

NCFE

CACHE

Sample Assessment Materials (SAMs) (holistic) Optional Units- Mental Health Support

**NCFE CACHE Level 3 Technical Occupational Entry in
Senior Healthcare Support (Diploma)
QN: 610/3988/3**

Contents

Introduction	3
Assessment 1	4
Assessment 2	5
Assessment 3	6
Assessment 4	7
Change history record	8

Introduction

You are a mental health support worker in a community mental health centre. Your role involves providing care and assistance to individuals with mental health conditions across a range of ages.

The objective of this task will enable you to:

- evaluate your own compliance with applicable legislation and regulations concerning the rights and wellbeing of individuals with mental health conditions
- evaluate your own adherence to national mental health guidelines, policies, and protocols
- demonstrate good practices are followed in providing effective and compassionate care for individuals with mental health challenges.

Assessment 1

Provide examples from the setting that support adherence to legislation, such as but not limited to; the Mental Health Act (2007), the Mental Capacity Act (2005), safeguarding vulnerable adults, Data Protection Act (DPA) 2018.

Review and evaluate documentation within the setting, relating to mental health assessments, behaviour management, treatment plans and crisis intervention reports within the setting, including an assessment of the service framework from the setting that supports the understanding of the rights of the individual are met, including:

- privacy
- informed choices
- challenging discrimination
- promoting the rights of the individual
- duty of care
- supporting independent advocacy.

MH 1: AC1.1, 1.2, 3.1, 3.2, 3.3, 3.4, 3.5

MH 4: AC 4.1, 4.2

MH 5: AC1.6

DHCS 1: AC5.1, 5.2, 5.3

DHCS 4: AC4.1

DHCS 5: AC1.3

DHCS 8: AC1.1

Assessment 2

You will undergo a professional discussion where you will:

- evaluate your own compliance with relevant legislation, national guidelines and organisational policies within the setting
- evidence knowledge of specific recommendations in relation to the assessment, treatment, planning, and crisis intervention of an individual, include:
 - decision making skills
 - problem solving skills.

MH 8: AC2.1

MH 9: AC1.1, 1.2

Assessment 3

Within your role and responsibility in the setting, you will experience situations with individuals experiencing mental health crises.

Provide examples when you have followed the settings policies and protocols concerning mental health support, including the development, application and review of person-centred risk assessment.

You must also include examples of handling information, maintaining records, documentation practices when conducting mental health assessments, and facilitating appropriate referrals or interventions.

MH 4: AC2.1, 2.2

MH 10: AC5.3

MH 12: AC3.2, 3.3, 3.4, 3.6, 4.1, 4.2

DHCS 2: AC1.1, 2.1, 2.2, 2.3

DHCS 4: AC1.1

Assessment 4

You will be observed demonstrating the key principles and effective use of communication when building relationships with individuals in the care setting which will evaluate:

- communication skills
- identifying and overcoming barriers
- empathy and validation
- adherence to mental health support practices
- response in accordance with legal and ethical requirements.

MH 7: AC1.1, 1.2, 2.1, 2.3, 2.4

DHCS 1: AC2.1, 2.3, 2.5, 3.1, 3.3, 3.4, 4.2, 4.4

DHCS 13: AC3.4, 3.5

Change history record

Version	Description of change	Date of issue
V1.0	First publication	August 2025