

Occupational specialism assessment (OSA)

Cyber Security

Assignment 1 – Distinction

Guide standard exemplification materials (GSEMs)

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T Level Technical Qualification in Digital Support Services Occupational specialism assessment (OSA)

Cyber Security

Guide standard exemplification materials (GSEMs)

Assignment 1 - Distinction

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Introduction

The material within this document relates to the Cyber Security occupational specialism sample assessment. These exemplification materials are designed to give providers and students an indication of what would be expected for the lowest level of attainment required to achieve a pass or distinction grade.

The examiner commentary is provided to detail the judgements examiners will undertake when examining the student work. This is not intended to replace the information within the qualification specification and providers must refer to this for the content.

After each live assessment series, authentic student evidence will be published with examiner commentary across the range of achievement.

Assignment 1

Brief

Willow Technology are aware of the continuous technological improvements and updates that are currently available and have asked you to research the current market and create a project proposal for how Willow Technology could improve the security of their current systems and software. This proposal will be submitted to the board and will be addressed in the budget for next year.

Additionally, at the beginning of next week, a new colleague will be joining the team. You have been asked to set up a device so that they are able to work remotely most of the time and will be able to log in when working in the office, which uses hot desks if the need arises. In addition to configuring the laptop, you will also have to install any software agreed to by your line manager, as well as set up an administrative account for yourself and one for the new colleague.

Task 1: project proposal

Time limit

5 hours 30 minutes

You can use the time how you want, but all parts of task 1 must be completed within the time limit.

(30 marks)

Instructions for students

You are required to complete a project proposal that compares 2 available security products (for example, comparing 2 different vendor-based firewalls) and recommend which would be best for the company. Additionally, you will need to recommend the most appropriate method for user access solutions.

You will provide a rationale to justify any recommendations you make, stating why you feel the product/solution chosen is better than any other available whilst considering price, reviewer feedback from other users and certification.

You should create a project proposal that includes:

- your research into the following three secure software solutions:
 - o firewall
 - o anti-virus
 - o virtual private network (VPN) to ensure that any internet connection remains secure and private
- for each one of these you should compare 2 similar products and recommend the best solution based on price, user reviews, technical specification and if applicable, certification
- · references to sources used for validating the credibility of the software chosen
- any legal/security requirements that need to be addressed when considering the software chosen and how this software may be used
- recommendations for the most appropriate methods to implement user access control for the device either locally, remotely, or both

Evidence required for submission to NCFE

The following evidence should be submitted:

• a project proposal

Student evidence

Project proposal

Product research

Firewalls

When considering a firewall, it is important to look at the overall requirements before embarking on the search for a product. There are several different types of firewall that will vary based on the security needed.

Common Firewall Types	
Packet filtering firewall	This is the most common firewall type and operates by monitoring outgoing and incoming packets and allowing them to pass or be dropped based on the source and destination Internet Protocol (IP) addresses, protocols and ports. This is the easiest firewall to configure and can be hardware or software based for example Windows Defender Firewall. Willow could employ this type of firewall to apply rules organisation wide.
Circuit-level gateway	A circuit-level gateway firewall helps in providing security between UDP and TCP connections. Willow could employ this type of firewall to allow access to traditional web apps hosted in data centres using the same log-on credentials and authentication techniques they use to access mobile apps and cloud services.
Application-level gateway (also known as proxy firewalls)	This is basically a firewall proxy that filters unwanted network traffic and is used to provide security between computers and services on a network. Willow could employ this functionality to deny access to the resources of private networks to distrusted users over the Internet.
Stateful inspection firewalls	This type of firewall monitors the state of any active connections and uses the information to permit or deny the network packets through the firewall. This is achieved by monitoring requests and checking entries it contains. Willow could employ this type of firewall to improve overall security on the network.
Next-generation firewall (NGFW)	A next-generation firewall (NGFW) is a security appliance that deals with network traffic and applies rules to block suspicious traffic and activity. NGFWs employ the capabilities of traditional firewalls but they also build on them to provide additional services for example Advanced Malware Protection.

Information Source

There are multiple discussions available on the internet that give a rundown of the types of firewalls as well as their Pros and Cons, the ones I used were: -

Phoenixnap – <u>https://phoenixnap.com</u>

TechTarget – <u>https://www.techtarget.com/</u>

Comparitech – <u>https://www.comparitech.com</u>

Performance Networks - https://www.performancenetworks.co.uk/

CBT Nuggets - https://www.cbtnuggets.com

GetApp - https://www.getapp.com/

Cisco - https://www.cisco.com/

Based upon delivery method there are 3 different categories of firewalls available:

- hardware Firewall
- software Firewall
- cloud Based Firewalls, also known as Firewall as a Service

Hardware Firewalls

A hardware firewall is a dedicated piece of hardware whose role is to filter incoming and outgoing network traffic applying a set of rules that either allows or blocks the traffic. Unlike a software firewall, a hardware firewall has its own CPU, Memory, etc. so does not consume resources from any other host on the network. Firewalls fall into 5 main categories.

Having a dedicated piece of hardware to act as a firewall is a good choice for all business sizes in the current climate, for example, remote working and the increase of cyber related attacks. Cisco provide advanced security appliances at affordable prices and are cost effective devices to provide redundancy, i.e., to have 2 either working active/active each sharing the role or active/passive where one is primary and the other is a failover, only coming online if the primary fails.

Pros

- protect multiple devices at the same time, hardware firewalls can be the default gateway for the premises at Willow and oversee all incoming and outgoing traffic
- protects the network perimeter so malicious traffic should never reach other assets, this can be achieved through packet filtering and stateful inspection employing a NGFW
- have their own resources that can be upgraded in many instances firmware updates and additional subscription services can be applied when needed, for example, Cisco security appliances with Firepower
- single administration point as opposed to having to manage a firewall on all devices Cisco Adaptive Security Device Manager (ASDM) has functionality for central management of multiple devices, this will also support any future growth that may be required at Willow
- can act as a VPN endpoint allowing secure access for remote users to internal systems, this is a very
 important feature due to the increase of remote working in recent years most business firewall routers will
 have functionality for VPN access

Cons

- more expensive especially if deployed as a redundant pair
- requires in-house expertise to manage

- will not protect against insider threats as the threat actor is already inside the perimeter
- needs to be deployed in a secure controlled, environment such as a comms cabinet
- needs redundant power in case of power fluctuations or power outages

Software Firewalls

A software firewall installs directly onto a device such as a laptop or computer and, as such, only protects that device. It also has to share the devices resources such as CPU and memory and needs to be installed on every device the company wants to protect. This also increases the administration of the device as updates, etc. need to be applied to all devices that have the firewall installed.

