



Purpose statement

**NCFE Level 1 Award in Personal and Social
Development
QN: 501/0672/7**

Purpose statement

Qualification overview

The purpose of this qualification is to enable you to operate independently and effectively in life, learning and work.

It will help you to recognise a range of personal and social skills, and will encourage and support you to develop them. Developing your personal and social skills will complement your learning in other areas, like vocational learning or functional skills.

The qualification aims to develop and formally recognise your personal and social skills, to build on your achievements and to make them appropriate and meaningful for you.

Who is this qualification for?

This qualification is for you if you're working on a personalised learning programme. It'll help you improve your skills and knowledge if you have mild learning difficulties and/or disabilities.

Age restrictions

There are no age restrictions, meaning you can take this qualification at any age.

Entry requirements

There are no entry requirements for this qualification.

Qualification content

This qualification has a wide range of units. You have the opportunity to develop your understanding and skills by selecting whichever units are appropriate to you.

The choice of units covers:

- participating in community activities
- reflecting on your own personal development
- developing your problem solving skills
- learning about environmental issues
- planning to live a healthy lifestyle
- knowing your rights and responsibilities
- planning and enjoying your leisure time
- managing your money
- sharpening up your social skills, people skills and parenting skills
- identifying which skills and qualities you need for work
- how to identify and work towards set goals.

You'll choose 4 units from Group A below (minimum 7 credits). This will help you to gain knowledge and understanding of how to operate independently and effectively.

Group A

- Unit 01 Community action (2 credits)
- Unit 02 Developing self (2 credits)
- Unit 03 Dealing with problems in daily life (2 credits)
- Unit 04 Environmental awareness (2 credits)
- Unit 05 Healthy living (2 credits)
- Unit 06 Individual rights and responsibilities (1 credit)
- Unit 07 Making the most of leisure time (2 credits)
- Unit 08 Managing own money (2 credits)
- Unit 09 Managing social relationships (1 credit)
- Unit 10 Parenting awareness (2 credits)
- Unit 11 Preparation for work (2 credits)
- Unit 12 Working as part of a group (2 credits)
- Unit 13 Working towards goals (2 credits)

You might also like to complete some of the units from Group B listed below. These units will give you the opportunity to gain understanding and experience of applying for work; however, these additional units won't contribute to the overall credit value of the Award.

Group B – Additional units

- Unit 14 Tackling number problems (2 credits)
- Unit 15 Job search skills (1 credit)
- Unit 16 Interview skills (1 credit)

What type of qualification is this?

This is a non-vocational qualification which sits within Foundation Learning. It is an internally assessed qualification with 70 guided learning hours. Within this time you'll carry out learning activities, including classes and supervised practical work that will support you as you develop the skills and knowledge to operate independently.

Progression opportunities

By successfully completing this qualification you'll learn how to operate independently and effectively in your life, learning and work. The qualification will support your independent living and will help you to find supported employment.

You may wish to build on the skills and knowledge achieved in this qualification by progressing to the next level of learning. Depending on your abilities and interests qualifications could include:

- NCFE Level 2 Award in Occupational Studies for the Workplace (601/1424/1)
- NCFE Level 2 Award in Exploring Occupational Studies for the Workplace (601/1497/6)
- NCFE Level 2 Certificate in Occupational Studies for the Workplace (601/1423/X)
- NCFE Level 2 Diploma in Occupational Studies for the Workplace (601/1425/3)

- NCFE Level 2 Award in Employability Skills (601/4664/3)
- NCFE Level 2 Certificate in Employability Skills (601/4663/1)

This is not an Apprenticeship qualification, but may be used to support you on your journey towards entering an Apprenticeship in the future.

Are there any qualifications similar to this?

In addition to this qualification we also offer the NCFE Level 1 Certificate in Personal and Social Development (501/0591/7) which is a longer 15 credit version of this qualification.

The Certificate gives you the opportunity to develop basic skills and understanding by selecting a wider range of topics that will support you to live, learn and work independently.

This Award is more suited to you if you have a particular goal in mind and need to focus on a smaller number of topics to support you to live, learn and work independently.

Support for this qualification

The qualification is supported by colleges and training providers promoting preparation for life and work.

For further information about them please contact NCFE on 0191 239 8000 or email us at customersupport@ncfe.org.uk