

**NCFE**

**CACHE**

# **Sample Assessment Materials (SAMs) (holistic) Optional Units - Maternity Support**

**NCFE CACHE Level 3 Technical Occupational Entry in  
Senior Healthcare Support (Diploma)  
QN: 610/3988/3**

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## Assessment 1

Your assessor will be able to holistically assess criteria from the following five units:

**MAT 1 Provide advice and information to enable parents to promote the health and wellbeing of their newborn babies.**

**MAT 2 Care for a newborn baby.**

**MAT 3 Support parents or carers to interact with and care for their newborn baby.**

**MAT 5 Develop and agree individualised care plans for babies and families.**

**MAT 6 Support individuals with feeding babies.**

Your workplace is updating their patient and service user information packs. Your manager has asked you to produce an information guide which can be shared with your service users, their families, and friends relating to the care, needs and development of newborns.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed below.

### **Promoting the health and wellbeing of the newborn:**

- explain aspects of neonatal development (MAT5: AC3.6)
- explain the needs of babies at different stages of their development, including the following:
  - physical
  - social
  - emotional
  - cognitive (MAT 1: 2.1)
- explain how adopting a healthy lifestyle can enable parents/carers to promote their own health and wellbeing and that of their babies (MAT 1: AC2.3)
- describe the principles and practice of infant feeding during the first year (MAT 1: AC2.5)
- explain vaccinations up to one year of life (MAT 1: AC3.1)
- explain local and national antenatal and newborn screening services. (MAT 1: AC4.1, 4.2)

### **Caring for a newborn:**

- Describe the physical, social, and emotional developmental needs of babies during the first 10 days of life (MAT 2: AC2.3)
- Explain how to anticipate and respond to the needs of newborn babies using non-verbal cues (MAT 2: AC2.4)
- Explain how to recognise when a newborn baby may be becoming unwell (MAT 2: AC2.2)
- Explain the health, safety, and hygiene requirements of newborn babies (MAT 2: AC2.5)
- Explain signs and symptoms of deteriorating health and wellbeing of newborns (MAT 2: AC6.1)
- Explain what information to give parents regarding signs, symptoms and preventative measures related to neonatal jaundice. (MAT 3: AC3.3)

### **Feeding your newborn:**

- Describe the behaviour and feeding cues of babies (MAT 6: AC2.8)
- Explain how to position the individual and baby for feeding (MAT 6: AC2.9)
- Describe the different methods, techniques and equipment required for the different methods of feeding (MAT 6: AC2.10)
- Explain how formulas are stored, including how long prepared powdered formula can be kept (MAT 6: AC2.11)

- Describe changing patterns of stool and urine related to the different feeding methods. (MAT 6: AC2.12)

## Assessment 2

Your assessor will be able to holistically assess criteria from the following five units:

**MAT 1 Provide advice and information to enable parents to promote the health and wellbeing of their newborn babies.**

**MAT 2 Care for a newborn baby.**

**MAT 3 Support parents or carers to interact with and care for their newborn baby.**

**MAT 5 Develop and agree individualised care plans for babies and families.**

**MAT 6 Support individuals with feeding babies.**

Your workplace is updating their agreed ways of working information packs. Your manager has asked you to produce a reference guide which can be shared with your colleagues relating to the agreed ways of working, covering important aspects of legislation, rights and responsibilities, and record keeping associated with the role.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should include all criteria listed below:

- a summary of current legislation, national guidelines, policies, protocols, and good practice guidelines related to providing advice and information to parents / carers on the health and wellbeing of newborn babies (MAT 1: AC1.1)
- a description of local policies for child safety and protection (MAT 1: AC1.2 and MAT 2: AC1.2)
- an explanation of how to report any concerns about the parent /carer or the child's health, safety, or wellbeing in line with local policy and protocol (MAT 1: AC1.3)
- an explanation of how to access records and information on the needs and preferences of babies, parents, and carers in line with local policy and protocol (MAT 1: AC1.7, MAT 2: AC1.6 and MAT 3: AC1.7)
- an explanation of confidentiality when storing or accessing records and information (MAT 1: AC1.8, MAT 2: AC1.7, MAT 3: AC1.8 and MAT 6: 1.7)
- an explanation of how to report any concerns about the newborn's health, safety, or wellbeing in line with local policy and protocol (MAT 2: AC1.3 and MAT 3: AC1.6)
- a summary of current legislation, national guidelines, policies, protocols, and good practice guidelines related to supporting parents/carers to care for babies during their first year. (MAT 5: AC1.1)

## Change history record

Version	Description of change	Date of issue
V1.0	First publication	August 2025