Pros

- very good protection for a single device, for example, Windows defender firewall on all company laptops, PCs and end devices at Willow – this can be controlled using security policies on Windows server and any required updates can be rolled out using Windows server update services (WSUS)
- isolates all endpoints from each other unless a rule is created to allow access, this can help when there is evidence of compromise or other suspicious activity at Willow
- gives admins complete control of firewall at a granular device level, this can be achieved centrally via Windows Server Active Directory or Azure Active Directory at Willow
- software readily available and relatively inexpensive, for example, Windows Defender Firewall is a feature of all recent Windows operating systems

Cons

- consumes the CPU, memory, etc. of the device it is installed on
- requires configuration to be done on all devices the firewall is installed on
- increased day-to-day maintenance as it is manual
- increased chance of manual error
- not all firewalls support all types, for example Windows and Mac, so there may be a need to buy separate solutions increasing admin

Firewall as a Service

Firewall as a Service (FWaaS) relies on technology in the cloud. A user or application connects to the FWaaS via the internet, and the service applies domain rules, URL filtering, and other security that physical firewall appliances would normally use. It aims to replace all the hardware firewalls deployed to protect a company's traffic on all sites, along with any remote devices. As this is a service it means that the provider handles all provisioning, management, updates, etc. so the company do not need any specific firewall SME in-house staff.

Pros

• the service provider handles admin tasks related to the platform including installation, provisioning, patching, etc. this can free up time for other IT related work

- the company can scale up the provision to meet future demand with no capital cost; cloud providers for example AWS, have elasticity built into their systems to allow for expansion and contraction with ease, this can be done instantly and could potentially be financially rewarding for Willow
- scaling up provision can happen very quickly, often instantly, this has benefits as detailed in the previous bullet point
- there is no need for in-house hardware or the associated power, security, etc. this will be financially
 rewarding for Willow and removes vulnerabilities and threats related to on site physical infrastructure, for
 example theft
- cloud providers typically offer 99.8% uptime SLA equating to no more than 2 hours planned outage per calendar month (24 X 7), this relieves Willow of this burden, and they can rest assured that their systems will be reliable and robust
- onboarding new sites and assets is much simpler and faster with no need for additional hardware, the builtin elasticity of cloud infrastructure makes this process very seamless and future growth and changes to working patterns at Willow will be manageable and achievable

Cons

- as this is a service, there is a lack of detail on how the provider runs the firewalls
- as all rules, etc. are applied to the backend service migrating to a new supplier is more difficult
- traffic flows through a third party via the internet so there could be latency requiring a better internet connection

Recommendation

Stand-alone firewalls would be too much administration and only protect the device they are installed on so for business use I would recommend that this type of firewall is not suitable.

We therefore need to look at the top products in the Hardware Firewall and Firewall as a Service categories and compare them.

Anti-virus

Information Source

It is important to ensure that the information source used to compare anti-virus is impartial, not aligned with any vendor or reseller and acknowledged as a reliable source. For the purposes of determining the best anti-virus packages I have chosen to use Capterra for the following reasons:

- they are a free and trusted comparison platform with 15 years of experience
- they are acknowledged as the world's leading software review and selection platform

Capabilities Required

When looking at anti-virus software it is important to look at the capabilities of each product and ensure they offer a minimum of:

- anomaly/malware detection
- automatic scans
- data security
- endpoint protection software

- identity theft protection
- phishing protection
- real-time monitoring
- real-time alerts
- threat response
- VPN support

Recommendation

In order to properly assess which anti-virus is best I will be using Capterra to evaluate the top 4 anti-virus products based upon requirements, these are:

- Antivirus Pro
- Bitdefender
- McAfee
- Cisco AMP (Advanced Malware Protection)

Virtual Private Network (VPN)

Information Source

As with Firewalls and Anti-virus software it is important to ensure that information sources are impartial and not aligned with a vendor. After looking at the available sources I will be using TechRadar (<u>https://www.techradar.com</u>) as they have been in business since 2007 and they do not take any payment for product reviews. They also test products in real life with a minimum number of days functional testing before they write their reviews.

Capabilities Required

The VPN product should support the following capabilities as a minimum:

- dedicated IP
- IP allow listing
- custom DNS
- network segmentation
- Site-to-Site
- smart Remote Access
- biometrics
- unlimited Network Tunnels
- device posture check
- automatic WiFi Security
- sign out code
- phone support

Recommendation

Looking at the VPN products available, I have discounted all but the following 3 products that will be evaluated:

- Perimeter 81
- NordLayer
- Cisco ASA 1100 VPN

Product Comparison

Firewalls

Source Reference

I have used Comparitech (<u>https://www.comparitech.com</u>) for the technical details of the Firewall Comparison as they are the leading industry resource for B2B data professionals and technology buyers. Founded in 2015, they have a team of 30 security researchers, writers, developers, and editors covering a wide range of cyber security topics. They extensively test and review products including VPNs, password managers, ID theft protection, anti-virus, network monitoring tools, and firewalls.

Using their website, the top 2 products include a hardware solution (Firepower Threat Defence) and a Firewall as a Service solution (perimeter 91).

I am also using TrustRadius (<u>https://www.trustradius.com</u>) and GetApp (<u>https://www.getapp.com/</u>) to get reviews from actual users of the products so we not only know the technical aspects but get an insight into real world use.

Firepower Threat Defence (Cisco ASA 1100)

Price £550.00 Incl. VAT

User reviews

The Firepower 1100 user review is fairly positive with 26 of the 29 reviewers giving a positive scoring.

