

# Qualification factsheet

## Qualification overview

<b>Qualification title</b>	NCFE CACHE Level 3 Diploma in Adult Care		
<b>Qualification number (QN)</b>	610/0498/4		
<b>Total qualification time (TQT):</b>	580	<b>Guided learning hours (GLH)</b>	437
<b>Entry requirements:</b>	<p>This qualification is designed for those who wish to work or are already working in health and social care settings in England.</p> <p>Entry is at the discretion of the centre, in accordance with the Equality Act 2010. However, learners should be aged 16 or above to undertake this qualification.</p>		
<b>UCAS</b>	<p>This qualification has been allocated UCAS points. Please refer to the UCAS website for further details of the points allocation and the most up-to-date information.</p>		

## About this qualification

This qualification develops the knowledge and skills needed when working in care settings. It contains both mandatory and optional units which cover a wide range of areas, with units covering:

- aspects of support
- specialisms
- clinical skills or healthcare tasks
- leadership and management skills

This qualification aims to:

- focus on the study of the adult care worker role in care settings
- offer breadth and depth of study, incorporating a key core of knowledge
- provide opportunities to acquire a number of practical and technical skills

The objectives of this qualification are to:

- build knowledge and skills to work in adult care in health and social care settings in England
- cover a wide range of areas allowing learners to tailor the qualification to meet their needs, interests, preferred progression paths and the context of their job role

## Qualification structure

To be awarded this qualification, learners are required to successfully achieve **58 credits: 39 credits from the mandatory units and a minimum of 19 credits from the optional units**. At least **35 credits** must be achieved at **level 3 or above**.

### Mandatory units

AC M1 Promote communication in care settings (A/650/1366)
AC M2 Handling information in adult care (D/650/1367)
AC M3 Promote own continuous personal and professional development (F/650/1368)
AC M4 Person-centred practice, choice and independence (H/650/1369)
AC M4B Understand how to promote personal wellbeing (L/650/1370)
AC M5 Promote equality, diversity, inclusion and human rights in care settings (M/650/1371)
AC M6 Promote health and safety in care settings (R/650/1372)
AC M6B Support the health and wellbeing of individuals in a care setting (T/650/1373)
AC M7 Scope and responsibilities of an adult care worker (Y/650/1374)
AC M8 Understand duty of care (A/650/1375)
AC M9 Understand how to safeguard individuals (D/650/1376)
AC M10 Understand mental capacity and restrictive practices (F/650/1377)
AC M11 Infection prevention and control in a care setting (H/650/1378)

## Optional units

### Aspect of support units

HSC AS 2 Co-ordinate activity provision in adult social care (Y/616/6327)
HSC AS 3 Principles of advocacy (D/616/6328)
HSC AS 5 Co-ordinate the use of assistive living technology (J/616/6310)
HSC AS 8 Promote continence management (H/616/6329)
HSC AS 9 Understand how to support individuals to access and engage in education, training and employment (ETE) (Y/616/6330)
HSC AS 12 Managing pain and discomfort (M/616/6334)
HSC AS 14A Promote nutrition and hydration in adult care settings (D/650/1682)
HSC AS 15 Understand personalisation in adult care (J/650/1379)
HSC AS 17 Implement positive behaviour support (L/616/6342)
HSC AS 18 Develop, implement and review reablement plans (F/616/6323)
HSC AS 19 Support individuals to retain, regain and develop skills for everyday life (H/616/6346)
HSC AS 21 Understand how to support individuals with foot care (M/616/6348)
HSC AS 23 Support person-centred thinking, planning and review (T/616/6349)
HSC AS 24A Facilitate assessment, planning, implementation and review using person-centred and strengths-based approaches (F/650/1683)
AHP 12 Collaborate in the assessment of environmental and social support in the community (A/615/7183)
AHP 16 Provide support to individuals to continue recommended therapies (F/615/7170)
AHP 20 Provide support for mobility (T/615/7215)
AHP 21 Provide agreed support for foot care (A/615/7295)
AHP 31 Facilitate learning and development activities to meet individual needs and preferences (M/615/7259)
AN 25 Move and position individuals in accordance with their care plan (T/615/7229)
AN 33 Support individuals to access and use services and facilities (A/615/7202)
AN 38 Support independence in the tasks of daily living (D/615/7323)
AN 39 Awareness of the Mental Capacity Act 2005 (R/615/7254)

AN 41 Work in partnership with families to support individuals (M/615/7214)
AN 45 Implement therapeutic group activities (Y/615/7188)
AN 46 Support individuals to live at home (D/615/7337)
AN 56 Support individuals during a period of change (A/615/7278)
AN 59 Support individuals to access and manage direct payments (K/615/7213)
AN 60 Support individuals to access housing and accommodation services (H/615/7243)
AN 61 Support individuals to prepare for and settle in to new home environments (L/615/7317)
AN 67 Support the spiritual wellbeing of individuals (K/615/7275)
AN 68 Support individuals to meet personal care needs (J/615/7204)
AN 71 Provide support for sleep (K/615/7339)
AN 72 Support individuals with specific communication needs (L/615/7320)
AN 89 Support carers to meet the care needs of individuals (H/615/7307)
MH 4 Support positive risk-taking for individuals (M/615/7262)
Understand social prescribing (K/617/7591)
AC 1 Develop own communication skills to support positive interactions with individuals (M/650/1380)
AC 2 Support individuals to maintain oral health and mouth care (R/650/1381)

