

## Appendix 2: You are required to use this resource for Tasks 3 and 4

### Social worker- health and wellbeing report for:

**Name:** Mr John Dale

**DOB:** 20.04.52

**Address:** 26 Lime Road  
Woodthorpe  
Kent  
CT10 3DQ

(This report was compiled four weeks after John's discharge from the residential home)

<b>Physical</b>	<p>John's health continues to improve but he will still require medication to reduce the chance of another stroke. John appears to be coping well with the medication and his GP is satisfied with John's progress.</p> <p>John is gradually regaining mobility. He is now more confident when standing and can walk short distances with one crutch. His muscle strength and mobility will continue to improve as he mobilises and exercises more.</p> <p>John has been motivated to carry out all the exercises suggested by the physiotherapist daily. And although the physiotherapist has discharged John, she wants him to continue with these at home.</p> <p>John is very slowly regaining co-ordination and fine motor skills. He is still having difficulty with some personal hygiene tasks such as shaving and dressing. The occupational therapy will continue but will be reduced to once a week.</p> <p>John still finds it difficult to eat with adapted cutlery provided by the occupational therapist. He still needs help to cut up his food and only eats small amounts at mealtimes. He swallows food with no problems, but eating is a slow process.</p> <p>Most people can now understand John, although his speech is slurred and slow. He no longer needs to rely regularly on alternative forms of communication but occasionally uses gestures to help when</p>
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	<p>communicating with others. John will continue with his speech and language therapy, but this will be reduced to once a week.</p> <p>There are some safety concerns since John continues to smoke.</p>
<b>Cognitive</b>	John has started to read again. With some help, he is using eBooks, as this does not require fine motor skills.
<b>Social and emotional</b>	<p>John enjoys visits from his son, and he is always keen to engage in conversation.</p> <p>John misses meeting up with his friends and would benefit from more social interactions.</p> <p>John appears emotionally well and shows no signs of mental illness or emotional distress. John's tendency to get frustrated is reducing as his speech and mobility improve.</p>

**Name:** Jamie Davis (social worker)  
01.07.20

**Signed:** *Jamie Davis*

**Date:**