Pros

- simple graphical user interface (GUI) based functionality through the Cisco ASDM interface, this also has real time monitoring of interfaces and includes a packet tracer interface for network configuration and design
- vast resources for configuration and implementation, for example videos, handbooks and training materials
- excellent support services from Cisco for example forums, FAQs, online helpdesks and live chat
- real time throughput of traffic, this makes these devices very efficient and provides excellent network monitoring data
- ease of implementation as all GUI based, as well as robust command line interface (CLI) implementations on all Cisco ASA devices

Cons

- real time logging to console is limited
- to ensure redundancy will need 2 X Firepower 1100
- need to have staff with Cisco skillset

Tech spec

The Firepower 1100 has a wide feature set:

Legal/Security Requirements

There is a requirement to purchase licenses for the devices that will need to be reviewed. In addition, as these are physical devices there will be a need to provision in a secure area with adequate, redundant power, etc. Firewalls will block suspicious and malicious traffic when configured correctly, so in turn, reducing the risks of the company failing to meet Data Protection 2018 rules. Staff also have a responsibility with their behaviour when dealing with electronic documents and using data accurately in accordance with data protection legislation.

Summary

The Firepower 1100 is a very capable device that will also provide malware protection and VPN capability but may require additional skills to manage and update the device with the associated training. It also requires a secure location to house it along with connections from that environment to any networking subnet the firewall has to control, I believe Willow technology will be able implement Firepower 1100 because they are targeted at small to medium businesses.

Perimeter 81

Price

£15 per user per month so £300 per month.

User Reviews

The user reviews are good with a score of 8.5 out of 10, so 85%.

In addition, the general consensus is:

Pros

- ease of use, the system is very intuitive and clutter free and has all the features required for Willow
- flexible remote access environment that provides an intuitive interface for configuring the system, this would be beneficial at Willow for remote administration
- behavioural Analytics are employed that would provide Willow with smarter security monitoring with the ability to monitor traffic and observe unusual activity and departures from network operations
- provides services including packet checking, signature recognition and real-time blocking of malicious sites and data, this is ideal for Willow because of their working patterns and typical online usage

Cons

- · occasional issues with connectivity and performance scalability
- no SSL security
- software can be resource hungry when completing certain operations

Tech Spec

Perimeter 81 is a Secure Access Service Edge that has a Firewall as a Service solution as part of its design. A SASE comprises of technology used to deliver wide area network (WAN) and security controls as a cloud computing service directly to the source of connection, rather than a data centre. This also helps organizations support dispersed users and their devices with digital transformation and application

The solution supports: -

- Firewall as a Service (FWaaS) allowing multiple OS to use the virtual firewall
- · endpoint security ensuring any endpoints connected are protected against malware
- Secure Web Gateway (SWG) blocking high risk websites, enforcing compliance, prevents malware and protects remote users
- Cloud Access Security Brokers (CASB) enforces corporate security policies when accessing cloud resources

Legal/Security Requirements

The product is fully cloud based and the data centres have SOC 1, SOC 2 and SOC 3 certification as well as ISO27001 certification so they are a secure environment. The product also supports 2 factor authentication.

Summary

Perimeter 81 may seem like a more expensive option, but the following should be noted:

- no expensive hardware to buy and deploy
- no ongoing maintenance as the product is supplied as a service
- · it forms part of a much larger offering that also provides VPN access
- it can be lined to many remote sites

Firewall Solution Choice and Rationale

Perimeter 81 does not require expensive hardware, is managed as a service so does not require expensive skillsets for internal staff to support and it forms part of a larger cloud offering expanded to a SASE solution. For these reasons Perimeter 81 is the recommended firewall solution

I have chosen the Cisco ASA 1100 firewall, Cisco offers the industry's first threat-focused next-generation firewall and includes features such as unified policy management of firewall functions, application control, threat prevention, and advanced malware protection from the network to the endpoint. Secure Firewall Management Center is a visual interface that helps monitor the system and is user friendly and intuitive.

Anti-virus

Using Capterra I will evaluate the top 4 anti-virus products based upon requirements:

- Antivirus Pro
- Bitdefender
- McAfee
- Cisco AMP (Advanced Malware Protection)

These 4 products meet the minimum specs stated above in section 1.1.2.2 but we also need to take training and the support on offer when evaluating.

Anti-virus capabilities

When looking at anti-virus software it is also important to look at the capabilities of each product and ensure they offer a minimum of:

- anomaly/malware detection
- automatic scans
- data security
- endpoint protection software
- identity theft protection
- phishing protection
- real-time monitoring
- real-time alerts
- threat response
- VPN support

Anti-virus product comparison

Product	Pros	Cons
Antivirus Pro	meets minimum spec	no on-premises
Cost: \$ 29.00 per annum	• cloud	no live online
	email/helpdesk	 no webinars
		 no documentation
		no videos
		no FAQ/forum
		 no knowledge base
		 no 24/7 (live rep)
		 no pricing provided by vendor
Bitdefender	meets minimum spec	no cloud
Cost: \$15.00 per annum	on-premises	 no webinars
	live online	 no videos
	documentation	 no 24/7 (live rep)
	email/helpdesk	
	FAQs/forum	
	knowledge base	
	phone support	
McAfee	meets minimum spec	no on-premises
Cost: \$23.99 one-off	cloud	no live online
		 no webinars

		 no documentation no videos no 24/7 (live rep)
Cisco AMP (Advanced Malware Protection) Cost: \$53.76	 uses global threat intelligence data from Cisco Threat Grid and Cisco Talos is on the same device (Cisco ASA 1100) as the firewall and VPN, so is a central point for security at Willow 	 some false positives of found malwares price is a bit expensive especially if your network has many devices

Anti-virus Solution Choice and Rationale

Based upon the above comparison we must rule out Bitdefender as it does not offer cloud support this leaves Antivirus Pro as a possibility, a product that meets minimum spec and cloud requirements.

I have chosen Cisco AMP for the fact that it offers excellent malware protection, and the other deciding factor is that it will be part of the Cisco ASA 1100 and will provide Willow with a central point for malware protection, firewall and VPN.

Taking the above into account, the rational choice for anti-virus product is therefore **Cisco AMP**.

Virtual Private Network (VPN)

When looking at a VPN provider it is important to consider those that have specifically been setup for Business VPN. There are many public VPN providers but the size and capability of their VPN offering means that they are not set up to support a business. The following capabilities should be available:

- the provider offers services that cater specifically to businesses
- speed and stability
- strong security
- number of simultaneous connections
- apps for Android, iOS, Windows, and MacOS

As detailed in section 1.1.3.3 above, I have slimmed down the VPN products for review and selection to:

- Perimeter 81
- Cisco ASA 1100 VPN

Perimeter 81

Perimeter 81 is a specialist business VPN that allows businesses to deploy private VPN servers that staff can securely connect to from anywhere in the world. They allow admins. to manage network activity for all staff via an online dashboard. This will allow employees to securely access files, apps, and other resources securely from remote locations.

