

NCFE

CACHE

Sample Assessment Materials (SAMs) Optional units- Maternity Support

**NCFE CACHE Level 3 Technical Occupational Entry in
Senior Healthcare Support (Diploma)
QN: 610/3988/3**

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Assignment 1

Task 1

Workbook 1: agreed ways of working

Your workplace is updating their agreed ways of working information packs. Your manager has asked you to produce a reference guide which can be shared with your colleagues relating to the agreed ways of working, covering important aspects of legislation rights and responsibilities, and record keeping associated with the role.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed.

Task 2

Workbook 2: roles and responsibilities

Your workplace requires a guide to the roles and responsibilities of the maternity support worker. Your manager has asked you to produce an information guide which can be shared with your colleagues that outlines and explain the roles and responsibilities.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed.

Task 3

Your workplace is updating their patient and service user information packs. Your manager has asked you to produce an information guide which can be shared with your service users, their families, and friends relating to the care, needs and development of newborns.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed below.

Promoting the health and wellbeing of the newborn:

- explain aspects of neonatal development
- explain the needs of babies at different stages of their development including the following:
 - physical
 - social
 - emotional
 - cognitive
- explain how adopting a healthy lifestyle can enable parents/carers to promote their own health and wellbeing and that of their babies
- describe the principles and practice of infant feeding during the first year
- explain vaccinations up to one year of life
- explain local and national antenatal and newborn screening services.

Caring for a newborn:

- describe the physical, social and emotional developmental needs of babies during the first 10 days of life
- explain how to anticipate and respond to the needs of newborn babies using non-verbal cues
- explain how to recognise when a newborn baby may be becoming unwell

- explain the health, safety and hygiene requirements of newborn babies
- explain signs and symptoms of deteriorating health and wellbeing of newborns
- explain what information to give parents regarding signs, symptoms and preventive measures related to neonatal jaundice.

Feeding your newborn:

- describe the behaviour and feeding cues of babies
- explain how to position the individual and baby for feeding
- describe the different methods, techniques and equipment required for the different methods of feeding
- explain how formulas are stored including how long prepared powdered formula can be kept
- describe changing patterns of stool and urine related to the different feeding methods.

Task 4

To achieve the practical criteria within your diploma, you will be observed in practice on a minimum of two occasions. Observations in practice are holistic assessments in which you are observed carrying out your normal daily role. Below, you will find the full list of criteria which will be reviewed throughout your observation. Please familiarise yourself with the units and criteria.

Observations in practice are an opportunity to showcase your knowledge, skills, and behaviours, and should have minimal impact upon your department. You are not required to manufacture scenarios to achieve the criteria and should plan to carry out your duties as normal. You are however, required to obtain consent from your manager for the observation to take place. You should also obtain consent from each service user you are caring for, to enable observation of how you interact with them.

The following tables consist of practical tasks you will need to achieve in your work or placement.

Describe the situation and action that best applies to the listed criteria.

Your assessor or manager will be required to confirm the scenario and provide feedback for you to consider in the future.

Table 1: assisting healthcare professionals and providing advice to carers/parents

Criteria	Description of situation/action	Assessor confirmation and comments
Provide information to the mother about antenatal screening tests (MAT 1 AC5.1)		
Prepare equipment for antenatal screening tests (MAT 1 AC5.2)		
Update records and share information in line with local policy and protocol (MAT 1 AC5.3)		
Provide person-centred care to the mother during screening tests (MAT 1 AC5.4)		
Provide information to parents/guardians about the newborn screening tests (MAT 1 AC6.1)		
Prepare equipment for newborn screening tests (MAT 1 AC6.2)		

