





# Taking steps forward

Together we're moving forward with suicide reduction; one step at a time.



Mental health has never been higher on the agenda across both education and business.

Suicides may not be predictable, but they are preventable. You can raise awareness and equip people with the skills to connect with at-risk staff and customers with high-quality education. Suicide awareness and prevention training can save lives! Often people who have not received any training or had any experience avoid the subject. This qualification will increase knowledge

> Tanya Sammut BSc Registered Mental Health Nurse Severn Wellness

#### Deaths by suicide rose by 10.9% in the UK in 2018.

### 12.8 million

working days were lost to **work-related mental health** conditions in 2018. In the UK, **men** are **three times more likely** to die by suicide than women.

In the UK the highest suicide rate is among men aged



#### In 2019, there were

5,691 suicides registered in England and Wales.

#### Together we can make a difference

We've collaborated with experts to bring you an offer which will help to save lives.

### You don't have to be a doctor to save lives

Our package includes the first regulated awards in the UK designed to raise awareness and reduce suicide.



BDLD, the mental health training expert, has created a **Level 4 Award in Delivering the STEPS Towards Suicide Awareness & Reduction Programmes**. This provides you with the support, knowledge and understanding you may need to deliver these qualifications, which we've accredited.



#### The full package

LearnBox has developed high-quality learning resources to support delivery. You can purchase these now. These resources are hosted on an interactive learning and assessment platform, which means you can deliver the Level 2 qulification remotely or in a classroom.



### Making a connection; suicide prevention



Developed by mental health training experts Big Dog Little Dog (BDLD).

bdld.org.uk

aelp.org.uk



Supported by an objective evaluation project, led by an expert psychologist from AELP.



Created with high-quality learning resources from LearnBox, to enable engaging delivery remotely or in a classroom.

wearelearnbox.com



Qualification developed by the market leader in the health and social care sector.

ncfe.org.uk

## Find out more about how you can make a difference.



ncfe.org.uk



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