

Qualification factsheet

Qualification overview

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| Qualification title | NCFE CACHE Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace | | |
| Qualification number (QN) | 603/5148/2 | | |
| Total qualification time (TQT): | 135 | Guided learning hours (GL) | 120 |
| Entry requirements: | Entry is at the discretion of the centre. However, learners should be aged 16 or above to undertake this qualification. There are no specific prior skills/knowledge a learner must have for this qualification. However, learners may find it helpful if they've already achieved a Level 2 qualification. | | |

About this qualification

The purpose of this qualification is to give learners the skills to support colleagues with mental health problems. These skills will be gained by increasing the learner's knowledge and understanding of mental health conditions and the principles of mental health first aid and how this can be implemented in the workplace.

This qualification is suitable for learners who wish to raise awareness of mental health, creating a culture of care and the promotion of positive mental health. This qualification gives learners the opportunity to understand mental health, its associated care and how this can be applied to learners or colleagues in the workplace.

Qualification structure

To be awarded the Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace, learners are required to successfully complete 3 mandatory units

Mandatory units

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|----------------------------------------------------------------------|
| Unit 01 Exploring mental health |
| Unit 02 Understand how to support individuals with mental ill health |
| Unit 03 Understand a mentally healthy environment |

Assessment

Learners must successfully demonstrate their achievement of all learning outcomes of the units as detailed in the qualification specification.

Progression opportunities

Learners who achieve this qualification could progress to:

- Level 2 and 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 Award in Awareness of Dementia
- Level 2 Certificate in Understanding Working in the Health Sector
- Level 2 and 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Stroke Care Management
- Intermediate and Advanced Apprenticeships in Health and Social Care

Workers within a wide range of public service roles will interact with those with mental health issues and support needs in their day-to-day work across a number of sectors.

This qualification may be useful to learners studying qualifications in the following sector(s)/area(s):

- customer service
- housing
- voluntary sector
- sport and recreation
- hospitality
- travel and tourism



Contact us

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