Update records and share information in line with local policy and protocol (MAT 1 AC6.3)		
Explain the purpose of own role and role of own organisation to parents/carers (MAT 1 AC10.1)		
Involve parents/carers in identifying their requirements for promoting and protecting the health and wellbeing of their baby, including essential advice and information (MAT 1 AC10.2)		
Provide information in a way that enables parents/carers to make informed choices about the care of their baby (MAT 1 AC10.3)		
Discuss with parents/carers potential lifestyle changes that will increase their capacity to manage their parenting responsibilities and optimise their own health and wellbeing, encouraging them to set achievable targets (MAT 1 AC10.4)		
Assist parents/carers in developing realistic and achievable plans for promoting and protecting the health and wellbeing of their baby (MAT 1 AC10.5)		
Provide parents/carers with information on immunisations for their baby (MAT 1 AC10.6)		
Provide information on how to access services, information and other resources available, locally or nationally, for parents/carers (MAT 1 AC10.7)		
Has the individual updated and shared information in line with local policy and protocol? (MAT 1 AC10.8)		

Table 2: care for a newborn baby

Criteria	Description of situation/action	Assessor Confirmation and comments
Create a care environment that ensures the newborn baby is safe, secure and free from danger, harm and abuse (MAT 2 AC3.1)		
Handle, move and position the baby safely to encourage interaction and help them feel secure, in line with local policy and protocol (MAT 2 AC3.2)		
Confirm the identity of anyone who wants to handle the baby,		

checking that identification labels are secure and visible (MAT 2 AC3.3)		
Apply standard precautions for infection control (MAT 2 AC4.1)		
Apply health and safety measures relevant to the task and environment (MAT 2 AC4.2)		
Prepare the environment and equipment for feeding, bathing and clothing newborn babies according to their individual needs (MAT 2 AC4.3)		
Undress, wash, bathe and then dry the baby, following safe hygiene and care principles (MAT 2 AC4.4)		
Monitor the skin condition of the baby, treating any dryness or soreness in accordance with the care plan (MAT 2 AC4.5)		
Dress the baby in a clean nappy and suitable clothes for the environmental conditions and temperature (MAT 2 AC4.6)		
Dispose of soiled nappies in line with local policy and procedure (MAT 2 AC4.7)		
Ensure that all equipment used is cleaned and stored appropriately (MAT 2 AC4.8)		
Replenish resources, stock and equipment used (MAT 2 AC4.9)		
Explain the typical protocols and procedures implemented in hospitals to guarantee accurate identification of both the mother and newborn (MAT 2 AC5.1)		
Demonstrate how to correctly identify a patient and how to provide them with an identification wristband (MAT 2 AC5.2)		
Explain typical hospital protocols regarding newborn security and abduction (MAT 2 AC5.3)		
Explain signs and symptoms of deteriorating health and wellbeing of newborn babies (MAT 2 AC6.1)		
Explain normal ranges of physiological observations and actions to take when results fall outside of normal range (MAT 2 AC6.2)		
Take physiological measurements of newborn babies (MAT 2 AC6.3)		

Has the individual updated and stored records in line with local policy and protocol? (MAT 2 AC3.4)	
Has the individual updated records, referring any observations and actions to the appropriate person? (MAT 2 AC4.10)	
Has the individual recorded physiological measurements of the newborn on the appropriate chart in line with policy and procedure? (MAT 2 AC6.4)	

Table 3: supporting parents or carers

Criteria	Description of situation/action	Assessor confirmation and comments
Discuss with parents or carers the ways in which they can meet the physical, social and emotional needs of their baby (MAT 3 AC4.1)		
Provide active support to the parent or carer, within the level of assistance required, to handle and interact with the baby and deal with their needs (MAT 3 AC4.2)		
Observe the parent or carer interacting with their baby (MAT 3 AC4.3)		
Provide encouragement to parents or carers when they bond with and relate to their baby (MAT 3 AC4.4)		
Support parents or carers to prepare themselves, the environment and the equipment prior to feeding, bathing and clothing the baby (MAT 3 AC5.1)		
Discuss with parents or carers approaches to feeding in line with the advice they have been given (MAT 3 AC5.2)		
Support parents attending to their baby's: (MAT 3 AC5.3) <ul style="list-style-type: none"> • comfort • hygiene • wellbeing 		
Encourage parents or carers to monitor their baby's condition and observe any changes in behaviour, feeding or content of nappy, and to seek support if required (MAT 3 AC5.4)		
Advise parents or carers about the baby's: (MAT 3 AC5.5) <ul style="list-style-type: none"> • sleeping positions • room and body temperature • coverings • clothing 		

