

Internal Assessment Sample Tasks

NCFE CACHE Level 1 Award in Preparing to Work in Adult Social Care

QN: 600/1213/4

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Introduction

We have created some sample tasks for the internally assessed units which you can contextualise to suit the needs of your learners to help them build up their portfolio of evidence. The tasks have been designed to cover some knowledge learning outcomes (LOs) for five units and provide opportunities for stretch and challenge. These tasks are not mandatory.

Each learner must create a portfolio of evidence generated from appropriate assessment tasks, which demonstrates achievement of all the knowledge LOs associated with each unit. On completion of each unit, learners must declare that the work produced is their own and the assessor must countersign this.

A centre may choose to create their own internal assessment tasks. There are four essential elements in the production of successful centre-based assessment tasks.

These are:

- ensuring the assessment tasks are meaningful with clear, assessable outcomes
- appropriate coverage of the content, LOs, or assessment criteria (AC)
- having a valid and engaging context or scenario
- including sufficient opportunities for stretch and challenge for higher attainers

Please see the guidance document for creation of internal assessment tasks on our website.

The units can be found in section 2 of the Qualification Specification.

Supervision of learners

Tutors should offer support and guide learners when carrying out work that is internally assessed.

Tutors should supervise the work carried out by learners to:

- monitor their progress
- prevent plagiarism
- ensure that any practical work is undertaken safely and in accordance with health and safety requirements
- ensure that the work completed is in accordance with the Qualification Specification and is suitable for internal assessment

Any work submitted for assessment must be authenticated and attributable to the learner.

The tutor must be satisfied that the work produced is the learner's own and the learner must declare that the work is their own.

Supporting learners

Tutors/assessors are also responsible for supporting learners through the assessment process to ensure that they are able to create and redraft/revise work independently.

Tutors/assessors may:

- help the learner to understand the concept of work-related work, applied learning and vocational qualifications
- help the learner to understand how to prepare and present their evidence, including what constitutes plagiarism and other forms of cheating
- motivate the learner to work consistently through the qualification, including helping them work to deadlines
- encourage the learner to take the initiative in making improvements to their work but stop short of telling them the detail of the improvements to make
- provide reference material; however, model or worked answers should not be copied by the learner

PWCS 01: Introduction to the adult social care sector (F/502/9579)

Assessment task

Task 1

This assessment task has been designed to meet all AC for LOs 1 and 2.

Introduction

This assessment task will give you an opportunity to investigate job roles within the adult social care sector and learn about the services that can be made available.

You must:

- define adult social care
- write an outline of the different types of adult social care support and the purpose of each
- give examples of who would access different types of adult social care support

You may choose to present your information table form similar to the one below.

Types of adult social care support	An outline of the types	The purpose of the type	Examples of who would access the different types of adult social care support
Day services			
Residential support including respite			
Domiciliary support			
Community-based support			
Support (such as personal assistants) purchased using personal budgets			
Technology enabled care support			

· write an outline of how informal care contributes to adult social care

 informal care may include support provided by friends, family, neighbours, and community groups

Task 2

You must:

- identify a range of jobs that are available in adult social care, including ancillary roles, management roles, teaching roles and front-line staff
- write an outline of the settings where adult social care support is provided
- write an outline of a range of ways to develop a role or career in adult social care

PWCS 02: Introduction to the values and principles of adult social care (D/502/9590)

Assessment task

Task 1

This assessment task has been designed to meet all AC for LOs 1 and 2.

Introduction

This assessment task will help you gain an understanding of the values and principles which need to be followed in the daily work of adult social care.

You may wish to produce this information as a digital presentation.

- identify the key values and principles of adult social care
- outline why it is essential for adult social care workers to promote adult social care values at all times
- identify two areas where your own values and principles may conflict with those of adult social care

Task 2

You may wish to present this information as a poster/leaflet.

- outline why it is important to support and respect:
 - diversity
 - o different cultures
 - different values
- outline why it is important to find out the history, needs, wishes, likes and dislikes of individuals in adult social care

PWCS 08: Awareness of the skills and attitudes needed to work in adult social care (M/502/9660)

Assessment task

Task 1

This assessment task has been designed to meet all AC for LO1.

Introduction

This assessment task will help you to find out about skills and attitudes essential for working in this sector.

Complete the skills scan table below to:

- · list skills and attitudes essential to work in adult social care
- identify own skills and attitudes essential to work in adult social care
- identify own skills and attitudes that require further development

Skills scan				
List skills and attitudes essential to work in adult social care	Identify own skills and attitudes essential to work in adult social care	Identify own skills and attitudes that require further development		
Add as many rows as you need				

PWCS 09: Awareness of communication in adult social care (A/502/9662)

Assessment task

This assessment task has been designed to meet all AC for LOs 1, 2 and 3.

Introduction

Adult social care brings with it some unique challenges to effective communication. This assessment task will enable you to consider the communication needs and requirements within this area of work.

Produce an information document for tasks 1, 2 and 3.

Task 1: communication skills

identifies the range of communication skills needed in adult social care

Task 2: overcoming barriers

- identifies barriers to effective communication
- lists ways of overcoming barriers to effective communication

Task 3: record keeping

- lists the different purposes for which record keeping might be used in adult social care settings
- gives examples of different types of record keeping used in adult social care settings
- outlines the skills needed to maintain clear, accurate and up-to-date records

PWCS 10: Awareness of the role and responsibilities of the adult social care worker (F/502/9727)

Assessment task

This assessment task has been designed to meet all AC for LOs 1 and 2.

Introduction

In this unit you will be looking at the role and responsibilities of the care worker in adult social care. It is important to know about the requirements within the work role and to be aware of how individuals are supported in all situations.

Produce the following information to form part of a display for tasks 1 and 2.

Task 1: role of the adult social care worker

- identifies daily tasks in a range of adult social care roles
- outlines how duty of care might apply to the adult social care worker's daily role
- gives examples of how to provide person-centred support when supporting individuals in day-today activities

Task 2: responsibilities of the adult social care worker

- identifies main responsibilities of an adult social care worker
- outlines the responsibilities and limits of the relationship between care workers and the individual
- identifies others that adult social care workers may work in partnership with
- outlines the need to report any suspicions about abuse or neglect

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