Pricing: £8 per user per month

The key features of the product are:

- dedicated IP
- IP allow listing
- custom DNS
- network segmentation
- Site-to-Site
- smart remote access
- biometrics and multi-factor authentication (MFA)
- unlimited network tunnels
- device posture check
- automatic WiFi Security
- sign out code
- phone support

Perimeter 81:

- caters to businesses with unique security features like network segmentation to isolate sensitive data from breaches
- allows your business to connect offices in different locations using site-to-site VPNs to connect the 2 networks
- allows remote access via cloud VPNs and can easily be scaled up as needed

All data is encrypted with 256-bit AES. If you do not deploy your own VPN, you can choose from 700 public servers in 36 locations around the world. Businesses can monitor access to the VPN by logging and inspecting all traffic that passes through it.

Apps are available for Windows, MacOS, Linux, iOS, Android, and Chrome.

Pros

- caters specifically to businesses
- deploy your own server or choose from public ones
- supports site-to-site VPNs
- · host apps and files on the VPN server
- strong encryption
- supports network segmentation
- can be linked to a cloud infrastructure that includes Firewall as a Service

Cons

· compared to some VPN solutions the cost per user is more expensive

Cisco ASA 1100 VPN

Cisco ASA 1100 VPN is a VPN for small to medium sized businesses that can be easily set up to provide 2 main types of service. These are outlined below.

Remote Access VPN

A remote access virtual private network (VPN) enables users to connect to a private network remotely using a VPN. Employees who need to access their company's network from off-site locations or people who want to securely connect to a private network from a public area frequently use this kind of VPN.

Cisco have a product called AnyConnect VPN that offers full network access. The remote user will use the AnyConnect client to connect to the Cisco ASA.

Site-to-Site VPN

Site-to-Site IPSec VPN Tunnels are used to allow the secure transmission of data, voice and video between 2 sites (for example, offices or branches). The VPN tunnel is created over the Internet public network and encrypted using a number of advanced encryption algorithms to provide confidentiality of the data transmitted between the 2 sites.

Every user account can be managed from a single, centralised control panel.

Pricing: AnyConnect Plus is offered as a perpetual license in addition to the 1, 3 or 5 year terms. Cisco also offers a perpetual VPN-only license.

The key features of the product are:

- remote access
- Site-to-site
- phone support
- posture enforcement
- web security features
- roaming protection

Pros

- has everything Willow requires
- fast and reliable connections
- remote access control
- real time monitoring
- supports AES-256 and 3DES-168
- supports multi-factor authentication (MFA)
- supports both SSL and IPsec VPN options
- unlimited bandwidth and no data caps
- apps for Windows, MacOS, iOS, Linux and Android

Cons

- can be more expensive that other less feature rich alternatives
- can be harder to configure

VPN Solution Choice and Rationale

Perimeter has a wide feature set and is very cost effective for Willow, but I have chosen the more robust and feature rich option that has a big advantage of integrating with the Firewall and Anti-Virus and provides all of the security requirements on one physical device.

For these reasons the recommended VPN solution is Cisco ASA VPN using Anyconnect.

Overall Rationale for Anti-Virus, Firewall and VPN

The Cisco 1100 ASA will provide anti-virus, firewall and VPN all in one physical device, this will meet all the requirements that Willow require, these devices are modular, so they can be expanded with additional functionality when required. Cisco also provide additional subscription options for additional services if the need arises. Multiple ASA devices can be controlled from one control panel which means that future expansion of the infrastructure at Willow will be achievable.

User Access Control

The VPN will provide a layer of access control for network users when working remotely. The NCSC government website (<u>https://www.ncsc.gov.uk/collection/device-security-guidance/infrastructure/virtual-private-networks</u>) contains information regarding the correct use of VPN technology and should be accessed by policy makers. One of the most crucial elements to get right is the security of the connections, if this is not correct then it can lead to data breaches that could incur fines and loss of reputation when made public. The use of protocols including IPsec and OpenVPN and the avoidance of less secure protocols like PPTP is required.

As well as the VPN, there also needs to be additional access controls that covers all users, regardless of location when accessing the network for example, on-site or remote. Below are the recommended controls to improve security for Willow.

Device Level

User accounts need to set up and configured on the personal device, this can be achieved through joining devices to the Active Directory domain at Willow. This will provide central authentication and provide access to all services the user would normally use for example, Office 365 apps including, office, teams and OneDrive. Additional security can be configured through Microsoft's Windows Hello feature allows you to sign in to your computer using biometric methods such as facial or fingerprint recognition. Multi Factor Authentication can also be used when connecting to the domain, this can be achieved through username, password and code sent via SMS.

Server Level

Setting up a server as a domain controller will allow the rollout of user groups/organisational units, permissions and advanced authentication methods, I.e. Multi Factor Authentication (MFA), MFA is commonly achieved through SMS, but additional alternatives include:

- Windows Hello for Business.
- Microsoft Authenticator app.
- FIDO2 security key (preview)
- OATH hardware tokens (preview)
- OATH software tokens
- voice call verification.

There are additional methods for controlling access to resources, which include; Discretionary Access Control (DAC), Mandatory Access Control (MAC), Attribute-based Access Control (ABAC), and Role-Based Access Control (RBAC).

Role based access methods can be employed on the server to manage permissions. The advantage to Willow of RBAC is that control can be achieved at user level through the assignment of roles, and roles are assigned permissions, such as create, read, update, and delete. Roles can be grouped together to establish role groups.

The methods discussed above would allow all end devices to join the domain and be controlled centrally, this will also allow security policies and Windows updates to be rolled out to all devices and if Willow were to move to a cloud model, the user access control methods could be migrated to Microsoft Azure.