Has the individual updated records about the progress of the parent or carer, reporting any concerns to the person with responsibility to act in line with confidentiality and data protection? (MAT 3 AC4.5)	
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Table 4: developing and agreeing to individual care plans for babies and families

Criteria	Description of situation/action	Assessor confirmation and comments
Confirm the identity of the person legally responsible for the baby and gain valid consent (MAT 5 AC4.1)		
Explain the preliminary and preparatory actions when carrying out care planning for babies and families (MAT 5 AC4.2)		
Communicate and interact with the baby and those involved in the baby's care (MAT 5 AC4.3)		
Provide information for those involved in the care of the baby (MAT 5 AC4.4)		
Support those involved in the care of the baby to take an active part in decisions affecting them (MAT 5 AC4.5)		
Explain the options for addressing the health and wellbeing needs of the baby, including any benefits and risks, with the parent/carers (MAT 5 AC4.6)		
Agree an individualised care plan with those involved in the care of the baby (MAT 5 AC4.7)		
Has the learner maintained records in line with local policy and protocol? (MAT 5 AC4.8)		

Table 5: supporting individuals with feeding babies

Criteria	Description of situation/action	Assessor confirmation and comments
Communicate with the individual and significant others in a way that is informative and sensitive to the personal beliefs and preferences of the individual (MAT 6 AC3.1)		
Discuss with the individual how they wish to feed the baby (MAT 6 AC4.1)		
Explain to the individual the importance of providing an environment to support breastfeeding (MAT 6 AC4.2)		

Discuss with the individual the importance of the baby's hydration and nutrition (MAT 6 AC4.3)		
Explain the benefits of different feeding methods and respond to any concerns that the individual and significant others may have (MAT 6 AC4.4)		
Demonstrate appropriate health and safety measures and standard precautions for infection control in line with local policy and procedures (MAT 6 AC4.5)		
Assist with the positioning of the individual and the baby (MAT 6 AC4.6)		
Demonstrate how to support an individual to feed a baby using the appropriate method and equipment (MAT 6 AC4.7)		
Explain to the individual how to wind the baby and the reasons why winding is necessary (MAT 6 AC4.8)		
Gain support from the parents/carer for any situations that are outside of the scope of your role (MAT 6 AC4.9)		
Monitor the weight of the baby to ensure that feeding is adequate (MAT 6 AC4.10)		
Has the individual completed records in accordance with organisational requirements?		

Evidence requirements

Task 1: completion of maternity pathway reference guide 1

Task 2: completion of maternity pathway guide to roles and responsibilities

Task 3: production of an information guide

Task 4: observation in practice (tables 1, 2, 3, 4 and 5)

Assignment 2

Introduction

Your workplace is updating their agreed ways of working information packs. Your manager has asked you to produce a reference guide which can be shared with your colleagues relating to the agreed ways of working, covering important aspects of legislation rights, responsibilities, and record keeping associated with the role.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed below.

Task

For this task you must fully respond to all the knowledge questions below:

Summarise current legislation, national guidelines, policies, protocols, and good practice guidelines related to providing advice and information to parents/carers on the health and wellbeing of newborn babies. (MAT 1 AC1.1)

Describe local policies for child safety and protection. (MAT 1 AC1.2, 2.1.2)

Explain how to report any concerns about the parent/carer or the child's health, safety, or wellbeing in line with local policy and protocol. (MAT 1 AC1.3)

Explain how to work in partnership with parents/carers and significant others. (MAT 1 AC1.4)

Significant others could include:

- family
- colleagues
- other individuals involved with the care or wellbeing of the baby, child, or young person.

