

# **T Level Technical Qualification in Health**

Occupational specialism assessment (OSA)

## **Supporting the Therapy Teams**

Assignment 2 - Practical activities part 2

Assignment brief

## T Level Technical Qualification in Health Occupational specialism assessment (OSA)

# Supporting the Therapy Teams

### Assignment brief

Assignment 2

Practical activities part 2

## Contents

|   |           |
|---|-----------|
| <b>Assignment brief cover sheet</b> .....   | <b>3</b>  |
| <b>Practical activity scenario 1</b> .....  | <b>5</b>  |
| Item A: Therapy Outcome Measure (TOM) ..... | 7         |
| <b>Practical activity scenario 2</b> .....  | <b>8</b>  |
| <b>Practical activity scenario 3</b> .....  | <b>10</b> |
| <b>Practical activity scenario 4</b> .....  | <b>12</b> |
| Item B: patient session plan .....          | 13        |
| <b>Document information</b> .....           | <b>15</b> |

# Assignment brief cover sheet

This assessment is for the following occupational specialism:

Supporting the Therapy Teams

## Date

02 May 2023 – 26 May 2023

## Time allowed

1 hour 35 minutes

## Paper number

P002003

## Materials

For this assessment you must have:

- a black or blue ballpoint pen

## Student instructions

- this assessment requires you to demonstrate the 4 practical activities scenarios contained within this booklet
- the practical activity scenarios within this booklet have been set up at different stations, you will move between these stations during the assessment
- you have up to 5 minutes when you get to a station to prepare for the practical activity scenario, you should use this time to carefully read each practical activity scenario, including any supporting information and familiarise yourself with the station
- you will have a maximum amount of time to complete the practical activity scenario. The time available is written at the beginning of each practical activity scenario – if you go over this time you will be asked by the assessor to move on to the next station
- fill in the boxes at the top of the next page

## Student information

- the marks available for each practical activity scenario are shown in brackets
- the marks for this assessment are broken down into scenario specific skills and underpinning skills:
  - 16 marks are available for scenario specific skills – you will be awarded a scenario specific skills mark for your performance in each practical activity scenario you demonstrate
  - 12 marks are available for underpinning skills – you will be awarded an underpinning skills mark for your performance across the practical activity scenarios you demonstrate
- the maximum mark for this assessment is 76

## Submission form

Please complete the detail below clearly and in BLOCK CAPITALS.

|                       |  |                        |  |
|-----------------------|--|------------------------|--|
| <b>Student name</b>   |  |                        |  |
| <b>Provider name</b>  |  |                        |  |
| <b>Student number</b> |  | <b>Provider number</b> |  |

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# Practical activity scenario 1

This practical activity scenario requires you to:

OPA6: Support and promote skills for everyday living

OPA8: Use tools to measure and record the progress individuals make, analysing and evaluating against defined outcomes where applicable

OPA9: Provide advice and support in line with care plans and in consultation with the therapy team and registered professionals, carers and families where appropriate.

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 20 minutes.

## Brief

You work in a support centre for people with substance misuse problems who need help with day-to-day tasks.

The person you are beginning to support is a male in his mid-30s. He is undergoing rehabilitation following past drug use and is experiencing a number of associated issues from this:

- weight gain
- loss of interest in exercise
- some reduction in mobility
- cognitive impairment

## Task

Item A is an example of a Therapy Outcome Measure (TOM) template. Use this to assess the patient in a simple task of movement and cognition. Ask them to follow a series of instructions that requires them to stand up, walk around the room, and sit down again. Repeat this exercise twice by changing the sequence, frequency, and direction of movement.

Score the patient for each of the 2 tasks using the TOM template. Based on the overall performance, give advice to the patient based on the outcome of the TOM and suggest next steps for the therapy team.

[16 marks]

plus marks for underpinning skills – health and safety

## Supporting information

You have been given the Therapy Outcome Measure (TOM) template (item A) to complete.

You have access to the following equipment:

- table
- chair

## Performance outcome

This practical activity scenario assesses:

PO1: Carry out a range of therapeutic techniques to support allied health professionals

PO2: Assist with the therapy support process and provide advice to help individuals develop and improve their health and/or develop or maintain skills for daily living

### **Evidence requirements**

- audio visual equipment
- assignment brief booklet

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## Item A: Therapy Outcome Measure (TOM)

| Therapy Outcome Measure  |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
|--|---|---|---|---|---|---|-----------|-----------|-----------|----|---|---|---|---|----|-----------------------------|--|--|--|--|--|---|--|--|--|--|
| Date:  |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| <p>Patient specific activity scoring scheme – insert the appropriate score in the table below to reflect how the patient scored in each activity.</p>  |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| <table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">0</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> <td style="text-align: center;">10</td> </tr> <tr> <td colspan="6" style="text-align: center;">Unable to perform activity.</td> <td colspan="5" style="text-align: center;">Able to perform activity at the same level as before injury or problem.</td> </tr> </table> |   |   |   |   | 0 | 1   | 2         | 3         | 4         | 5  | 6 | 7 | 8 | 9 | 10 | Unable to perform activity. |  |  |  |  |  | Able to perform activity at the same level as before injury or problem. |  |  |  |  |
| 0  | 1 | 2 | 3 | 4 | 5 | 6   | 7         | 8         | 9         | 10 |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| Unable to perform activity.  |   |   |   |   |   | Able to perform activity at the same level as before injury or problem. |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| Activity   |   |   |   |   |   |   | Attempt 1 | Attempt 2 | Attempt 3 |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| 1.   |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| 2.   |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| 3.   |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |
| Summary of advice/next steps   |   |   |   |   |   |   |           |           |           |    |   |   |   |   |    |                             |  |  |  |  |  |   |  |  |  |  |

