Item B: triage observation form

Item C: patient goals form

Item D: patient care/support plan

SAMPLE

# Task 1: assessment of the patient/situation

## Scenario

You have been asked to support in assessing a 7-year-old child, Jessica. Her father has brought her into the hospital as she fainted and fell down some stairs at home. He has stated that she has been feeling unwell for over a week and prior to fainting at home she did have an appointment to see a GP in relation to her symptoms. She is complaining about pain to her left foot, where she fell.

## Task

Using the information provided in item A and the scenario, complete item B: triage observation form, including:

- a description of the patient's situation/symptoms
- assessment of the immediate actions required to support Jessica's health and wellbeing

(20 marks)

## Conditions of the assessment

- task 1 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

## Evidence requirements

Completed item B and any further relevant evidence.

## Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task1\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor.

## Task 2: goals/patient outcomes/planned outcomes

### Scenario

It is 3 days since Jessica was brought into hospital. Jessica has been diagnosed with type 1 diabetes and has broken a bone in her foot, which requires a small surgery. She is now on the children's ward and is receiving the treatment she requires for her type 1 diabetes. Jessica is feeling very overwhelmed with her diagnosis and is anxious about the surgery that is taking place later that day.

### Task

Consider Jessica's situation from a holistic point of view and complete her patient goals form (item C).

You should

- identify 3 short-term patient goals that could be discussed with Jessica
- describe actions to take to achieve each goal, including who may need to be involved
- outline the planned patient outcomes from achievement of each goal

(20 marks)

### Conditions of the assessment

- task 2 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Completed item C and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task2\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor.

## Task 3: care/treatment/support plan

### Scenario

Jessica has now had her surgery and is recovering well. She has had a foot cast put on but is complaining of some pain to her foot. Her doctor has informed her that she will need to walk with crutches for the next 6 weeks and not bear any weight on her foot. Jessica's diabetes is stable with the insulin treatment she is receiving. Jessica is going to be referred to a paediatric diabetes care team, who will support her and her parents to manage her diabetes once discharged from hospital.

You have been asked to assist in Jessica's support plan to aid in her recovery and prepare her for hospital discharge.

### Task

Complete the patient care and support plan template (item D). You should:

- Identify 3 of Jessica's care/support needs
- Explain actions and/or treatments that are required and how these will support Jessica's health and wellbeing
- Outline health professionals who may be required to be involved in meeting Jessica's care/support needs

(20 marks)

### Conditions of the assessment

- task 3 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Completed item D and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task3\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor.



## Task 4: evaluation/monitoring effectiveness/clinical effectiveness

### Scenario

Jessica has now been in hospital for 10 days and she is going to be discharged. She has an appointment to see the orthopaedic surgeon in 4 days to check on her foot and she has been referred to the diabetic care team to support her and her parents to manage her diabetes at home.

Jessica's blood sugar levels are stable. She says she feels a lot better and has more energy and has started to put weight back on, which she lost prior to hospital admission. Her foot is healing well and she is able to wiggle her toes and there is no signs of swelling/infection. She is able to walk with the aid of crutches, but she has expressed that she still feels anxious about her diabetes and her foot is still painful.

As part of your development, the nurse you are working with has asked you review the effectiveness of the care/support/treatment given in relation to Jessica's health and wellbeing.

### Task

Using information from the scenario and tasks 1–3, evaluate the clinical effectiveness of the interventions that have taken place for the health and wellbeing of Jessica and make recommendations based on your evaluation.

(20 marks)

### Conditions of the assessment

- task 4 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task:
  - attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word processed report and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (provider\_number)\_(student registration number)\_(surname)\_(first name)\_task4\_(additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor.

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Owner: Head of Assessment Design

## Change History Record

Version	Description of change	Approval	Date of issue
v1.0	Additional sample material		01 September 2023
v1.1	Sample added as a watermark	November 2023	20 November 2023