

T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

Supporting Healthcare

Assignment 2 – practical activities part 1

Assignment Brief

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Assignment Brief

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Assignment brief cover sheet

This assessment is for the following occupational specialism:

Supporting Healthcare

Date

24 March 2025 to 4 April 2025

Time allowed

1 hour 30 minutes

Paper number

P002730

Materials

For this assessment you must have:

- a black or blue ball-point pen

Student instructions

- this assessment requires you to demonstrate the three practical activity scenarios contained within this booklet
- the practical activity scenarios within this booklet have been set up at different stations – you will move between these stations during the assessment
- you have up to 5 minutes when you get to a station to prepare for the practical activity scenario; you should use this time to carefully read each practical activity scenario, including any supporting information, and familiarise yourself with the station
- you will have a maximum amount of time to complete the practical activity scenario – the time available is written at the beginning of each practical activity scenario; if you go over this time, you will be asked by the assessor to move on to the next station
- fill in the boxes at the top of the next page

Student information

- the marks available for each practical activity scenario are shown in brackets
- the marks for this assessment are broken down into scenario-specific skills and underpinning skills:
 - 16 marks are available for scenario-specific skills; you will be awarded a scenario specific skills mark for your performance in each practical activity scenario you demonstrate
 - 12 marks are available for underpinning skills; you will be awarded an underpinning skills mark for your performance across the practical activity scenarios you demonstrate
- the maximum mark for this assessment is 60

Submission form

Please complete the detail below clearly and in BLOCK CAPITALS.

Student name	
Provider name	

Student number		Provider number	
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Practical activity scenario 1

Purpose

This scenario aims to assess:

CPA2: Undertake and record a range of physiological measurements, recognising deteriorations in physical health and escalating as appropriate.

Time

The total amount of time available for this practical activity scenario, including the 5 minutes' reading time, is 30 minutes.

Brief

You are working as a healthcare support assistant in a GP surgery.

A 58-year-old male with a 2-year history of type 2 diabetes attends the community clinic for their 6-monthly check-up.

The 58-year-old controls his diabetes using medication and is on no other medication.

Task

Prepare any equipment needed to assess and support the patient.

You have been given an extract from the previous 6-monthly diabetes check-up (item A).

You need to check the patient's physiological measurements and record them in the blank GP referral notes (item B). You should record their:

- weight
- heart rate
- blood pressure

You need to respond to the patient, positioning them appropriately and making them comfortable.

Record your consultation with the patient in the blank GP referral notes (item B) to communicate anything you find concerning to the GP.

[16 marks]

Plus, marks for underpinning skills – duty of care, candour and person-centred care, communication and health and safety

Supporting information

This practical activity scenario involves role play. The patient is played by a role player.

You have been given an extract from the previous 6-monthly diabetes check-up (item A) and blank GP referral notes (item B). You have access to the following equipment:

- two chairs
- table
- manual or automatic blood pressure (BP) machine
- stethoscope
- watch / clock with second hand
- weighing scales
- handwashing equipment
- personal protective equipment (PPE) such as gloves, apron
- clinical waste bins
- general cleaning equipment and products

Performance outcomes (POs)

This practical activity scenario assesses:

PO1: Assist with an individual's overall care and needs to ensure comfort and wellbeing

PO2: Assist registered health professionals with clinical or therapeutic tasks and interventions

PO3: Undertake a range of physiological measurements

Evidence requirements

- audiovisual evidence
- Assignment Brief booklet

Item A: extract from the previous 6-monthly diabetes check-up

Name	Address	Age
Patient	87 Mannings Avenue	58

Physiological measurements	
Height	178 cm
Weight	92 kg
Heart rate	90 BPM
Blood pressure	132/85

Item B: blank GP referral notes

Name	Address	Age
Patient	87 Mannings Avenue	58

Physiological measurements	
Height	178 cm
Weight	
Heart rate	
Blood pressure	

Referral notes

Large empty box for referral notes.

