

Qualification factsheet

Qualification overview

Qualification title	NCFE CACHE Level 3 Diploma in Adult Care		
Qualification number (QN)	603/2618/9		
Total qualification time (TQT):	580	Guided learning hours (GL)	399
Entry requirements:	Learners should be at least 16 years old. We do not set any other entry requirements, but colleges or training providers may have their own guidelines.		

About this qualification

This qualification develops the knowledge and skills needed when working in a lead adult care worker role in care settings. It covers a wide range of areas including supporting individuals with their physical and emotional care, daily living needs and health and social care procedures.

This qualification also aligns to the Apprenticeship Standard for Lead Adult Care Worker.

Qualification structure

The learner must achieve a total of 58 credits from the Diploma: 28 credits from the mandatory units, and a minimum of 30 credits from the optional units.

At least 35 credits must be achieved at Level 3 or above.

Mandatory units

H/615/7145 Promote communication in care settings
K/615/7146 Promote effective handling of information in care settings
M/615/7147 Promote personal development in care settings
M/615/7150 Promote person-centred approaches in care settings
T/615/7151 Promote equality and inclusion in care settings
A/615/7152 Promote health, safety and wellbeing in care settings
R/615/7142 Responsibilities of a care worker
F/615/7153 Duty of care in care settings
D/615/7144 Safeguarding and protection in care settings

Optional units

Y/616/6327 Co-ordinate activity provision in adult social care
D/616/6328 Principles of advocacy
J/616/6310 Co-ordinate the use of assistive living technology
H/616/6329 Promote continence management
Y/616/6330 Understand how to support individuals to access and engage in education, training and employment (ETE)

M/615/7259 Facilitate learning and development activities to meet Individual needs and preferences
M/616/6334 Managing pain and discomfort
R/615/7254 Awareness of the Mental Capacity Act 2005
A/616/6336 Promote nutrition and hydration in adult care settings
L/616/6339 Understand personalisation in adult care
L/616/6342 Implement Positive Behaviour Support
F/616/6323 Develop, implement and review reablement plans
H/616/6346 Support individuals to retain, regain and develop skills for everyday life
M/616/6348 Understand how to support individuals with foot care
A/615/7295 Provide agreed support for foot care
F/615/7170 Provide support to individuals to continue recommended therapies
T/615/7229 Move and position individuals in accordance with their care plan
A/615/7202 Support individuals to access and use services and facilities
D/615/7323 Support independence in the tasks of daily living
M/615/7214 Work in partnership with families to support individuals
Y/615/7188 Implement therapeutic group activities
D/615/7337 Support individuals to live at home
A/615/7278 Support individuals during a period of change
K/615/7213 Support individuals to access and manage direct payments
H/615/7243 Support individuals to access housing and accommodation services
L/615/7317 Support individuals to prepare for and settle in to new home environments
K/615/7275 Support the spiritual well-being of individuals
J/615/7204 Support individuals to meet personal care needs
K/615/7339 Provide support for sleep
L/615/7320 Support individuals with specific communication needs
H/615/7307 Support carers to meet the care needs of individuals
A/615/7183 Collaborate in the assessment of environmental and social support in the community
T/615/7215 Provide support for mobility
M/615/7262 Support positive risk-taking for individuals
T/616/6349 Support person-centred thinking, planning and review
K/616/6350 Facilitate person-centred assessment, planning, implementation and review
K/617/7591 Understand social prescribing
M/616/6351 Support families who care for individuals with acquired brain injury
T/616/6352 Understand the impact of acquired brain injury on individuals
A/616/6353 Support individuals with autism spectrum condition
F/616/6354 Understand how to support individuals with autism spectrum condition
K/615/7227 Dementia Awareness
M/615/7228 Understand the process and experience of dementia
J/616/6355 Provide support to individuals with dementia
L/616/6356 Diabetes Awareness
Y/616/6358 Support Individuals with Diabetes
D/616/6359 End of Life Care
A/615/7376 Care for the elderly
M/615/7326 Support individuals at the end of life
M/615/7164 Understand advance care planning
F/615/7167 Support individuals who are bereaved
Y/616/6361 Principles of supporting individuals with a learning disability regarding sexuality and sexual health
M/615/7374 Understand the context of supporting individuals with learning disabilities

D/616/6362 Support individuals with learning disabilities to access healthcare
Y/615/7157 Understand mental health problems
H/616/6363 Promote mental well-being and mental health
M/616/6365 Support individuals with multiple conditions and/or disabilities
T/616/6366 Support individuals with Parkinson's disease
J/616/6369 Understand sensory loss
F/616/6371 Support the assessment of individuals with sensory loss
J/616/6372 Promote Stroke Care Management
R/616/6374 Carry out assessments to identify the needs of substance users
D/616/6376 Support individuals who are substance users
K/616/6378 Test for substance use
T/615/7277 Recognise indications of substance misuse and refer individuals to specialists
L/616/6325 Undertake research in adult care
J/615/7297 Undertake physiological measurements
K/615/7177 Undertake personal hygiene activities with individuals
R/615/7187 Obtain venous blood samples
K/615/7325 Obtain and test capillary blood samples
H/615/7324 Undertake agreed pressure area care
R/615/7335 Administer medication to individuals and monitor the effects
D/615/7368 Understand the administration of medication
J/615/7154 The principles of infection prevention and control
L/615/7155 Causes and spread of infection
R/615/7156 Cleaning, decontamination and waste management
F/616/6399 Lead learning and development in adult care
H/616/6380 Mentoring in adult social care
M/616/6382 Personal and professional behaviour in adult care
F/616/6385 Contribute to quality assurance in adult care
J/616/6405 Manage resources in adult care
R/616/6388 Lead an effective team

More information regarding the level and credit value of each unit can be found in the qualification Specification.

Assessment

The qualification will be assessed using a range of methods. This could include direct observation in the workplace, a portfolio of evidence, written assignments or a task.

Learners can usually complete the qualification in 12–24 months.

Placement requirements

Learners will need to be working, volunteering or on practical placement as they will need to show competence in both knowledge and skills.

Progression opportunities

Learners can progress to the Level 4 Diploma in Adult Care or the Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services Adult pathway qualifications.

Learners may also progress onto qualifications for management or lead practitioner roles in adult care, or to specialist qualifications reflecting the context in which they work.

Learners can progress into employment in residential or nursing homes, domiciliary care, day centres or some clinical healthcare settings within job roles such as:

- Senior Care Support Worker
- Lead Personal Assistant



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