## Practical activity scenario 2

This practical activity scenario requires you to:

OPA1: Assess risk and fit therapeutic equipment to meet individual needs

OPA2: Demonstrate how to use therapeutic specific equipment to meet an individual's needs

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 20 minutes.

### Brief

You are supporting an occupational therapist team. This team provides in-home rehabilitation support for patients who have experienced a stroke. Part of the team's role is to make sure equipment is safe for patients to use at home by themselves. Today, you need to assess some new equipment in a patient's home to make sure it is safe and ready for them to use.

### Task

Demonstrate the safety checks and required adjustments needed to fit the following equipment to ensure it is safe for the patient to use:

- crutches
- wheeled zimmer frame

Describe the checks and adjustments to your assessor, as you carry them out and explain why they are important.

[16 marks]

plus marks for underpinning skills – person-centred care, communication and health and safety

### Supporting information

This practical activity scenario involves an environment set up for assessment, each item of equipment should be functioning and free from defects.

You have access to the following equipment:

- crutches
- wheeled zimmer frame

### Performance outcome

This practical activity scenario assesses:

PO1: Carry out a range of therapeutic techniques to support allied health professionals

PO2: Assist with the therapy support process and provide advice to help individuals develop and improve their health and/or maintain skills for daily living

## **Evidence requirements**

- audio visual equipment
- assignment brief booklet

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## Practical activity scenario 3

This practical activity scenario requires you to:

OPA3: Assess and prepare the therapeutic environment and/or equipment, kit and/or devices, for undertaking specific therapy support tasks or interventions and/or setting up specialist equipment.

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 30 minutes.

### Brief

You are assisting a therapy team based in a hospital to prepare a therapy room for a mobility session with patients. The therapy room enables patients in physical recovery to practice their mobility using equipment aids before being discharged home. The individuals using the therapy room today require the use of crutches, a wheeled zimmer frame and a walking stick.

### Task

Assess and prepare the therapy room and equipment for use.

Discuss your assessment and what you have done to prepare the therapy room for use with the senior therapy support assistant.

[16 marks]

plus marks for underpinning skills – person-centred care, communication and health and safety

### Supporting information

This practical activity scenario involves safe environment set up.

You have access to the following equipment:

- crutches
- wheeled zimmer frame
- walking stick
- cleaning products
- bin
- desk
- 2 chairs

### Performance outcome

This practical activity scenario assesses:

PO2: Assist with the therapy support process and provide advice to help individuals develop and improve their health and/or maintain skills for activities of daily living

PO3: Prepare and maintain the therapeutic environment, equipment, and resources for use

## **Evidence requirements**

- audio-visual equipment
- assignment brief booklet

Past Paper

## Practical activity scenario 4

This practical activity scenario requires you to:

OPA10: Assist with delegated therapeutic tasks, or interventions using therapy techniques to enable individuals to meet optimum potential

You have up to 5 minutes to carefully read through the following scenario and familiarise yourself with the station.

The total amount of time available for this practical activity scenario, including the 5 minutes reading time, is 25 minutes.

### Brief

Art therapy is a growing area of therapeutic specialty in community-based healthcare. It helps with conflict resolution, depression, anxiety, and communication barriers.

You are working with an art therapist. The therapist is providing care based at a GP surgery to people who need help with low mood, anxiety, and depression.

Today, you are meeting with a female patient, who has been undertaking group art therapy sessions, to discuss her experiences and plan for future art therapy sessions.

### Task

Undertake a discussion with the patient and provide relevant advice about next steps in relation to art therapy interventions. Complete item B patient session plan, to inform future art therapy interventions.

[16 marks]

plus marks for underpinning skills – person-centred and communication

### Supporting information

This practical activity scenario involves role play.

You have been given a patient session plan (item B).

You have access to the following equipment:

- a table
- 2 chairs

### Performance outcome

This practical activity scenario assesses:

PO1: Carry out a range of therapeutic techniques to support allied health professionals

PO2: Assist with the therapy support process and provide advice to help individuals develop and improve their health and/or maintain skills for daily living

### Evidence requirements

- audio visual equipment
- assignment brief booklet

Item B: patient session plan

|  |   |
|--|---|
| Patient session plan   |   |
| Date:  |   |
| <div>Patient update:</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> | <div>Identify issues:</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> |
| <div>Identify goals:</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>   | <div>Engagement with art activity:</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>  |

| Home exercises: | Summary: |
|-----------------|----------|
|                 |          |
|                 |          |
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## Document information

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