### Specialisms units

HSC S 3 Support families who care for individuals with acquired brain injury (M/616/6351)
HSC S 4A Understand the impact of acquired brain injury on individuals (H/650/1684)
HSC S 6 Support individuals with autism spectrum condition (ASC) (A/616/6353)
HSC S 7 Understand how to support individuals with autism spectrum condition (ASC) (F/616/6354)
HSC S 9 Provide support to individuals with dementia (J/616/6355)
HSC S 10 Diabetes awareness (L/616/6356)
HSC S 13 End of life care (D/616/6359)
HSC S 16 Principles of supporting individuals with a learning disability regarding sexuality and sexual health (Y/616/6361)
HSC S 17 Support individuals with learning disabilities to access healthcare (D/616/6362)
HSC S 20 Promote mental wellbeing and mental health (H/616/6363)
HSC S 22 Support individuals with multiple conditions and/or disabilities (M/616/6365)
HSC S 23 Support individuals with Parkinson's disease (T/616/6366)
HSC S 26 Understand sensory loss (J/616/6369)
HSC S 27 Support the assessment of individuals with sensory loss (F/616/6371)
HSC S 29A Promote stroke care management (J/650/1685)
HSC S 30 Carry out assessments to identify the needs of substance users (R/616/6374)
HSC S 31 Support individuals who are substance users (D/616/6376)
HSC S 32 Test for substance use (K/616/6378)
AN 26 Understand advance care planning (M/615/7164)
AN 35 Understand the process and experience of dementia (M/615/7228)
AN 36 Care for the elderly (A/615/7376)
AN 37 Understand long-term conditions and frailty (L/615/7365)
AN 40 Understand the context of supporting individuals with learning disabilities (M/615/7374)
AN 47 Dementia awareness (K/615/7227)
AN 50 Support individuals at the end of life (M/615/7326)
DHS 13 Understand mental health problems (Y/615/7157)

MH 12 Recognise indications of substance misuse and refer individuals to specialists (T/615/7277)
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### Clinical skills or healthcare task units

AN 1 Undertake physiological measurements (J/615/7297)
AN 2A Undertake personal hygiene activities with individuals (K/650/1686)
AN 4 Obtain venous blood samples (R/615/7187)
AN 5A Obtain and test capillary blood samples (L/650/1687)
AN 13 Undertake stoma care (J/615/7302)
AN 14 Prepare for and carry out extended feeding techniques (L/615/7169)
AN 15 Assist in the administration of medication (Y/615/7174)
AN 16 Undertake tissue viability risk assessments (H/615/7338)
AN 18 Undertake treatments and dressings of lesions and wounds (L/615/7236)
AN 28A Undertake agreed pressure area care (M/650/1688)
AN 29A Administer medication to individuals and monitor the effects (R/650/1689)
DHS 11 Causes and spread of infection (L/615/7155)
DHS 12 Cleaning, decontamination and waste management (R/615/7156)

### Leadership and management skills units

HSC L 1 A Promote innovation, change and positive representation of own organisation (D/650/1385)
HSC L 3 Lead learning and development in adult care (F/616/6399)
HSC L 4 Mentoring in adult social care (H/616/6380)
HSC L 7 Personal and professional behaviour in adult care (M/616/6382)
HSC L 9 Contribute to quality assurance in adult care (F/616/6385)
HSC L 10 Contribute to recruitment and selection in adult care (F/616/6404)
HSC L 11 Manage resources in adult care (J/616/6405)
HSC L 14 Lead an effective team (R/616/6388)
HSC L 15 Lead an effective team in adult care (Y/616/6408)
DAC4D3 Facilitate support planning to ensure positive outcomes for individuals and to support wellbeing (M/616/6415)
AC 3 Adult social care regulation, inspection and quality improvement (A/650/1384)
AC 4 Supervision skills and developing and supporting others (T/650/1382)

## Assessment

This qualification is internally assessed and externally quality assured.

The assessment consists of one component:

- an internally assessed portfolio of evidence which is assessed by centre staff and externally quality assured by NCFE (internal quality assurance (IQA) must still be completed by the centre as usual)

## Placement requirements

Learners will need to be working, volunteering or on practical placement, as they need to show competence in both knowledge and skills.

## Progression opportunities

Learners who achieve this qualification could progress to the following:

- employment:
  - lead adult care worker
  - senior care support worker
  - lead personal assistant
- further education:
  - Level 4 Diploma in Adult Care
  - Level 5 Diploma in Leadership and Management for Adult Care
  - Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England)
- higher education



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