Explain the rights and responsibilities of parents/carers for their child and own role in relation to this. (MAT 1 AC1.5)

Explain how to obtain advice and information on supporting parents to promote the health and wellbeing of their newborns to support own practice. (MAT 1 AC1.6)

Explain how to access records and information on the needs and preferences of babies, parents, and carers, in line with local policy and protocol. (MAT 1 AC1.7, MAT 2 AC1.6, MAT 3 AC1.7)

Explain the importance of confidentiality when storing or accessing records and information. (MAT 1 AC1.8, 2.1.7, 3.1.8, 6.1.7)

Explain local systems for discharge and transfer of maternity patients. (MAT 1 AC9.1)

Outline steps taken within discharge procedures. (MAT 1 AC9.2)

Summarise current legislation, national guidelines, policies, protocols, and good practice guidelines related to the care of newborn babies. (MAT 2 AC1.1)

Explain how to report any concerns about the newborn's health, safety, or wellbeing in line with local policy and protocol. (MAT 2 AC1.3, 3.1.6)

Explain how to obtain advice and information regarding caring for a newborn baby to support own practice. (MAT 2 AC1.4)

Explain the importance of keeping own knowledge of how to care for a newborn up to date. (MAT 2 AC1.5)

Explain the typical protocols and procedures implemented in hospitals to guarantee accurate identification of both the mother and newborn. (MAT 2 AC5.1)

Explain typical hospital protocols regarding newborn security and abduction. (MAT 2 AC5.3)

Summarise current legislation, national guidelines, policies, protocols, and good practice guidelines related to supporting parents or carers to interact with and care for their newborn baby. (MAT 3 AC1.1)

Describe local policies for child safety and protection, related to supporting parents or carers to interact with and care for their newborn baby. (MAT 3 AC1.2)

Explain the different services and organisations that work in partnership with individuals who are caring for and interacting with their newborn babies. (MAT 3 AC1.3)

Explain own role in informing parent or carers of their rights and responsibilities when caring for their newborn baby. (MAT 3 AC1.4)

Explain the importance of ensuring that own knowledge and practice is up to date in relation to supporting parents/carers to interact and care for their baby and identify sources of support. (MAT 3 AC1.5)

Summarise current legislation, national guidelines, policies, protocols, and good practice guidelines related to supporting parents/carers to care for their baby during their first year. (MAT 5 AC1.1)

Describe local policies for child safety and protection, and explain how these are addressed in the care plan. (MAT 5 AC1.2)

Explain how to work in partnership with parents/carers and significant others in order to develop person-centred care plans. (MAT 5 AC1.3)

Significant others could include:

- family
- colleagues
- other individuals involved with the care or wellbeing of the baby, child, or young person.

Explain the rights and responsibilities of parents/carers for their child and own role in integrating this within the care plan. (MAT 5 AC1.4)

Explain how to obtain advice and information to support own practice regarding development of care plans. (MAT 5 AC1.5)

Explain how to report deviations from the agreed care plan in line with local policy and protocol. (MAT 5 AC1.6)

Explain how to gather information on the needs and preferences of babies, parents, and carers, in line with local policy and protocol. (MAT 5 AC1.7)

Explain the importance of confidentiality when accessing care plans and information. (MAT 5 AC1.8)

Explain the importance of gathering relevant information to inform care planning. (MAT 5 AC2.1)

Describe ways to access information held by other practitioners and agencies. (MAT 5 AC2.2)

Summarise current legislation, national guidelines, policies, procedures, and good practice guidelines relating to feeding babies. (MAT 6 AC1.1)

Describe how local policies on feeding babies support child safety and protection. (MAT 6 AC1.2)

Explain how to work in partnership with individuals/carers and significant others when supporting the feeding of babies. (MAT 6 AC1.3)

Explain the rights and responsibilities of individuals/carers for their child and own role in relation to this. (MAT 6 AC1.4)

Explain how to report any concerns about the individual/carer or the child's health, safety, or wellbeing regarding feeding, in line with local policy and procedures. (MAT 6 AC1.5)

Explain how to access, update and store records and information on the feeding needs and preferences of babies, individuals, and carers, in line with local policy and procedures. (MAT 6 AC1.6)

Explain how to obtain advice and information on feeding babies to support own practice and why this is important. (MAT 6 AC1.8)

Evidence requirements

Completed reference guide

Assignment 3

Introduction

Your workplace requires a guide to the roles and responsibilities of the maternity support worker. Your manager has asked you to produce an information guide which can be shared with your colleagues that outlines and explains the roles and responsibilities.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed below.

