

# **T Level Technical Qualification in Health**

Occupational specialism assessment (OSA)

## **Supporting the Therapy Teams**

Assignment 1 – Case study

Assignment brief

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# Supporting the Therapy Teams

### Assignment brief

Assignment 1

Case study

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# Guidance for students

## Student instructions

- read the tasks briefs carefully before starting your work
- you must work independently and make your own decisions as to how to approach the tasks within the case study assessment
- you must clearly name and date all of the work that you produce during the supervised session
- you must hand over all of your work to your tutor at the end of the supervised session

## Student information

- the maximum time you will have to complete all the tasks for this case study assessment is 4 hours 30 minutes:
  - it is recommended that you should dedicate 30 minutes to read the materials provided in the assignment brief insert
  - it is recommended that you should then read all the tasks and split your time accordingly, planning time to check your work
- at the end of the supervised session, your tutor will collect all assessment materials before you leave the room
- you must not take any assessment materials outside of the room, for example, via a physical memory device
- you must not upload any work produced to any platform that will allow you to access materials outside of the supervised sessions (including email)
- you can fail to achieve marks if you do not fully meet the requirements of the task, or equally if you are not able to efficiently meet the requirements of the task

## Plagiarism

You must complete all the tasks in this assignment independently. You are required to sign a declaration of authenticity to confirm that the work is your own. This is to ensure authenticity and to prevent potential malpractice and maladministration. If any evidence was found not to be your own work, it could impact your overall grade.

## Presentation of work

- all of your work should be completed electronically using black font, Arial 12pt, unless otherwise specified, with standard border sizes
- clearly show where sources have been used to support your own ideas and opinions
- clearly reference all sources used to support your own ideas and opinions, including any quotations from websites
- any work not produced electronically must be agreed with your tutor, in which case the evidence you produce should be scanned and submitted as an electronic piece of evidence
- all of your work should be clearly labelled with the relevant task number and your student details, and be legible
- electronic files should be given a clear file name for identification purposes – see tasks for any relevant naming conventions

- all pages of your work should be numbered in the format 'page X of Y', where X is the page number and Y is the total number of pages
- you must complete and sign the assessment cover sheet (EACS) and include it at the front of your assessment task evidence
- you must submit your evidence to the supervisor at the end of the supervised session

Past Paper

## Scenario

You are working with a team of allied health professionals (AHP) in a district general hospital. The hospital provides non-emergency care in a range of specialties, including inpatient and outpatient older people's medicine, outpatient mental health, sexual health, and drug and alcohol therapy.

You will be working with a range of therapists and specialists. The documents in this case study will help you to understand the work the team is involved in delivering.

Documents to review:

- discharge plan for Sebastian (item A)
- 3 completed EQ-5D-5L questionnaires (item B)
- completed Modified Rivermead Mobility Index for 3 days – evaluation (item C)
- completed follow up call checklist (item D)

Past Paper

# Task 1: assessment of the patient/situation

## Scenario

You are based on the inpatient rehabilitation ward, which accommodates people who have been seriously injured and have impaired mobility as a result. Patients are medically stable and require long-term rehabilitative therapy. Care and treatment on the ward are multidisciplinary and carried out by nurses and allied health professionals (AHPs), with consultant input as needed.

Your supervisor asks you to prepare for the arrival of Sebastian, a new patient, who will be discharged from hospital to the rehabilitation ward this afternoon.

## Task

Item A is Sebastian's discharge record from the hospital. Write a report that supports the multidisciplinary team to complete the pre-admission assessment. Your report should include:

- Sebastian's immediate needs – physical, psychological/emotional
- professionals required for assessment and support in rehabilitation
- activities that should be undertaken with Sebastian as a new patient to assess his needs and support his rehabilitation

(20 marks)

## Conditions of the assessment

- task 1 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials, excluding sites and materials included in the assignment brief insert when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

## Evidence requirements

Word-processed response and any further relevant evidence.

## Submission

- all tasks should be saved separately
- the following file name conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task1\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor

## Task 2: goals/patient outcomes/planned outcomes

### Scenario

The ward team ask each patient to complete a health and wellbeing questionnaire every day. This helps the team to identify any extra support needs not in the patient's therapy care plan.

### Task

Using information from items A and B, write a report that will support the team caring for Sebastian to identify his needs. Your response should include:

- Identification of 3 goals for Sebastian to focus on
- Explanation of 2 actions for each goal that can be taken to work towards that goal and the equipment and/or strategies that may be required
- Identification of professionals within the multidisciplinary team and any other individuals who could support Sebastian to achieve his goals.

(20 marks)

### Conditions of the assessment

- task 2 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials excluding sites and materials included in the assignment brief insert when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word-processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following filename conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task2\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor

## Task 3: care/treatment/support

### Scenario

Sebastian's condition has improved slightly but not as quickly as the team had hoped. He seems to be uncomfortable moving around the ward and sometimes grimaces from movements, such as standing up from a chair.

### Task

Using item C, write a series of recommendations to the physiotherapist where support and treatment is required for Sebastian in relation to his rehabilitation.

(20 marks)

### Conditions of the assessment

- task 3 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials excluding sites and materials included in the assignment brief insert when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word-processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following file name conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task3\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor



## Task 4: evaluation/monitoring effectiveness/clinical effectiveness

### Scenario

Sebastian has completed a follow up call checklist following his 6-week check-in after being released from the ward and it has been approximately 10 weeks since his initial surgery. You have been asked to review the completed checklist to help determine whether he is ready to be discharged from your team's service.

### Task

Item D is Sebastian's completed follow up call checklist. Read Item D and prepare an analysis of Sebastian's recovery and provide recommendations of what the next steps should be.

Your recommendations should include Sebastian's next steps and those of the multidisciplinary team.

(20 marks)

### Conditions of the assessment

- task 4 must be completed in supervised conditions
- you will have access to the resources included in the assignment brief insert
- you will not have access to the internet or any other additional resource materials excluding sites and materials included in the assignment brief insert when completing your work for this task; attempting to access other internet sites will be classed as cheating and you may be disqualified from this assessment, resulting in failure of the qualification

### Evidence requirements

Word-processed response and any further relevant evidence.

### Submission

- these tasks should be saved separately
- the following file name conventions should be used for all materials produced:
  - (Provider\_number)\_(Student registration number)\_(Surname)\_(First name)\_Task4\_(Additional detail of document content if multiple documents are produced per task)

Note: Please request your provider and student number from your tutor

## Document information

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