Legal/security requirements

Computer Misuse Act

The Computer Misuse Act covers the following offences:

- unauthorised access to computer material (hacking)
- unauthorised access with intent to commit or facilitate commission of further offences (spyware/ransomware)
- unauthorised acts with intent to impair, or with recklessness as to impairing, the operation of a computer (denial of service)

Protection against these types of attack require a firewall and anti-virus:

Offence	Prevented by firewall	Prevented by anti-virus
Hacking	Yes	No
Denial of service	Yes	No
Ransomware	No	Yes
Spyware	No	Yes

As can be seen in the table above, a combination of firewall and anti-virus products will protect against computer misuse.

Fraud Act 2006

The Fraud Act 2006 seeks to protect against acts of fraud however perpetrated, in this instance the fraud is targeted at computer users (phishing, vishing, spear phishing, identity theft). This requires both a firewall and anti-virus:

Exploit	Prevented by firewall	Prevented by anti-virus
Phishing	No	Yes
Vishing	Yes	No
Spear phishing	Yes	No

dentity theft	No	Yes
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As can be seen in the table above, a combination of firewall and anti-virus products will protect against most computer-based fraud attempts.

Theft Act 1990

The Theft Act 1990 covers theft using a computer and this can include data theft, breach of confidence and Criminal Copyright Theft.

Unfortunately, firewall and anti-virus solutions will not protect against these, there needs to be a measure put in place that can assess data flowing into and out of the computer network. This would need a data loss prevention (DLP) solution that could inspect data from multiple systems such as email or Teams, and quarantining messages where a ruleset was triggered indicating a possible information protection (IP) issue.

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C	Contractors Stunned as Chancellor Hunt Oct 17, 2022
	Mini-budget: Recruiters give nitty gritty Sep 28, 2022

References and resources

Cybersecurity Laws and Regulations Report 2022 England & Wales (iclg.com)

Firewall Software - Price Comparison & Reviews - Capterra UK 2022

Antivirus Pro vs Bitdefender Antivirus Plus vs Mcafee Total Protection vs Trend Micro Antivirus + Comparison -Capterra UK 2022

Task 2: set-up – devices, network and access

Time limit

5 hours 30 minutes

You can use the time how you want, but all parts of task 2 must be completed within the time limit.

(20 marks)

Instructions for students

Install the supplied OS on the device that has been provided to you (laptop/computer/ virtual machine) and configure a local administration account and a local user account.

Secure the device through the installation of the supplied software:

- firewall
- anti-virus
- virtual private network (VPN) to ensure the user has a private and secure internet connection
- · demonstrate your ability to complete the installation by correctly configuring the supplied software
- run a scan to check everything works and if any software programs have not been successfully installed and configured, undertake remedial action to rectify the issue

Whilst doing this task, you must create a log that demonstrates:

- the steps followed for the installation of all software programs that have been installed
- evidence of the supplied software functioning correctly
- results of any scans you have run, and all remedial action undertaken if problems are identified

The log may include screenshots as appropriate.

Evidence required for submission to NCFE

You will submit evidence including but not limited to:

• log

Student evidence

- 1. Insert media (USB or CD) and boot the system from the media, you may need to enter the system BIOS to enable booting from external media. If so, query the motherboard/BIOS manufacturers manual to find out how to do this
- 2. Upon boot you will see a message asking you to press a key to boot from a CD or DVD

Press any key to boot from CD or DVD.....

3. You will be presented with the initial screen to select language, time and currency format and keyboard or input method

4. Switch all to United Kingdom except Language to install on boot from Windows 10 media is English (United States)

🖆 Windows Setup	- • ×
Windows*	
Languag <u>e</u> to install: <mark>English (United States)</mark>	•
Time and currency format: English (United Kingdom)	•
Keyboard or input method: United Kingdom	•
Enter your language and other preferences and click "Next" to continue.	<u>N</u> ext

5. Click Install Now



- 6. You will see a message that setup is starting
- 7. Select Windows 10 Enterprise

Uperating system	Architecture	Date modified	î
Vindows 10 Education	х64	9/9/2019	
Vindows 10 Education N	x64	9/9/2019	
Vindows 10 Enterprise	x64	9/9/2019	
Vindows 10 Enterprise N	х64	9/9/2019	
Vindows 10 Pro	x64	9/9/2019	
Vindows 10 Pro N	хб4	9/9/2019	
Vindows 10 Pro Education	х64	9/9/2019	4
indows 10 Enterprise			

8. Select I Accept License

0	🔏 Windows Setup
	Applicable notices and license terms
	Your use of this software is subject to the terms and conditions of the license agreement by which you acquired this software. If you are a volume license customer, use of this software is subject to your volume license agreement. You may not use this software if you have not validly acquired a license for the software from Microsoft or its licensed distributors.
	☑ I accept the license terms
	Next
9.	Select Custom Install
0	🔏 Windows Setup
	Which type of installation do you want?
	Upgrade: Install Windows and keep files, settings, and applications The files, settings, and applications are moved to Windows with this option. This option is only available when a supported version of Windows is already running on the computer.

Custom: Install Windows only (advanced) The files, settings, and applications aren't moved to Windows with this option. If you want to make changes to partitions and drives, start the computer using the installation disc. We recommend backing up your files before you continue.

10. Select Unallocated Space

Name		Total size	Free space	Туре
🛹 Drive 0 Un	allocated Space	127.0 GB	127.0 GB	
€ <u>7 R</u> efresh	Delete	<u>€ormat</u>	* Ngw	

11. Click New and then Apply

	Name			Total size	Free space	Туре
	Drive 0 Unallo	cated Space		127.0 GB	127.0 GB	
⊀•9 <u>R</u> efree	sh	Delete	√ <u>F</u> o	rmat	<mark>∦</mark> N <u>e</u> w	

12.Select OK to let Windows create partitions



13.Select Primary and then Next

Name		Total size	Free space	Туре
Orive 0 Par	tition 1: Recovery	529.0 MB	512.0 MB	Recovery
Orive 0 Par	tition 2	99.0 MB	94.0 MB	System
Orive 0 Par	tition 3	16.0 MB	16.0 MB 16.0 MB MSR (Re	
Drive 0 Par	tition 4	126.4 GB	126.4 GB	Primary
* Refresh	X Delete	✓ Eormat	₩ N <u>e</u> w	
🚯 Load driver 🕥 Extend				