Task

For this task you must fully respond to all the knowledge questions below:

Describe the main trends and changes relating to the care of newborn babies. (MAT 2 AC2.2)

Explain the benefits of empowering parents/carers to manage the care of their baby. (MAT 2 AC2.4)

Explain how the needs of newborn babies may affect those who care for them. (MAT 2 AC2.6)

Explain the impact the following can have on the health and wellbeing of babies: (MAT 2 AC2.7)

- family
- parenting capacity
- environment.

Identify the contributing factors that increase the risk of significant harm to newborn babies. (MAT 2 AC2.8)

Explain the importance of confirming the parents'/carers' understanding of how to promote and protect the health and wellbeing of their baby. (MAT 2 AC2.9)

Explain signs of deteriorating physical or mental health and wellbeing in parents/carers. (MAT 2 AC2.10)

Explain the regularity and objectives of postnatal midwife visits in the community. (MAT 1 AC7.1)

Explain the role of the health visitor and timing of their first visit. (MAT 1 AC7.2)

Explain the role of GP in postnatal care and timing for first mother and baby check. (MAT 1 AC7.3)

Explain how to seek advice and urgent help. (MAT 1 AC7.4)

Explain signs of deteriorating postnatal health and when to seek urgent advice/attend hospital. (MAT 1 AC8.1)

Explain current recommendations for postnatal exercise. (MAT 1 AC8.2)

Explain ways for postnatal women to practice self-care. (MAT 1 AC8.3)

Explain security systems in place for baby identification within own working environment. (MAT 2 AC1.8)

Explain your role in monitoring the normal state of newborn babies. (MAT 2 AC2.1)

Explain the importance of providing consistency and continuity of care for newborn babies. (MAT 2 AC2.6)

Explain normal ranges of physiological observations and actions to take when results fall outside of normal range. (MAT 2 AC6.2)

Explain the responsibilities and limits of own relationship with parents or carers and their newborn baby. (MAT 3 AC2.1)

Describe the normal state of newborn babies. (MAT 3 AC2.2)

Explain how the following can impact on the normal state of the newborn baby, including: (MAT 3 AC2.3)

- environment
- nutrition and hydration
- the care they receive.

Explain the signs and symptoms that indicate a newborn baby may be becoming unwell. (MAT 3 AC2.4)

Explain why parents or carers should be encouraged to engage in active parenting. (MAT 3 AC2.5)

Explain the importance of confirming the level of assistance required by parents or carers. (MAT 3 AC2.6)

Explain signs and symptoms of neonatal jaundice and when to escalate to the midwife. (MAT 3 AC3.1)

Explain types of neonatal jaundice and treatment options. (MAT 3 AC3.2)

Describe how babies communicate by behaviour. (MAT 5 AC3.1)

Describe how different behaviours can be interpreted. (MAT 5 AC3.2)

Evaluate the main issues and debates relating to the health and wellbeing of babies. (MAT 5 AC3.3)

Describe a range of conditions affecting babies in own area of practice. (MAT 5 AC3.4)

Describe the risk factors for premature birth, including: (MAT 5 AC3.5)

- fetal
- maternal
- social influencing
- factors relative to birth history.

Explain the impact of parenting, family and environment on the health and wellbeing of a baby. (MAT 5 AC3.7)

Describe the interdependent relationship of the health and wellbeing of a mother and that of their baby/babies. (MAT 5 AC3.8)

Explain the preliminary and preparatory actions when carrying out care planning for babies and families. (MAT 5 AC4.2)

Explain the options for addressing the health and wellbeing needs of the baby, including any benefits and risks, with the parents/carers. (MAT 5 AC4.6)

Explain the importance of promoting skin-to-skin contact. (MAT 6 AC2.1)

List the factors that can impact on the choice of feeding method. (MAT 6 AC2.2)

Factors must include:

- socio-economic
- environmental
- cultural.

