**Record of reflective account**

Unit 02 Instructing kettlebell training sessions (L/617/4022)

LO4, 4.3 Evaluate the session and reflect on own performance

|  |  |  |  |
| --- | --- | --- | --- |
| **Qualification** | NCFE Level 2 Award in Instructing Kettlebell Training (603/3935/4) | **Learner name** |  |
| **Date & time of activity** |  | **Assessor name** |  |

|  |  |
| --- | --- |
| Record of the activity being reflected on. Please include:   * people involved * what you did * what you thought went well * what you could improve on. | Assessment criteria met |
|  |  |
| **Assessor feedback to learner** | |
|  | |

|  |  |  |  |
| --- | --- | --- | --- |
| **Assessor Signature** |  | **Date** |  |
| **Learner Signature** |  | **Date** |  |

4.4 Plan improvements for personal performance and future sessions

|  |  |
| --- | --- |
|  | Assessment criteria met |
|  |  |
| **Assessor feedback to learner** | |
|  | |

### Contact us

NCFE

Q6

Quorum Park

Benton Lane

Newcastle upon Tyne

NE12 8BT

Tel: 0191 239 8000\*

Fax: 0191 239 8001

Email: [customersupport@ncfe.org.uk](mailto:customersupport@ncfe.org.uk)

Websites: [www.ncfe.org.uk](http://www.ncfe.org.uk)

NCFE © Copyright 2021 All rights reserved worldwide.

Version 1.0 September 2021

Information in this record of reflective account is correct at the time of publishing but may be subject to change.

NCFE is a registered charity (Registered Charity No. 1034808) and a company limited by guarantee (Company No. 2896700).

CACHE; Council for Awards in Care, Health and Education; and NNEB are registered trademarks owned by NCFE.

All the material in this publication is protected by copyright.