Version: v1.0 31 August 2023 | Specimen

14. Windows will run through the install steps

🔏 Windows Setup	×
Installing Windows	
Status	
Copying Windows files Getting files ready for installation (1%) Installing teatures Installing updates Finishing up	

15. When finished, a Getting Ready message will appear





17.Next select United Kingdom as the region

Let's	start with region. Is this	right	þ
	U.S. Minor Outlying Islands	^	
	U.S. Virgin Islands		
	Uganda		
	Ukraine		
	United Arab Emirates		
	United Kingdom		
	United States	~	
			Yes

18.Select United Kingdom as the keyboard

ls th	nis the right keyboard lay If you also use another keyboard layout, you can add that next.	yout?	
	English (India)	^	
	lrish		
	Scottish Gaelic		
	United Kingdom		
	United States-Dvorak		
	United States-Dvorak for left hand		
	United States-Dvorak for right hand	~	
			Yes

19. Click Skip when prompted for an additional keyboard



20. Windows will do the setup



21.Click Domain Join

Sign in with Microsoft Work or school account	
someone@example.com Which account should I use? Sign in with the username and password you use with Office 365 or other business services from Microsoft.	
Domain join instead Privacy & cookies Terms of use	Next

22. Add the local username

Who's going to use this PC? What name do you want to use?	
(2)	
John ×	
Or, even better, use an online account	Next
23.Create a password	



24.Confirm password



25.Select no to the next screen



26.Select Decline for the next screen



27.Do not use speak recognition

Choose your settings, then selec Wir	Do more with your vo	DICE n these settings, how to change them, how sfers and uses.
	Vise online speech recognition Use your voice for dictation and to talk to Cortana an apps that use Windows cloud-based speech recognit Send Microsoft your voice data to help improve our services.	nd other tion. speech
	Don't use online speech recognition You won't be able to use dictation or talk to Cortana other apps that support Windows cloud-based speec recognition. You can still use the Windows Speech Recognition app and other speech services that don't on Windows cloud-based services.	or ch t rely
		Learn more Accept
28.Select no for L	Location	
Let Mic Choose your settings, then se	Crosoft and apps use elect 'Accept' to save them. Check the 'Learn more' link fo Windows Defender SmartScreen works, and the related d	e your location or info on these settings, how to change them, how Jata transfers and uses.

0	Yes Get location-based experiences like directions a Let Windows & apps request your location. Mic use location data to improve location services.	and weather. prosoft will		
%	No You won't be able to get location-based experii directions and weather or enjoy other services t your location to work.	ences like that require		
		Learn mo	re	Accept

29.Select No for Find My Device as it is a desktop

Choose your settings, then select 'Ac Window	Find my device ept' to save them. Check the 'Learn more' link for info on these s Defender SmartScreen works, and the related data transfers and	ettings, how to change them, how uses.
Ê	Yes Turn on Find my device and use your device's location data to help you find your device if you lose it. You must sign in to Windows with your Microsoft account to use this feature.	
Æ	No Windows won't be able to help you keep track of your device if you lose it.	
	Learn	more Accept

30.Select Basic data



31.Select No to improve inking

Choose your settings, then se	elect 'Accep Windows D	IPTOVE INKING & LYPING pt' to save them. Check the Learn more' link for info on these settings, how to change them, how vefender SmartScreen works, and the related data transfers and uses.
	0	Yes Send inking and typing data to Microsoft to improve the language recognition and suggestion capabilities of apps and services running on Windows.
	lo	No Don't use my data to help improve the language recognition and suggestion capabilities of apps and services running on Windows.

32. Select no to Tailored experiences

Get tailore Choose your settings, then selec Wir	ed t 'Accep ndows D	experiences with diagnostic data t' to save them. Check the 'Learn more' link for info on these settings, how to change them, how efender SmartScreen works, and the related data transfers and uses.
	Ŷ	Yes Let Microsoft offer you tailored experiences based on the diagnostic data you have chosen (either Basic of Full). Tailored experiences mean personalized tips, ads, and recommendations to enhance Microsoft products and services for your needs.
	Q	No The tips, ads, and recommendations you see will be more generic and may be less relevant to you.
		Learn more Accept

33.Select No to Advertising ID

L (Choose your settings, then select Wind	et Accep dows D	apps use advertis t' to save them. Check the 'Learn more' link for ir elender SmartScreen works, and the related data	sing ID nfo on these settings, how transfers and uses.	v to change them, how
	Ċ	Yes Apps can use advertising ID to provide more pe advertising in accordance with the privacy polic provider.	ersonalized ry of the app	
	0	No The number of ads you see won't change, but t less relevant to you.	hey may be	
			Learn more	Accept

34. The computer will then get ready



35.A message will appear stating it may take several minutes



36. You will eventually be prompted to log in



37. You will now see a desktop



38.Start typing Update in search and select Check for updates



39.Click Check and the PC will then check for updates

Settings	– 🗆 X
奋 Home	Windows Update
Find a setting	Checking for updates
Update & Security	Your device is missing important security and quality fixes.
⊖ Windows Update	Pause updates for 7 days Visit Advanced options to change the pause period
曲 Delivery Optimization	Change active hours Currently 08:00 to 17:00
Windows Security	View update history
T Backup	See updates installed on your device
Troubleshoot	Advanced options Additional update controls and settings
윤 Recovery	
Activation	Looking for info on the latest updates?
占 Find my device	
H For developers	Related links

40. The PC will then start downloading and installing updates

Settings	- 🗆 X
வ் Home	Windows Update
Find a setting \wp	Updates available
Update & Security	•••
	The next Windows feature update is ready and includes reliability, performance, and security improvements.
	Feature update to Windows 10, version 22H2
변 Delivery Optimization	Status: Pending download
	Security Intelligence Update for Microsoft Defender Antivirus -
Windows Security	Status: Downloading - 59%
T Backup	Windows Malicious Software Removal Tool x64 - v5.109 (KB890830)
19 Tau black at	Status: Pending download
/ Iroubleshoot	2021-09 Update for Windows 10 Version 1903 for x64-based
은 Recovery	Systems (KB4023057)
_ ,	Status: Pending download
Activation	2020-11 Cumulative Update Preview for .NET Framework 3.5 and 4.8 for Windows 10 Version 1903 for y64 (KB4586878)
	Status: Pending download
in this my device	(II) Pause updates for 7 days
🖁 For developers	 Visit Advanced options to change the pause period