Explain the health benefits of breastfeeding and how to promote these to individuals. (MAT 6 AC2.4)

Explain the support individuals can access when it comes to breastfeeding and latching on. (MAT 6 AC2.5)

Explain the importance of nutritional intake and hydration for the individual breastfeeding. (MAT 6 AC2.6)

Describe how the maternal health of individuals can impact on breastfeeding. (MAT 6 AC2.7)

Explain the benefits of different feeding methods and respond to any concerns that the individual and significant others may have. (MAT 6 AC4.4)

Different feeding methods could include:

- breastfeeding
- bottle-fed using expressed milk
- bottle-fed using artificial milk
- syringe feeding
- cup feeding
- weaning.

Evidence requirements

Completed roles and responsibilities guide

Assignment 4

Introduction

You are required to complete a revision aid for colleagues relating to key principles of anatomy and physiology which relate to your role as a maternity support worker.

You may be required to complete research around the topic to complete this task, you should include your references. Please refer to the range when compiling the revision aid.

Your revision aid should be clear, well presented, and informative. You should consider the appearance of your revision aid and its intended audience. Your written work should be presented in the following sections and should include all criteria listed below.

Task

For this task you must fully respond to all the knowledge questions below:

Summarise the structure and function of the female reproductive system. (MAT 4 AC1.1)

Explain the role of hormones in female reproduction. (MAT 4 AC1.2)

Explain the structure of the breast. (MAT 4 AC2.1)

Describe the process of lactation. (MAT 4 AC2.2)

Explain the physical changes in the body due to pregnancy. (MAT 4 AC3.1)

Explain physical changes that pose a risk to pregnancy. (MAT 4 AC3.2)

Describe the anatomy and physiology related to milk production and breastfeeding. (MAT 6 AC2.3)

Evidence requirements

Completed revision aid

Assignment 5

Introduction

Your workplace is updating their patient and service user information packs. Your manager has asked you to produce an information guide which can be shared with your service users, their families, and friends relating to support for parents who are bereaved.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed below.

Task 1

For this task you must fully respond to all the knowledge questions below:

Describe how family members may feel immediately following the death of a loved one. (MAT 7 AC1.1)

Compare theories of bereavement. (MAT 7 AC2.1)

Explain the importance of taking into account the individual's age, spirituality, culture and beliefs when providing support for bereavement. (MAT 7 AC2.2)

Explain the importance of empathy in supporting a bereaved individual. (MAT 7 AC2.3)

Explain the importance of considering bereavement needs of families based on the age of the deceased individual and their relationship to the family members. (MAT 7 AC2.4)

Describe how to assess the individual's level of distress and their capacity for resilience. (MAT 7 AC3.1)

Outline how to agree a programme of support with the individual. (MAT 7 AC3.2)

Outline how to support the individual to identify any changes they may need to make as a result of their loss. (MAT 7 AC3.3)

Explain the importance of working at the individual's pace during the bereavement journey. (MAT 7 AC3.4)

Explain how to support the individual to manage conflicting emotions, indecision, or fear of the future. (MAT 7 AC3.5)

Explain how to support in the creation of meaningful memories for bereaved parents of deceased newborn babies, stillborns or late miscarriages. (MAT 7 AC3.6)

Compare the roles of specialist agencies in supporting individuals who are bereaved. (MAT 7 AC4.1)

Describe how to assess whether a bereaved individual requires specialist support. (MAT 7 AC4.2)

Explain the importance of establishing agreement with the individual for a referral to a specialist agency. (MAT 7 AC4.3)

Research what pregnancy and infant loss bereavement charities practice in your area and what services they offer. (MAT 7 AC4.4)

Identify ways to manage own feelings while providing support for an individual who is bereaved. (MAT 7 AC6.1)

Task 2: workplace practical experience

The following table consists of practical tasks you will need to achieve in your work or placement.

Describe the situation and action that best applies to the listed criteria.

Your assessor or manager will be required to confirm the scenario and provide feedback for you to consider in the future.