Signature:	Printed name:	Designation / role:	Date:

Practical activity scenario 2

Purpose

This scenario aims to assess:

CPA1: Undertake a general or individual risk assessment in the healthcare environment.

CPA5: Move and handle individuals safely when assisting them with their care needs, using moving and handling aids.

Time

The total amount of time available for this practical activity scenario, including the 5 minutes' reading time, is 30 minutes.

Brief

A 90-year-old individual has just moved into a residential home. The individual has decreased muscle strength in their legs and some balance issues due to frailty. They require the use of a wheelchair due to limited mobility but can transfer between surfaces with the assistance of two people and a transfer belt.

Task

Carry out a risk assessment on the moving and handling of the individual from the wheelchair to a chair with use of a transfer belt and complete the risk assessment form (item C).

Perform the movement of the patient from the wheelchair to the chair, following your risk assessment. A second member of staff will be available to assist with the movement.

Review your risk assessment form (item C) and amend where necessary.

[16 marks]

Plus, marks for underpinning skills – duty of care, candour and person-centred care, communication and health and safety

Supporting information

This practical activity scenario involves role play. The staff member who takes on the role of the patient in the trial will be played by a role player. A second role player will play the role of an additional staff member available to support with the movement of the patient.

You have been given a risk assessment form (item C).

You have access to the following equipment:

- chair
- wheelchair
- handwashing facilities
- transfer belt
- personal protective equipment (PPE) such as gloves, apron
- clinical waste bin

Performance outcomes (POs)

This practical activity scenario assesses:

PO1: Assist with an individual's overall care and needs to ensure comfort and wellbeing

PO2: Assist registered health professionals with clinical or therapeutic tasks and interventions

Evidence requirements

- audiovisual evidence
- Assignment Brief booklet

Item C: risk assessment form

Hazards List what could cause harm.	Who might be harmed and what might the harm be List who could be harmed and in what way.	Control measures Explain how you will minimise these risks.	Further actions

Signature:	Printed name:	Designation / role:	Date:
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Practical activity scenario 3

Purpose

This scenario aims to assess:

CPA3: Respond to an incident or emergency.

CPA4: Demonstrate a range of techniques for infection prevention and control.

Time

The total amount of time available for this practical activity scenario, including the 5 minutes' reading time, is 30 minutes.

Brief

Margaret, an 82-year-old patient, has recently been admitted to hospital with a urinary tract infection. Margaret has dementia, is very confused and has been verbally aggressive to staff when receiving treatment since admission.

Margaret is on a ward and has tried to get out of bed but has tripped and fallen onto the floor and has cut her forearm in the fall.

You enter the ward area where Margaret is lying on the floor and her forearm is actively bleeding.

Task

You must respond appropriately to this situation including:

- assessing the initial needs of the patient and the situation
- responding appropriately to the needs of the patient, including escalating to other members of staff where appropriate
- demonstrating appropriate techniques for infection prevention and control
- recording details of the incident and the actions taken in the patient notes (item D)

You should consider the scope and limitations of your role as a healthcare support worker.

[16 marks]

Plus, marks for underpinning skills – duty of care, candour and person-centred care, communication and health and safety

Supporting information

This practical activity scenario involves role play. The patient is played by a role player. A second role player will play the role of a nurse. You have been given the patient progress notes (item D) to document your actions.

You have access to the following equipment:

- bed
- table
- clinical waste kit, including clinical waste bin
- general waste bin
- handwashing equipment
- simulated blood such as water with red food dye
- spillage kit
- general cleaning equipment
- personal protective equipment (PPE) such as gloves, apron

Performance outcomes (POs)

This practical activity scenario assesses:

PO1: Assist with an individual's overall care and needs to ensure comfort and wellbeing

PO2: Assist registered health professionals with clinical or therapeutic tasks and interventions

PO3: Undertake a range of physiological measurements

Evidence requirements

- audiovisual evidence
- Assignment Brief booklet

Item D: patient notes

Date	Action taken	Name and signature	Time

Document information

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