Create Accounts

1. Type accounts in the search window and select Manage your account



2. You may see a window telling you to activate Windows



3. We need to enter the key so type Command in the search window, right-click command prompt and choose Run as administrator

All Apps Docume	nts Web More 🔻				
Best match					
Command Promp	t				
	G Run as administrator				
Settings	D Open file location				
 Replace Command F Windows PowerShel 	-⊐ Pin to Start				
Search the web	-⇔ Pin to taskbar				
	; >				
, СМD					

- 4. If prompted by User Account Control, select yes and you will see a command window
- 5. Type slmgr -ipk then the key (blocked out below to protect key) and press enter

Administrator: Command Prompt



7. Type Control Panel and select it from menu



8. Select User Accounts



9. Select Manage another account



10.Select add a new user

Choose the user you would like to change

8	John Local Account Administrator Password protected	
Add a new u	ser in PC settings	

11.Select Add someone else

– 🗆 🗙

Family & other users

Your family

Sign in with a Microsoft account to see your family here or add any new members to your family. Family members get their own sign-in and desktop. You can help kids stay safe with appropriate websites, time limits, apps, and games.

Sign in with a Microsoft account

Other users

Allow people who are not part of your family to sign in with their own accounts. This won't add them to your family.



Set up a kiosk

Assigned access Set up this device

Set up this device as a kiosk—this could be a digital sign, interactive display, or public browser among other things.

12.Select I don't have this person's sign-in information



13.Select Add a user without a Microsoft account

Microsoft			
Create accou	int		
someone@example	.com		
Use a phone number i	nstead		
Get a new email addre	SS		
Add a user without a N	licrosoft account		
	Back	Next	

14. Type the username and password

Microsoft account

Create an account for this PC

If you want to use a password, choose something that will be easy for you to remember but hard for others to guess.

User name		 	
Nake it secure.			
Enter password	1		

Next	Back
------	------

 \times

×

Who's going to use this PC?

JohnC Make it secure.

•••••	
•••••	

15. Answer the security questions

In case you forget your password

What was your first pet's name?

Rover

What's the name of the city where you were born?

London

What's the first name of your oldest cousin?

Eric

16. The user account will be created as a standard user

 \times

+ Add someone els	e to this PC	
JohnC Local account		
	Change account type	Remove

17. Run through the steps again to create an admin account



18.Make JohnAdmin an administrator account by selecting Administrator from the dropdown

Change account type	r
Change account type	
JohnAdmin Local Account	
Account type	
Administrator	
Standard User	2
	OK Cancel
Change account type	
Change account type	
JohnAdmin Local Account	
Account type	
Administrator ~	
	OK Cancel
	OK Cancel

19. You will see that JohnAdmin is an administrator

8	JohnAdmin Administrator - Lo	cal account	
		Change account type	Remove

Anti-virus

1. Access install file in anti-virus folder

📙 🔄 📑 👻 Antivirus					- C	נ
File Home Share View						
← → × ↑ 🔒 > This PC > Local Disk (C:) > _Install > Anti	virus			~ Ū	Search Antivirus	
Desktop 🖈 ^ Name	Date modified	Туре	Size			
- Downloads 🖈 📕 avg_antivirus_free_setup	18/01/2023 03:38	Application	230 KB			
Documents						
♪ Music						
Videos						
 OneDrive 						

2. Double-click and accept User Access Control by clicking Yes



3. Install initiation will commence



×

6. When complete click Continue 4 times

NVG AntiVirus Free	×
	We're protecting you in real-time
	Our artificial intelligence is now shielding you from viruses, spyware, and other threats.

7. Run first scan

AVG AntiVirus Free	×
Let's run your first scan	
If any threats are hiding on your computer, we'll remove them.	
Trust us. We've got decades of experience doing this.	
C C C C C C C C C C C C C C C C C C C	

8. Scan will complete and show details



Firewall

1. Double-click install file

<mark> </mark> 🕑 📙 🖛	Manage Firewall					_	
File Home Share	View Application Tools						
← → × ↑ 📙 > This F	PC → Local Disk (C:) → _Install → Firewall				~ Ö	Search Firewall	
📃 Desktop 🛛 🖈 ^	Name	Date modified	Туре	Size			
🕂 Downloads 🖈	ZafwSetupWeb_158_211_19229	18/01/2023 03:40	Application	5,803 KB			
🔮 Documents 🖈							
📰 Pictures 🛛 🖈							
b Music							
📑 Videos							
 OneDrive 							
💻 This PC							
3D Objects							
<u> </u>							

2. Select Yes to user account control message



3. Select Quick Install



4. Click Agree to agreement



5. Click Skip on Add to chrome popup



- 6. Firewall will install
- 7. When complete you can see it is set to filter IP and lock the local host file



VPN

1. Double-click install file and accept user account control message by clicking Yes



2. English United States is the only English setting so Select and then click Next



- 3. Click Next to check prerequisites
- 4. Accept prerequisites by clicking Next

ProtonVPN Setup	etup			×
Prerequisites Select which prerequisites will be in	rerequisites will be installed		Proton	/PN
Name .NET Framework 4, 7, 2 WebView2 Runtime	Required	Found Installed	Action Skip Install	
Advanced Installer	< <u>B</u> ac	k <u>N</u> ext	> Cano	el

5. Software will install



6. Click next

💎 ProtonVPN Setup	×
ProtonVPN	Welcome to the ProtonVPN Setup Wizard
	The Setup Wizard will install ProtonVPN on your computer. Click "Next" to continue or "Cancel" to exit the Setup Wizard.
	< Back Next > Cancel

7. Click Next

💎 ProtonVPN Setup	-		×
Select Installation Folder This is the folder where ProtonVPN will be installed.	P	roton	/PN
To install in this folder, click "Next". To install to a different folder, e "Browse".	nter it be	low or click	c
Folder:			
C: \Program Files (x86) \Proton Technologies \Proton VPN \		Browse	
Advanced Installer	_	_	_
< Back Next	:>	Canc	el

8. Software will install

💎 ProtonVPN Setup		×
Installing ProtonVPN	V Proton	/PN
Please with while the Seture W n ProtonVPNTap S Please wait while V	inard installs DepteroVDN . This may take several findows configures Proton VPNTap	
Advanced Installer —	< Back Next > Canc	:el