Table 1: supporting families who are bereaved

Criteria	Description of situation/action	Assessor confirmation and comments
Explain how to work with others to support individuals who are bereaved (MAT 7 AC5.1)		
Support others to create an environment where the individual has privacy to express their emotions (MAT 7 AC5.2)		
Identify ways to manage own feelings while providing support for an individual who is bereaved (MAT 7 AC6.1)		
Use support systems to help manage own feelings (MAT 7 AC6.2)		

Evidence requirements

Completed guide

Workplace experience (Table 1)

Assignment 6

Introduction

Your workplace is updating their maternity support worker induction packs. Your manager has asked you to produce an information guide which can be shared with your colleagues relating to obtaining and testing specimens from newborn babies.

Your guide should be clear, well presented, and informative. You should consider the appearance of your guide and its intended audience. Your guide should be presented in the following sections and should include all criteria listed below.

Task 1

For this task you must fully respond to all the knowledge questions below:

Outline current legislation, national guidelines, organisational policies, and protocols that affect working practice. (MAT 8 AC1.1)

Identify the hazards and other consequences related to incorrect labelling of specimens. (MAT 8 AC1.2)

Identify the different types of specimens that may be obtained, including testing sites. (MAT 8 AC2.1)

Describe the tests and investigations that may be carried out upon the specimens. (MAT 8 AC2.2)

Identify the correct equipment and materials used in the collection and transport of specimens. (MAT 8 AC2.3)

Identify how to label, store, and send different specimens. (MAT 8 AC2.4)

Identify any aspects of the parent/carer's ethnic and religious background that might affect the procedure. (MAT 8 AC3.5)

Describe possible problems in collecting specimens and how and when these should be reported. (MAT 8 AC4.4)

Describe the signs and symptoms that a newborn is in pain, distress or discomfort and explain how you would respond to these. (MAT 8 AC4.5)

Demonstrate the correct process for reporting and recording test results. (MAT 8 AC5.1)

Describe the actions to be taken when the results are outside the normal range. (MAT 8 AC5.2)

Describe why it is important to understand the implications the test results may have on the newborn. (MAT 8 AC5.4)

Task 2: workplace practical experience

The following table consists of practical tasks you will need to achieve in your work or placement.

Describe the situation and action that best applies to the listed criteria.

Your assessor or manager will be required to confirm the scenario and provide feedback for you to consider in the future.

Table 1: obtain and test specimens from newborn babies

Criteria	Description of situation/action	Assessor confirmation and comments
Confirm the newborn's identity (MAT 8 AC3.1)		
Maintain a safe and healthy working environment using infection prevention and control techniques (MAT 8 AC3.2)		
Explain the procedure to the parent/carer and obtain valid consent (MAT 8 AC3.3)		
Ensure the individual's privacy and dignity is maintained at all times (MAT 8 AC3.4)		
Identify any aspects of the parent/carer's ethnic and religious background that might affect the procedure (MAT 8 AC3.5)		
Communicate with the parent/carer in a way that is appropriate to their needs and preferences (MAT 8 AC3.6)		
Demonstrate that the required preparations have been completed, including materials and equipment (MAT 8 AC3.7)		
Appropriately collect specimen using correct procedure and equipment (MAT 8 AC4.1)		
Demonstrate appropriate health and safety measures relevant to the procedure and environment (MAT 8 AC4.2)		
Demonstrate effective hand washing techniques and correct use of personal protective equipment (PPE) (MAT 8 AC4.3)		
Describe possible problems in collecting specimens and how and when these should be reported (MAT 8 AC4.4)		
Describe the signs and symptoms that a newborn is in pain, distress or discomfort and explain how you would respond to these (MAT 8 AC4.5)		
Demonstrate the correct collection, labelling and storage of specimens (MAT 8 AC4.6)		
Demonstrate safe disposal of clinical waste (MAT 8 AC4.7)		
Complete and attach relevant documentation (MAT 8 AC4.8)		

Demonstrate the correct process for reporting and recording test results (MAT 8 AC5.1)		
Describe the actions to be taken when the results are outside the normal range (MAT 8 AC5.2)		
Communicate test results in accordance with agreed ways of working (MAT 8 AC5.3)		
Describe why it is important to understand the implications the test results may have on the newborn (MAT 8 AC5.4)		

Evidence requirements

Completed induction guide

Workplace experience (Table 1)

Change history record

Version	Description of change	Date of issue
V1.0	First publication	August 2025