



# T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

## Supporting the Adult Nursing Team

Assignment 1 – Case study

Assignment brief

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# Supporting the Adult Nursing Team

## Assignment brief

Assignment 1

Case study

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# Guidance for students

## Student instructions

- read the task briefs carefully before starting your work
- you must work independently and make your own decisions as to how to approach the tasks within the case study assessment
- you must clearly name and date all of the work that you produce during the supervised session
- you must hand over all of your work to your tutor at the end of the supervised session

## Student information

- the maximum time you will have to complete all tasks for this case study assessment is 4 hours 30 minutes
- it is recommended that you should dedicate 30 minutes to read the materials provided in the assignment brief insert
- it is recommended that you should then read all the tasks and split your time accordingly, planning time to check your work
- at the end of the supervised session, your tutor will collect all assessment materials before you leave the room
- you must not take any assessment materials outside of the room (for example, via a physical memory device)
- you must not upload any work produced to any platform that will allow you to access materials outside of the supervised sessions (including email)
- you can fail to achieve marks if you do not fully meet the requirements of the task, or equally if you are not able to efficiently meet the requirements of the task

## Plagiarism

You must complete all tasks in this assignment independently. You are required to sign a declaration of authenticity to confirm that the work is your own. This is to ensure authenticity and to prevent potential malpractice and maladministration. If any evidence was found not to be your own work, it could impact your overall grade.

## Presentation of work

- all of your work should be completed electronically using black font, Arial 12pt, unless otherwise specified, with standard border sizes
- clearly show where sources have been used to support your own ideas and opinions
- clearly reference all sources used to support your own ideas and opinions, including any quotations from websites
- any work not produced electronically must be agreed with your tutor, in which case the evidence you produce should be scanned and submitted as an electronic piece of evidence
- all of your work should be clearly labelled with the relevant task number and your student details, and be legible
- electronic files should be given a clear file name for identification purposes; see tasks for any relevant naming conventions

- all pages of your work should be numbered in the format 'page X of Y', where X is the page number and Y is the total number of pages
- you must complete and sign the external assessment cover sheet (EACS) and include it at the front of your assessment task evidence
- you must submit your evidence to the supervisor at the end of the supervised session

## Scenario

You are a healthcare support worker working in Manley Park Residential Home. You are supporting Martha, one of the residents.

Martha is 83 and has been a resident in the home for 6 months following a history of falls. She was recently discharged from hospital following an acute episode of confusion which was resolved. During the admission, her renal function was assessed, and she was diagnosed with mild renal impairment.

Martha has been generally independent with her self-care and walks with a stick. She tends to avoid asking for help, preferring to mainly stay in her room, but enjoys the social contact provided during communal meals and activities. She now has capacity and is normally lively and chatty.

Martha is prescribed atenolol 75mg once daily and paracetamol 1000mg 4 times a day as required, which she tends to take regularly for a painful left hip on walking, and which makes sitting to standing difficult. Martha likes to please everyone and was embarrassed when her daughter complained to the home manager about the smell of urine in her bedroom.

You spoke to Martha the last time you were on duty, 48 hours ago, and had some concerns about possible signs of incontinence. You reported your concerns and tried to talk to Martha about them.

Your resources include:

- item A: transcript of conversation between you and Martha 2 days ago
- item B: fluid balance chart
- item C: hydration toolkit
- item D: food and fluid chart for Martha

# Task 1: assessment of the patient/situation

## Scenario

Today, Martha has not appeared at her usual time for her breakfast in the dining room. When you go to look for her, she is still in bed. She looks pale, her eyes are sunken, her skin and mouth are dry, and she feels hot. You remind her it is breakfast time and she tells you she has got to 'feed the children before school'.

She refuses to eat and wanders around her room. She is very agitated, bewildered and not her usual self. Her nightdress is wet, with the presence of dark staining and very strong odour. You notice there is also faecal smearing on some discarded underwear.

Following your report, Martha is referred to her general practitioner (GP) who prescribes antibiotics for a potential urine infection, sends a urine sample to the laboratory, and suggests ongoing monitoring of physiological measurements.

Martha's current physiological measurements are as follows:

Pulse 99 BPM; blood pressure 95/62; temperature 37.8°C; respirations 18 per minute; Oxygen saturation 96%; BMI 18.5.

## Task

You have been given:

- item A: transcript of your conversation with Martha 2 days ago
- item B: fluid balance chart

Use these items and the information above to write a report that supports the multidisciplinary team to meet Martha's needs. Your report should include:

- Martha's immediate needs – physical and psychological/emotional
- assessment of the risk factors that could impact Martha's health and wellbeing
- professionals that may be required to support Martha, and their role

(20 marks)

## Conditions of the assessment

- task 1 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert, when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

## Evidence requirements

Word-processed response and any further relevant evidence.

## Submission

- all tasks should be saved separately

- the following filename conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task1\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor

## Task 2: goals/patient outcomes/planned outcomes

### Scenario

You have been asked by registered professionals to assist with Martha's health and wellbeing. She needs to develop goals to meet her daily living activities. Martha has expressed her deep embarrassment about her recent incontinence and reluctantly admits it is influencing some of her choices.

### Task

You have been asked to follow up on the findings of your conversation with Martha before she became unwell (item A). You have been given a hydration toolkit (item C) to inform you of best practice. You should:

- suggest 3 short-term goals to support Martha around activities of daily living
- recommend activities to support the achievement of Martha's goals
- identify what barriers may affect Martha's ability to achieve her goals
- explain how a person-centred approach could support Martha in the achievement of her goals

(20 marks)

### Conditions of the assessment

- task 2 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert, when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word-processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task2\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor



## Task 3: care/treatment/support plan

### Scenario

Due to feeling unwell, Martha has been spending a lot of time in bed and today a visual assessment has been completed, which noted that she potentially has a stage 1 pressure sore on her right hip.

She is also having further incontinence issues and more accidents. She is feeling more embarrassed and self-conscious as she is having to have her bed changed 2 to 3 times a day.

Item D is Martha's food and fluid chart for the previous day.

### Task

Using item D, and any other relevant information from previous tasks to support, write a series of recommendations which explains the treatment and support that is required for Martha.

In your response, you should include:

- a summary of the main concerns in Martha's condition
- all treatment and/or support that Martha requires
- any other professionals that may be needed to support Martha, and their role

(20 marks)

### Conditions of the assessment

- task 3 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert, when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word-processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task3\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor

## Task 4: evaluation/monitoring effectiveness/clinical effectiveness

### Scenario

The ward nurse has asked you to write a report which explains how Martha's progress will be monitored in preparation for Martha's next care review.

### Task

Using information from the case study materials and what you have learned about Martha, you should write a report which includes how you will monitor the effectiveness of the recommendations from task 3.

(20 marks)

### Conditions of the assessment

- task 4 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert, when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word-processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task4\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor

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