9. Click Finish

💎 ProtonVPN Setup		×
Proton VPN	Completing the ProtonVPN Setup Wizard	
	Click the "Finish" button to exit the Setup Wizard.	
	< Back Finish Cancel	

10.Create Proton account

sername	
WillowTechNCFE1	
assword	
•••••	۲
epeat password	
	۲
mail address	
john.carlin@itsafetynet.co.uk	

11.Enter verification code

Enter the verification	code that was sent to
ohn.carlin@itsafety	net.co.uk. If you don't find the email
n your inbox, please	check your spam folder.
/erification code	
123456	1
123456)
123456 Code is 6 digits without s	spaces
123456 Code is 6 digits without s	spaces
123456 Code is 6 digits without s	spaces
123456 Code is 6 digits without s	spaces Verify

12.Login with account and password just set up



13.Skip tour



14.Quick Connect

▼ ≡					
① You are not protected! IP: 81.134.60.219					
Quick Conne	ct				
Countries	Profiles				
	3 51				
Q united k	8				
	8				
🔀 United Kingdom	t;				
	8				
O UK#17 D	Upgrade				
O UK#18 ▷	Upgrade				

15.You are connected



Testing table

Test	Expected Outcome	Actual Outcome	Remedial Action (if Required)
Install Windows OS	OS successfully installed	OS installed	N/A
Check for updates	Check for updates in Windows update center	Updates installed	N/A
Create account	Create a Microsoft account	Account created for JohnAdmin and set as administrator account type	N/A
Login to Windows	Login to Windows	JohnAdmin successfully logged in	N/A
Install AVG	Software installation success	Installation successful	N/A
Run AVG scan	Scan runs	Scan runs and found no malware	N/A
Install firewall	Firewall installs successfully	Firewall installed with no problems	N/A
Create firewall rule	Firewall rule created successfully (set to filter IP and lock the local host file)	Firewall rule created successfully to set to filter IP and lock the local host file	N/A
Install VPN	VPN software installs successfully	VPN software installed successfully	N/A
Create VPN user account	User account setup successfully	John's account created successfully	N/A
Login to VPN account	Login success	Login success and welcome aboard message displayed!	N/A
Confirm VPN connection	VPN connection confirmed	VPN connection successfully connected to server in Japan with IP 37.19.205.194	N/A

Examiner commentary

Overall this student response is mainly excellent and well written throughout however, there is still room for further detail and research. The student has confirmed that the source of analysis is reliable and justified this within the narrative.

Task 1

The analysis of the firewall included a comprehensive set of minimum requirements all products had to meet. Although it does meet the recommendations set out in the assessment this could be further improved by widening the research range of products. The rationale for the final choice was very well thought out, took account of the cost, pros and cons and was approached in a logical manner. The student showed a detailed understanding of the software programs and the impact of their capabilities. The learner gave an excellent explanation of the legal requirements that need to be addressed including references to relevant legal statutes. However, the student could have added more in-depth information and structured this more appropriately so that all the legislation was considered in one place in the document, allowing the reader to see the full implications if everything was implemented. The student demonstrated excellent coverage of the legal requirements required by the implementation of the firewall and anti-virus products including a logical comparison structure such as a comparison grid for the products, for example anti-virus. It should also be noted that the student has gone beyond the brief by exploring a wider range of products. This has however helped justify their decision in making a recommendation. The students project proposal not only covered how to evaluate and deploy the products but also included technical and non-technical aspects. The student's project proposal was concise, clear, logical and easy to read.

Task 2

The student carried out a structured set up of the virtual machine (VM) with the required software program and the provided image, they thoroughly tested the VM to ensure it was operating as expected. The student provided extensive evidence of the setup and testing along with screenshots, an easy to follow narrative and a logical, step by step well thought out narrative and comprehensive screenshots. The student demonstrated that they thoroughly understood the functionality of the software packages, configured the fire wall and carried out anti-virus scans and reporting. However, although the firewall and anti-virus software was tested this was limited to one test for each and further testing would have provided additional evidence. For example, the anti-virus is shown completing a full scan but further evidence showing scheduled scans would have demonstrated that the software had been fully configured. The student provided an excellent and well-written log demonstrating that the correct steps were followed for all software programs that have been installed.

Overall grade descriptors

Grade	Demonstration of attainment
Pass	The student is able to develop a project proposal to research and compare the current software available and justify their recommendations.
	The student is able to install supplied software onto a device and ensure it is all correctly configured.
	The student is able to identify and explain the difference between cyber attacks and software issues, and how a cyber attack could take place.
	The student is able to investigate the issues on the virtual machine provided and explain the most effective remedial action to take to mitigate any problems.
	The student is able to evaluate a network with regards to cyber security.
	The student is able to ensure that company resources and data are fully protected.
	The student is able to perform a security risk assessment of the site and the network.
	The student is able to recommend physical, administrative, and technical controls.
	The student is able to create a disaster recovery plan including recommendations in the case of service outages.
	The student is able to explain how remedial actions will protect the company, which includes considerations for security, manageability and upgradeability in relation to cyber security policies.
Distinction	The student is able to develop an in-depth project proposal to research and compare the current software available and comprehensively justify their recommendations.
	The student is able to install supplied software onto a device, demonstrating excellent capabilities in ensuring it is all correctly configured.
	The student is able to comprehensively identify and explain the difference between cyber attacks and software issues, and evidence a detailed understanding of how a cyber attack could take place.
	The student is able to thoroughly investigate the issues present on the virtual machine provided and fully justify the most effective remedial action to take to mitigate any problems.
	The student is able to carry out an in-depth evaluation of a network with regard to cyber security and identify areas of improvement.
	The student is able to perform an in-depth security risk assessment of the site and the network, identify areas of concern and give a rationale for each.

The student is able to recommend physical, administrative, and technical controls and justify their recommendations.
The student is able to create an in-depth disaster recovery plan, including justifications for recommendations in the case of service outages.
The student is able to demonstrate in-depth knowledge and give a thorough explanation of how remedial actions will protect the company, which includes considerations for security, manageability and upgradeability in relation to cyber security policies.

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Change History Record

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v1.0	Published final version	June 2023	31 August 2023